

Introduction to Yummy Fruits and Vegetables

Welcome to the World of Fruits and Vegetables!

This workbook is designed to introduce you to the wonderful world of fruits and vegetables. You will learn about different types of fruits and vegetables, their tastes, textures, and colors. You will also learn about the importance of eating a variety of fruits and vegetables for good health.

Sort t	the following fruits a	and vegetables	into two cate	gories: Fruits	and Vegetable	S	
•	Apple Carrot Banana Broccoli Orange Lettuce						

Fruit and Vegetable Matching

Match the following fruits and vegetables with their pictures:

- Apple
- Banana
- Carrot
- Broccoli

Pictures:

- A picture of an apple
- A picture of a bananaA picture of a carrotA picture of broccoli

Fruit and Vegetable Tasting
Describe the taste, texture, and smell of the following fruits and vegetables:
 Apple Carrot Banana Broccoli
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Fruit and Vegetable Drawing	
Draw a picture of your favorite fruit or vegetable. Label its different parts and describe its taste smell.	, texture, and

Fruit and Vegetable Word Search

Find the following words in the word search:

- Apple
- Banana
- Carrot
- Broccoli
- Orange
- Lettuce

Word Search:

A E L M O R T C A E H L O O R A N G E B R O C C O L I T E X T U R E A P P L E B A N A N A C A R R O T L E T T U C E L E R Y B R O C C O L I O E H L O A R T I C H O K E B A

Fruit and Vegetable Sequencing
Put the following fruits and vegetables in order from smallest to largest:
 Apple Banana Carrot Broccoli

Apple Banana Carrot Broccoli	Fruit an	d Vegetable Patter	ns			
BananaCarrot	Create a	pattern using the follo	owing fruits and ve	egetables:		
	BaCa	nana rrot				

Fruit and Vegeta	able Story					
Write a short story about your favorite fruit or vegetable. Describe its taste, texture, and smell.						

Fruit and Vegetable Quiz	
Answer the following questions:	
1. What is the name of the fruit that is often red and juicy?2. What is the name of the vegetable that is often used in salads?3. What is the name of the fruit that is often yellow and curved?	

Fruit and Vegetable Certificate

Congratulations! You have completed the Introduction to Yummy Fruits and Vegetables workbook. You now know about different types of fruits and vegetables, their tastes, textures, and colors. Keep exploring and learning about the wonderful world of fruits and vegetables!