



Lugemine 1 Klass: Developing Foundational Reading Skills for 8-Year-Olds with Dyslexia Support

Introduction

Welcome to Lugemine 1 Klass, a comprehensive reading program designed for 8-year-old students with dyslexia support. This program aims to introduce students to the basics of reading in Estonian, with a special focus on supporting students with dyslexia.

In this program, we will cover the Estonian alphabet, basic phonetics, and simple reading exercises, ensuring that students with dyslexia receive the necessary support to thrive.

Lesson Objectives

The lesson objectives for Lugemine 1 Klass are:

1. Recognize and recall the Estonian alphabet, including the correct pronunciation of each letter
2. Understand the basic phonetic rules of the Estonian language, including letter-sound correspondence
3. Apply knowledge of the Estonian alphabet and phonetic rules to read simple texts, including words and short sentences
4. Develop a love for reading and build confidence in reading skills

Lesson Plan

The lesson plan is divided into six key sections, each with a specific objective and engagement strategy.

1. **Introduction and Hook** (5 minutes)
 - Introduce the topic of lugemine 1 klass and ask students to share their prior knowledge or experiences with reading.
 - Show a fun video or interactive game that introduces the Estonian alphabet, using visual and auditory cues to support students with dyslexia.
2. **Phonetics and Blending** (8 minutes)
 - Use visual aids and auditory cues to teach the sounds and pronunciation of the introduced letters, providing additional support for students with dyslexia through the use of assistive technology.
 - Practice blending sounds to form simple words, using games and activities that cater to different learning styles.
3. **Reading Exercise** (8 minutes)
 - Distribute simple reading materials, such as flashcards or worksheets, that incorporate dyslexia-friendly fonts and layouts.
 - Have students take turns reading the materials, providing feedback and support as needed, and using assistive technology to provide additional support for students with dyslexia.
4. **Dyslexia Support** (5 minutes)
 - Provide additional support for students with dyslexia, such as one-on-one instruction or the use of assistive technology, to help them better understand the material.
 - Use multisensory techniques, such as visual aids, auditory cues, and kinesthetic activities, to help students with dyslexia connect with the material.
5. **Conclusion and Review** (3 minutes)
 - Review the key skills and concepts covered in the lesson, using visual aids and auditory cues to support students with dyslexia.
 - Ask students to reflect on what they learned and what they would like to learn more about, providing opportunities for feedback and self-assessment.
6. **Closing and Engagement** (1 minute)
 - End the lesson with a fun reading-related activity, such as a reading game or an interactive story, that incorporates dyslexia-friendly strategies and techniques.

Activities and Questions

The following activities and questions are designed to reinforce the skills and concepts learned in the lesson:

1. **Reading Comprehension:** Read a simple Estonian text and answer questions about the main idea, characters, and plot.
2. **Phonetics:** Identify and pronounce the sounds of the Estonian alphabet, using visual aids and auditory cues to support students with dyslexia.
3. **Word Building:** Build simple words using the Estonian alphabet, using manipulatives such as magnetic letters or letter tiles.
4. **Reading Fluency:** Practice reading a simple Estonian text with fluency and expression, using assistive technology to provide additional support for students with dyslexia.

Assessment

The assessment for this lesson will consist of a reading comprehension test, a phonetics quiz, and a reading fluency assessment.

The assessment will be used to evaluate students' understanding of the Estonian alphabet, phonetic rules, and reading skills.

Conclusion

In conclusion, Lugemine 1 Klass is a comprehensive reading program designed to support 8-year-old students with dyslexia.

The program aims to introduce students to the basics of reading in Estonian, with a special focus on supporting students with dyslexia. By using dyslexia-friendly strategies and techniques, such as multisensory instruction, assistive technology, and positive reinforcement, teachers can help students build a strong foundation in reading and develop a love for learning.

Reflection Questions

Reflect on the following questions:

1. How effectively did the lesson cater to the diverse needs of students with dyslexia?
2. What adjustments can be made to the lesson to better support students who struggled with phonetic awareness or reading comprehension?
3. How can the lesson be modified to incorporate more opportunities for student feedback and self-assessment?

Next Steps

To build on the learning progressions from this lesson, the teacher can plan the following follow-up lessons:

1. **Lugemine 2 klass: Building Vocabulary and Fluency**
2. **Lugemine 3 klass: Introduction to Reading Comprehension Strategies**
3. **Lugemine 4 klass: Reading for Meaning and Purpose**

Additional Resources

Additional resources, such as worksheets, games, and interactive activities, can be found on the Planit Teachers website.

These resources can be used to supplement the lesson and provide additional support for students with dyslexia.

