



PLANIT
TEACHERS

Domestic Violence Awareness and Prevention Homework Sheet

Student Name: _____

Class: _____

Due Date: _____

Introduction and Objective

Understanding Domestic Violence is crucial for creating a safe and supportive community. This homework sheet aims to educate students on the critical issue of domestic violence, its types, warning signs, and resources available for support and intervention.

Objective: To recognize the importance of domestic violence awareness and prevention, and to understand the role of community and individual support in addressing this issue.

Instructions: Read the following pages carefully and complete the activities to understand domestic violence and its impact on individuals and communities.

Definition and Types of Domestic Violence

Definition: Domestic violence is a pattern of behavior used by one person to control or dominate another person in a domestic relationship.

Types of Domestic Violence:

- Physical abuse
- Emotional abuse
- Sexual abuse
- Financial abuse
- Psychological abuse

Activity: Match the type of domestic violence with its definition:

1. Physical abuse: _____
2. Emotional abuse: _____
3. Sexual abuse: _____
4. Financial abuse: _____
5. Psychological abuse: _____

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Warning Signs of Domestic Violence

Warning Signs:

- Unexplained injuries or bruises
- Fear or anxiety around a partner
- Isolation from friends and family
- Control over finances or daily activities
- Threats or intimidation

Activity: Identify the warning signs of domestic violence in the following scenarios:

1. A friend is always canceling plans at the last minute because their partner doesn't want them to go out.
2. A family member has unexplained bruises on their arms and legs.
3. A classmate is always checking their phone and seems anxious when their partner texts them.

Resources for Support and Intervention

National Resources:

- National Domestic Violence Hotline: 1-800-799-7233
- National Coalition Against Domestic Violence (NCADV)

Local Resources:

- Local shelters and support groups (research and list 2-3 resources in your area)

Activity: Create a list of 5 local and national resources for individuals experiencing domestic violence, including a brief description of each resource and how it can be accessed.

Case Study Analysis

Case Study 1: Read the following scenario and identify the type(s) of domestic violence present, warning signs, and resources that could be sought for support:

"A woman is being controlled by her partner, who monitors her every move and restricts her access to money and friends."

Activity: Write a short analysis (approx. 100-150 words) for each case study, identifying the type(s) of domestic violence present, warning signs, and resources that could be sought for support.

Case Study 2: Read the following scenario and identify the type(s) of domestic violence present, warning signs, and resources that could be sought for support:

"A man is being emotionally abused by his partner, who constantly criticizes and belittles him."

Activity: Write a short analysis (approx. 100-150 words) for each case study, identifying the type(s) of domestic violence present, warning signs, and resources that could be sought for support.

Reflection and Engagement

Reflection: Write a short reflection (approx. 100-150 words) on the importance of recognizing domestic violence and the role of community and individual support in prevention and intervention.

Engagement: Design a social media post to raise awareness about domestic violence, including a definition, warning signs, and resources for support.

Community Engagement

Activity: Plan a community event (e.g., seminar, workshop, fundraiser) to raise awareness and funds for local domestic violence support services. Submit a proposal outlining the event concept, target audience, and expected outcomes.

Policy Review

Activity: Research and analyze current national and local policies related to domestic violence. Write a report (approx. 200-250 words) discussing the strengths and weaknesses of these policies and propose potential improvements.

Self-Assessment Quiz

Quiz: Complete the following quiz to test your understanding of domestic violence, its types, warning signs, and resources for support:

1. What is the definition of domestic violence?
2. What are the types of domestic violence?
3. What are some warning signs of domestic violence?
4. What are some resources available for individuals experiencing domestic violence?

Conclusion and Resources

Conclusion: Domestic violence is a critical issue that affects individuals and communities. It is essential to recognize the warning signs, understand the types of domestic violence, and know where to seek help.

Resources:

- National Domestic Violence Hotline: 1-800-799-7233
- Local shelters and support groups (list 2-3 resources in your area)

Note to Parents/Guardians: This homework sheet is designed to educate students about domestic violence, its types, warning signs, and resources available for support. Please encourage your child to approach this topic with sensitivity and respect, recognizing the real-world impact of domestic violence on individuals and communities.