

## Introduction to Safety Rules

Read the following introduction to safety rules and answer the questions that follow:

Safety rules are essential for children to learn and apply in their daily lives. These rules help children stay safe and avoid potential dangers, such as injuries or accidents. Some examples of basic safety rules include:

- Holding someone's hand when walking
- Not talking to strangers
- Staying close to a trusted adult in public

## Activity 1: Safety Rules Matching Game

Match the following safety rules with their corresponding pictures:

Safety Rule	Picture
Hold someone's hand when walking	
Not talk to strangers	
Stay close to a trusted adult in public	

## Identifying Trusted Adults

*Read the following information about trusted adults and answer the questions that follow:*

Trusted adults are individuals who can provide help and support to children in various situations. These adults can include:

- Parents
- Teachers
- Police officers
- Other caregivers

## Activity 2: Trusted Adults Sorting Game

*Sort the following adults into two categories: trusted adults and strangers.*

Adult	Category
Parent	
Teacher	
Police officer	
Stranger	

## Applying Safety Rules in Real-Life Scenarios

*Read the following scenarios and decide what you would do:*

1. You are lost in a mall. What do you do?

2. A stranger approaches you. What do you do?

3. You see someone being bullied. What do you do?

## Activity 3: Safety Scenarios

*Read the following scenarios and answer the questions that follow:*

Scenario 1: You are walking home from school and a stranger approaches you. What do you do?

Scenario 2: You are playing in the park and you see someone being bullied. What do you do?

## Communicating with Trusted Adults

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*Read the following information about communicating with trusted adults and answer the questions that follow:*

Communicating with trusted adults is an essential skill for children to learn. Children should be taught to express their feelings, needs, and concerns to trusted adults in a clear and respectful manner.

## Activity 4: Communication Role-Play

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*Practice communicating with a trusted adult using the following scenarios:*

1. You are lost in a park. Ask a trusted adult for help.

2. You see someone being bullied. Tell a trusted adult what happened.

## Safety Rules Quiz

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*Test your knowledge of safety rules by answering the following questions:*

1. What should you do when walking with a parent or guardian in a crowded area?

2. Why is it important to stay close to a trusted adult in public?

3. What should you do if a stranger approaches you?

## Answer Key

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*Check your answers with the following answer key:*

1. Hold someone's hand
2. To stay safe
3. Stay calm and find a trusted adult

## Trusted Adults Matching Game

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Match the following trusted adults with their corresponding jobs or roles:

Trusted Adult	Job/Role
Parent	
Teacher	
Police officer	

## Conclusion

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*In conclusion, basic safety rules and trusted adults are essential for children to learn and apply in their daily lives.*

By teaching children these concepts, we can help them develop essential life skills, such as problem-solving, decision-making, and communication. Remember to always stay safe and seek help from trusted adults when needed.

## Additional Resources

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*For more information on safety rules and trusted adults, please visit the following websites:*

- [www.safetyrules.org](http://www.safetyrules.org)
- [www.trustedadults.org](http://www.trustedadults.org)

## Reflection and Feedback

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*Take a moment to reflect on what you have learned about safety rules and trusted adults.*

What did you learn about safety rules and trusted adults?

How can you apply what you have learned to your daily life?

