

## Introduction

*This assessment is designed for students aged 11-15 to evaluate their understanding of basic football rules and regulations, key player positions and roles, and common football strategies and tactics.*

## Section 1: Multiple Choice Questions

*Choose the correct answer for each question:*

1. What is the primary objective of the game of football?
  - A. To score goals by carrying or throwing the ball into the end zone
  - B. To score points by kicking the ball into the opponent's goal
  - C. To score tries by carrying the ball into the in-goal area
  - D. To score points by hitting the ball over the opponent's goalpost

2. Which of the following is a key rule in football?
  - A. Players can use their hands to catch and throw the ball
  - B. Players can only kick the ball to teammates
  - C. Players must wear protective gear, including helmets and pads
  - D. All of the above

3. What is the role of the quarterback in football?
  - A. To defend the opponent's quarterback
  - B. To score goals by kicking the ball
  - C. To lead the team's offense and throw passes to teammates
  - D. To block opponents and protect the ball carrier

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## Section 2: Short Answer Questions

Answer each question in complete sentences:

1. Describe the role of the defender in football. (3-5 sentences)

2. What is the difference between a foul and a penalty in football? Provide an example of each. (5-7 sentences)

3. Explain the concept of "offside" in football and how it is applied during a game. (5-7 sentences)

## Section 3: Diagram Labeling

Label the following parts of the football field:



1. Goalposts: \_\_\_\_\_
2. End zones: \_\_\_\_\_
3. Midfield line: \_\_\_\_\_
4. Penalty area: \_\_\_\_\_
5. Player positions (e.g., quarterback, defender, midfielder): \_\_\_\_\_

## Activity 1: Football Strategy

*Imagine you are the coach of a football team. Describe a strategy you would use to score a goal. (5-7 sentences)*

## Activity 2: Football Rules

*Match the following football rules with their descriptions:*

Rule	Description
Offside	A player is in the opponent's territory before the ball is kicked
Foul	A player kicks the ball out of bounds
Penalty	A player is holding onto another player's jersey

### Activity 3: Football Positions

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Match the following football positions with their roles:

Position	Role
Quarterback	To defend the opponent's quarterback
Defender	To score goals by kicking the ball
Midfielder	To lead the team's offense and throw passes to teammates

### Conclusion

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*This assessment is designed to evaluate students' understanding of basic football rules and regulations, key player positions and roles, and common football strategies and tactics.*

## Answer Key

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*Check your answers with the following key:*

### Multiple Choice Questions

1. A) To score goals by carrying or throwing the ball into the end zone
2. D) All of the above
3. C) To lead the team's offense and throw passes to teammates

### Short Answer Questions

1. The role of the defender is to prevent the opponent from scoring by blocking their shots and intercepting passes.
2. A foul is a rule violation that results in a penalty, while a penalty is a specific type of foul that results in a free kick or penalty kick.
3. The concept of "offside" refers to a player who is closer to the opponent's goal line than both the ball and the second-to-last opponent when the ball is played forward.

### Diagram Labeling

1. Goalposts: The tall, upright posts at each end of the field
2. End zones: The areas at each end of the field that a player must enter to score a goal
3. Midfield line: The line that divides the field into two halves
4. Penalty area: The area in front of each goal where a penalty kick is taken
5. Player positions: Quarterback, defender, midfielder, etc.

## Assessment Rubric

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*The following rubric will be used to assess your work:*

### **Multiple Choice Questions**

1 point each

### **Short Answer Questions**

2-3 points each

### **Diagram Labeling**

1-2 points each

### **Activities**

5-7 points each

