

Introduction to Fine Motor Skills

Please answer the following questions:

1. What are fine motor skills?

2. Why are fine motor skills important?

3. Can you think of some activities that use fine motor skills?

Finger Painting Fun

Please answer the following questions:

1. What is finger painting?

2. What are some benefits of finger painting for fine motor skills?

3. Try finger painting and create a picture using different colors and techniques.

Playdough Creations

Please answer the following questions:

1. What is playdough?

2. How can playdough help develop fine motor skills?

3. Create a playdough shape and describe its texture and color.

Cutting and Pasting

Please answer the following questions:

1. What are some safety rules for using scissors?

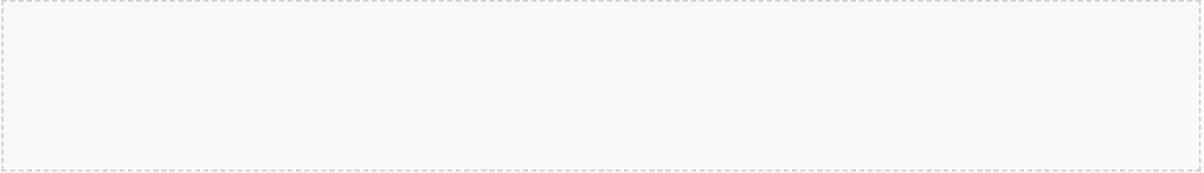
2. How can cutting and pasting help develop fine motor skills?

3. Cut out a shape and paste it onto a piece of paper.

Drawing and Coloring

Please answer the following questions:

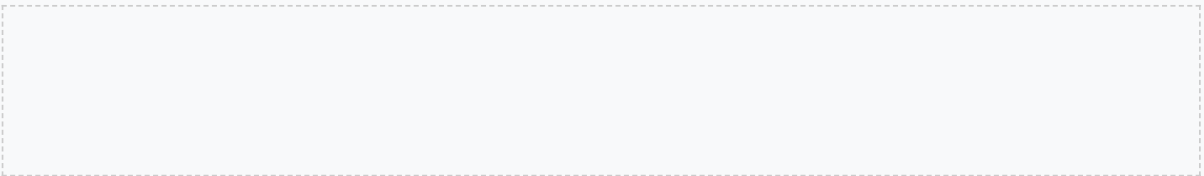
1. What are some different drawing tools?



2. How can drawing and coloring help develop fine motor skills?



3. Draw a picture using different colors and techniques.



Arts and Crafts Project

Create an arts and crafts project using different materials such as paper, glue, scissors, and paint. Describe your project and what fine motor skills you used to create it.

Fine Motor Skills Quiz

Please answer the following questions:

1. What is the correct way to hold scissors?

2. What is the purpose of using glue in arts and crafts?

3. Can you name three different shapes that you can cut out with scissors?

Reflection

Please answer the following questions:

1. What did you learn about fine motor skills in this program?

2. What was your favorite activity in this program?

3. How can you apply what you learned in this program to your everyday life?

Certificate of Completion

Congratulations on completing our fine motor skills program! You have developed your fine motor skills and created amazing arts and crafts projects.

Fun Activities

Try these fun activities at home to continue developing your fine motor skills:

- Finger painting
- Playdough creations
- Cutting and pasting
- Drawing and coloring

