Introduction to Emotional Awareness (Lesson 1-2)
Welcome to the Introduction to Emotional Awareness and Self-Expression through Storytelling project-based learning for 24 English language lessons. This lesson plan is designed to help 7-year-old students develop essential skills in emotional awareness, self-expression, and English language arts.
1. What is emotional awareness?
2. How do you feel when you are happy?
3. Can you think of a time when you felt sad?
Exploring Emotions through Storytelling (Lesson 3-4)
Use storytelling as a teaching tool to introduce students to different emotions and encourage empathy and understanding.
1. What is your favorite story that explores emotions?
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2. How do you think the characters in the story felt?
3. Can you create a story that explores a specific emotion?

Developing Self-Expression through Writing (Lesson 5-6)
Use writing as a reflection tool to help students process their emotions and develop self-awareness.  1. What is self-expression?
2. How can you use writing to express your emotions?
3. Can you write a poem or short story that explores a specific emotion?
Practicing Empathy through Role-Playing (Lesson 7-8)
Use role-playing as a learning strategy to help students practice expressing their emotions and developing empathy.
1. What is empathy?
2. How can you practice empathy in your daily life?
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3. Can you role-play a scenario that requires empathy?

Creating a Storytelling Festival (Lesson 9-10)
Use visual arts as a creative outlet to help students express their emotions and develop self-expression skills.
1. What is a storytelling festival?
2. How can you create a storytelling festival in your classroom?
3. Can you share a story that explores a specific emotion?
Reflecting on Learning (Lesson 11-12)
Use reflection as a tool to help students process their learning and develop self-awareness.
1. What have you learned about emotional awareness and self-expression?
2. How can you apply what you have learned in your daily life?
3. Can you reflect on your learning and set goals for continued growth and development?

Assessment and Evaluation
The following assessment and evaluation strategies will be used to monitor student progress and understanding:
Class Discussions: Participate in class discussions to assess student understanding and engagement.
Writing Samples: Collect writing samples to assess student writing skills and ability to express emotions.
Role-Playing: Observe student role-playing to assess student ability to practice empathy and self-expression.
4. Storytelling Festival: Evaluate student participation and engagement in the storytelling festival.

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Indiv	ridual Reflection:
1	. What was the most surprising thing you learned about emotional awareness and self- expression?
2	. How will this learning change your actions in the future?
3	. What questions do you still have about emotional awareness and self-expression?
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Conclusion

