



Introduction

Read the following introduction and answer the questions that follow:

Domestic violence is a critical issue that affects individuals, families, and communities worldwide. It is essential for adults to understand the complexities surrounding domestic violence, including the warning signs, risk factors, and consequences, as well as the importance of providing support to survivors. This worksheet is designed to help adults develop strategies for supporting survivors and preventing domestic violence in their communities.

1. What is domestic violence, and how does it affect individuals and communities?

2. Why is it essential for adults to understand the complexities surrounding domestic violence?

Section 1: Understanding Domestic Violence

Answer the following questions:

1. What is domestic violence, and how does it affect individuals and communities?

2. What are some common warning signs of domestic violence?

3. How can domestic violence impact a person's physical and mental health?



Section 2: Supporting Survivors

Answer the following questions:

1. What are some effective ways to support a friend or family member who is experiencing domestic violence?

2. How can you create a safe and supportive environment for a survivor of domestic violence?

3. What resources and services are available to support survivors of domestic violence in your community?

Section 3: Preventing Domestic Violence

Answer the following questions:

1. What are some strategies for preventing domestic violence in your community?

2. How can you engage men and boys in preventing domestic violence?

3. What role can community organizations and agencies play in preventing domestic violence?



Section 4: Community Engagement

Answer the following questions:

1. How can you get involved in your community to support survivors of domestic violence?

2. What are some ways to raise awareness about domestic violence in your community?

3. How can you work with local organizations and agencies to prevent domestic violence?

Section 5: Action Plan

Develop a personalized action plan for supporting survivors and preventing domestic violence in your community:

1. Identify local resources and organizations that can support your action plan.

2. Describe how you will evaluate the effectiveness of your action plan.

Conclusion

Read the following conclusion and answer the questions that follow:

Developing strategies for supporting survivors and preventing domestic violence in communities requires a comprehensive and multi-faceted approach. By understanding the complexities of domestic violence, supporting survivors, and engaging in community-based initiatives, adults can play a critical role in creating a safer and more supportive environment for all.

1. What is the importance of developing strategies for supporting survivors and preventing domestic violence in communities?

2. How can adults play a critical role in creating a safer and more supportive environment for all?

Additional Resources

List the following additional resources:

- National Domestic Violence Hotline: 1-800-799-7233
- Local domestic violence organizations and agencies
- Online resources and support groups

