

## Lesson Introduction (0-5 minutes)

5 minutes

"Today we're going on an exciting journey to discover the fun world of darts! But don't worry - we'll be using special safe darts made just for learning."

*[Gather children in a circle on the carpet area]*

**Opening Hook:** Display colorful target boards and foam darts to generate immediate interest

### Circle Time Management:

- Use a special sound or chime to gather attention
- Ensure all children can see materials clearly
- Use animated expressions to build excitement

"Before we start playing, let's see what we already know about circles and numbers. Can anyone spot any circles in our target board?"

[Expected responses: "The whole thing is a circle!", "There are lots of circles inside!"]

*[Point to different colored rings while counting them together]*

## Safety Introduction (5-10 minutes)

5 minutes

"Before we become dart champions, we need to learn our special safety rules. These are very important to keep everyone happy and safe."

### Essential Safety Rules:

- Only throw when it's your turn
- Always throw towards the target
- Wait for the teacher's signal
- Use gentle throws
- Keep fingers away from dart tips

*[Demonstrate correct throwing technique]*

### Safety Reinforcement:

- Use role-play to practice safety rules
- Create simple rhymes for key rules

- Use positive reinforcement for safe behavior

## Skill Development (10-15 minutes)

*5 minutes*

**"Now let's practice our throwing skills! Watch how I hold the dart like this - it's just like holding a pencil."**

*[Model proper grip and throwing motion in slow motion]*

### **Grip Modifications:**

- Larger grips for developing fine motor skills
- Visual markers for finger placement
- Alternative throwing styles for different abilities

### **Success Strategies:**

- Break down throwing motion into simple steps
- Use physical prompts when needed
- Celebrate all attempts, regardless of accuracy

## Number Recognition Activity (15-20 minutes)

*5 minutes*

**"Each circle on our target has a special number. Let's count them together and see what numbers we can find!"**

*[Point to numbers on target while group counts]*

### **Number Learning Objectives:**

- Recognition of numbers 1-10
- Counting in sequence
- Understanding number values

### **Challenge Options:**

- Adding scores together
- Comparing higher/lower numbers

- Simple subtraction with scores

## Guided Practice (20-25 minutes)

*5 minutes*

**"Now it's your turn to try! Remember our safety rules and take your time."**

*[Organize children into small groups of 3-4]*

### **Group Management:**

- Use colored wristbands for group identification
- Assign helper roles to waiting children
- Rotate groups every 5 minutes

### **Common Challenges:**

- Throwing too hard
- Rushing turns
- Number reversal confusion

## Mathematical Integration (25-30 minutes)

*5 minutes*

**"Let's turn our dart game into a counting adventure! Each time you throw, we'll add up your score."**

### **Mathematical Skills:**

- Basic addition within 20
- Score comparison (greater than/less than)
- Pattern recognition in scoring rings
- Simple probability concepts

### **Scoring Variations:**

- Team total challenges
- Target number games
- Double/triple score opportunities
- Running total tracking

### Assessment Opportunities:

- Number recognition fluency
- Addition strategy use
- Mathematical vocabulary
- Problem-solving approaches

## Color and Pattern Recognition (30-35 minutes)

*5 minutes*

**"Our target board is full of beautiful colors! Can you spot the pattern of colors as we move from the outside to the center?"**

### Color Pattern Games:

- Color sequence prediction
- Pattern continuation exercises
- Color-based scoring challenges
- Team color strategies

### Support Strategies:

- Color coding for visual learners
- Tactile pattern cards
- Verbal pattern descriptions
- Simplified pattern sequences

## Physical Development Focus (35-40 minutes)

*5 minutes*

**"Now we're going to focus on our throwing technique. Watch how I step, aim, and throw smoothly."**

### **Key Physical Skills:**

- Hand-eye coordination
- Balance and posture
- Spatial awareness
- Fine motor control

### **Skill Development Sequence:**

- Basic grip and stance
- Controlled release practice
- Distance control exercises
- Accuracy challenges

## Social Skills Development (40-45 minutes)

*5 minutes*

**"Remember, being a good sport is just as important as being good at throwing!"**

### **Key Social Skills:**

- Turn-taking
- Positive encouragement
- Team cooperation
- Graceful winning/losing

### **Positive Reinforcement:**

- Peer support recognition
- Team spirit awards
- Cooperation certificates
- Leadership opportunities

## Assessment and Documentation (45-50 minutes)

### Observable Skills:

- Number recognition and counting accuracy
- Physical coordination development
- Social interaction quality
- Problem-solving strategies

### Recording Progress:

- Individual skill checklists
- Photo documentation
- Achievement tracking charts
- Parent communication notes

### Development Planning:

- Individual goal setting
- Skill progression mapping
- Extension activity planning
- Support intervention design

## Reflection and Closure (50-55 minutes)

*5 minutes*

**"Let's think about what we learned today. What was your favorite part of our dart games?"**

### Discussion Points:

- New skills learned
- Favorite activities
- Challenging moments
- Proud achievements

### Ending Activities:

- Group celebration circle
- Achievement certificates
- Take-home practice suggestions
- Next session preview

## Lesson Conclusion (25-30 minutes)

*5 minutes*

**"You've all done such amazing work today! Let's review what we've learned."**

### **Key Learning Outcomes:**

- Safe handling of equipment
- Number recognition and counting
- Turn-taking and cooperation
- Basic throwing skills

### **Success Indicators:**

- Consistent following of safety rules
- Improved throwing accuracy
- Correct number identification
- Positive peer interactions

### **Follow-up Activities**

- Create target-themed artwork
- Practice number writing
- Share experience during circle time