Introduction to the Five Senses

Welcome to this interactive worksheet, designed for 4-year-old students to explore the five senses through play-based activities. This worksheet is tailored to meet the needs of diverse learners, providing differentiated activities for mixed-ability groups.

The five senses are an essential part of our daily lives, and understanding them is crucial for our overall development. In this worksheet, we will delve into each sense, exploring its unique characteristics and how it helps us interact with the world around us.

Sense Sorting Activity

Sort the following pictures into the correct sense category (sight, sound, touch, taste, smell)

- A picture of an apple (taste)
- A picture of a cat (sight)
- A picture of a drum (sound)
- A picture of a flower (smell)
- A picture of a ball (touch)

Sensory Bin Exploration
Describe the texture of the following objects:
A soft toyA rough stoneA smooth ball
Taste Test
Taste the following foods and describe their flavors:

A sweet cookieA salty crackerA sour lemon

Sound Scavenger Hunt
Find objects in the classroom that make the following sounds:
A bell ringingA dog barkingA bird chirping
Smell Sorting
Sort the following objects into the correct smell category (sweet, sour, salty)

A rose (sweet)A lemon (sour)A piece of bread (salty)

ct out the following sens	s without speaking:		
Tasting a sour lerHearing a loud noFeeling a soft tex	se		
ense Journal			
	rite sense and write a short sente	nce about why you like it.	
raw a picture of your favo	rite sense and write a short sente	nce about why you like it.	
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ense	e-themed Art
	a piece of art that represents one of the senses (e.g., a painting of a sunset for sight, a collage of nt textures for touch)
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[S _[pace for creative work]
ense	e-themed Writing
	a short story or poem about one of the senses (e.g., a story about a character who loves to listen to for sound)

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Sense Review		
Review the five sens	s and match the following words to the corre	ect sense:
See (sight)Hear (sound)Feel (touch)Taste (taste)Smell (smell)		

Sense Exploration Stations Set up stations for each sense and have students rotate through to explore: • Sight: Look at different colors, shapes, and textures Sound: Listen to various sounds, such as music or nature sounds • Touch: Feel different textures, such as sandpaper or velvet · Taste: Taste different flavors, such as sweet or salty • Smell: Smell different scents, such as flowers or essential oils Sense-themed Games Play games that incorporate the senses, such as: • Simon Says (touch) • Red Light, Green Light (sight) Telephone (sound)

Sense-themed Crafts
Create crafts that incorporate the senses, such as:
Collage (sight)Playdough (touch)Homemade instruments (sound)
Sense-themed Snacks

Prepare snacks that incorporate the senses, such as:

- Fruit salad (taste)Cheese and crackers (taste)Popcorn (smell)

Sense-themed Story Time	
Read stories that incorporate the senses, such as:	
 "The Very Hungry Caterpillar" (taste) "Brown Bear, Brown Bear, What Do You See?" (sight) "The Listening Walk" (sound) 	
Sense-themed Movement	
Engage in movement activities that incorporate the senses, such as:	

- Dance party (sound)Simon Says (touch)Red Light, Green Light (sight)

Sense-themed Science Experiments
Conduct science experiments that incorporate the senses, such as:
 Homemade lava lamp (sight) Slime making (touch) Baking soda volcano (smell)
Sense-themed Math
Engage in math activities that incorporate the senses, such as:
 Counting blocks (touch) Measuring ingredients (taste) Pattern blocks (sight)

Sense-themed Language
Engage in language activities that incorporate the senses, such as:
 Describing a picture (sight) Writing a recipe (taste) Creating a word search (sound)
Sense-themed Social Studies
Engage in social studies activities that incorporate the senses, such as:
 Mapping a neighborhood (sight) Creating a cultural dish (taste) Listening to traditional music (sound)

Sense-themed Assessment
Assess student understanding of the senses through activities such as:
 Quizzes (sight) Class discussions (sound) Hands-on activities (touch)
Sense-themed Extension
Extend student learning of the senses through activities such as:
 Guest speakers (sound) Field trips (sight) Independent projects (touch)

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