



# PLANIT

## TEACHERS

Exploring Ecosystems and Their Components Through Hands-On Activities

### Introduction to Ecosystems (Page 1)

Complete the following questions:

1. What is an ecosystem? \_\_\_\_\_
2. What are the two main types of ecosystems?  
\_\_\_\_\_
3. What are the elements that compose an ecosystem?  
\_\_\_\_\_

### Activity 1: Ecosystem Model Building

Create a model of a natural ecosystem, such as a forest or a coral reef, using cardboard, clay, or other materials. Include biotic and abiotic factors in your model. Label the different components of your ecosystem.

## Biotic and Abiotic Factors (Page 2)

Complete the following questions:

- 1. What are biotic factors? \_\_\_\_\_
- 2. What are abiotic factors? \_\_\_\_\_
- 3. How do biotic and abiotic factors interact in an ecosystem?  
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## Activity 2: Biotic and Abiotic Factor Sorting

Sort the following cards into two categories: biotic and abiotic factors.

- Plants
- Animals
- Water
- Sunlight
- Soil
- Temperature

# Adaptations of Organisms (Page 3)

Complete the following questions:

- 1. What are physical adaptations? \_\_\_\_\_
- 2. What are behavioral adaptations? \_\_\_\_\_
- 3. How do organisms adapt to their environment?  
\_\_\_\_\_

## Activity 3: Adaptation Station Rotation

Visit each station and complete the task:

- 1. Describe a physical adaptation of a plant.
- 2. Describe a behavioral adaptation of an animal.
- 3. Explain how an organism adapts to its environment.

## Biodiversity and Threats (Page 4)

Complete the following questions:

- 1. What is biodiversity? \_\_\_\_\_
- 2. What are the threats to biodiversity? \_\_\_\_\_
- 3. Why is biodiversity important for the functioning of an ecosystem?  
\_\_\_\_\_

## Activity 4: Biodiversity Scavenger Hunt

Find and identify different types of organisms in the schoolyard or a nearby park. Record your observations and note any threats to biodiversity.

## Human Impact on Ecosystems (Page 5)

Complete the following questions:

- 1. How do human activities affect ecosystems?  
\_\_\_\_\_
- 2. What are some ways to reduce the negative impact of human activities on ecosystems?  
\_\_\_\_\_
- 3. Propose a solution to mitigate the negative impact of human activities on a local ecosystem.  
\_\_\_\_\_

## Activity 5: Ecosystem Restoration Proposal

Research and propose a plan for restoring a damaged or degraded ecosystem. Include strategies for reducing human impact and promoting biodiversity.

## Ecological Awareness and Participation (Page 6)

Complete the following questions:

- 1. What is ecological awareness? \_\_\_\_\_
- 2. How can individuals participate in actions for the protection of the environment?  
\_\_\_\_\_
- 3. Propose an initiative to promote ecological awareness and participation in your local community.  
\_\_\_\_\_

### Activity 6: Ecological Awareness Campaign

Create a poster or flyer to promote ecological awareness and participation. Include ways for individuals to get involved and make a positive impact on the environment.

## Ecosystem Services (Page 7)

Complete the following questions:

- 1. What are ecosystem services? \_\_\_\_\_
- 2. How do ecosystems provide ecosystem services?  
\_\_\_\_\_
- 3. Why are ecosystem services important for human well-being?  
\_\_\_\_\_

## Activity 7: Ecosystem Services Charades

Write down different ecosystem services on slips of paper (e.g. air purification, soil formation, climate regulation). Act out an ecosystem service without speaking. Classmates have to guess the correct ecosystem service.

## Conservation and Sustainability (Page 8)

Complete the following questions:

- 1. What is conservation? \_\_\_\_\_
- 2. What is sustainability? \_\_\_\_\_
- 3. How can individuals contribute to conservation and sustainability efforts?  
\_\_\_\_\_

## Activity 8: Conservation and Sustainability Debate

Assign each group a topic related to conservation and sustainability (e.g. renewable energy, recycling, protected areas). Research and prepare arguments for or against the topic. Engage in a respectful debate and discuss the importance of conservation and sustainability.



# Ecological Restoration (Page 9)

Complete the following questions:

- 1. What is ecological restoration? \_\_\_\_\_
- 2. Why is ecological restoration important? \_\_\_\_\_
- 3. Propose a plan for restoring a degraded or damaged ecosystem.  
\_\_\_\_\_

## Activity 9: Ecological Restoration Design

Design and propose a plan for restoring a degraded or damaged ecosystem. Include strategies for promoting biodiversity and reducing human impact.

## Conclusion (Page 10)

Complete the following questions:

- 1. What did you learn about ecosystems and their components?  
\_\_\_\_\_
- 2. How can you apply what you learned to your daily life?  
\_\_\_\_\_
- 3. What actions can you take to promote ecological awareness and participation in your community?  
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## Assessment Rubric

- Participation and engagement in activities (20 points)
- Completion of worksheets and activities (30 points)
- Quality of proposals and designs (30 points)
- Final reflection and self-assessment (20 points)

# Ecosystem Management and Conservation

Ecosystem management and conservation are crucial for maintaining the health and biodiversity of ecosystems. This involves implementing strategies to reduce human impact, protect endangered species, and preserve natural habitats. Effective ecosystem management requires a comprehensive understanding of the complex relationships within ecosystems and the potential consequences of human activities.

## Example: National Park Management

National parks are protected areas that provide a safe habitat for a wide range of plant and animal species. Effective management of these areas involves balancing human recreation and tourism with conservation efforts, such as habitat restoration and wildlife monitoring.

# Ecological Restoration and Rehabilitation

Ecological restoration and rehabilitation involve the process of repairing or rebuilding damaged or degraded ecosystems. This can include activities such as reforestation, wetland restoration, and wildlife reintroduction. Ecological restoration can help to recover ecosystem function, promote biodiversity, and improve ecosystem services.

## Case Study: Wetland Restoration

Wetlands are critical ecosystems that provide important habitat for a wide range of plant and animal species. Restoration of degraded wetlands can involve removing invasive species, reintroducing native vegetation, and restoring hydrological processes. Successful restoration can lead to improved water quality, increased biodiversity, and enhanced ecosystem services.

# Ecosystem Services and Human Well-being

Ecosystems provide a wide range of essential services that support human well-being, including clean air and water, food, and climate regulation. Understanding the importance of these ecosystem services is critical for developing effective conservation and management strategies. This involves recognizing the complex relationships between human activities, ecosystem health, and human well-being.

## Example: Pollination Services

Pollination is a critical ecosystem service provided by insects, such as bees and butterflies, and other animals. This service is essential for food production, as many crops rely on pollinators to reproduce. Conservation of pollinators and their habitats is critical for maintaining food security and ecosystem health.

# Climate Change and Ecosystems

Climate change is a major threat to ecosystems, with impacts including rising temperatures, changing precipitation patterns, and increased frequency of extreme events. Understanding the effects of climate change on ecosystems is critical for developing effective conservation and management strategies. This involves recognizing the complex relationships between climate, ecosystem processes, and human activities.

## Case Study: Coral Reef Bleaching

Coral reefs are critical ecosystems that provide important habitat for a wide range of marine species. Rising sea temperatures due to climate change can cause coral bleaching, which can have devastating impacts on these ecosystems. Understanding the causes and consequences of coral bleaching is essential for developing effective conservation strategies.

# Ecosystem-Based Adaptation and Resilience

Ecosystem-based adaptation involves using ecosystem conservation and restoration to help human communities adapt to climate change. This approach recognizes the critical role that ecosystems play in supporting human well-being and promoting resilience in the face of climate change. Effective ecosystem-based adaptation involves understanding the complex relationships between ecosystems, climate, and human activities.

### Example: Mangrove Forest Restoration

Mangrove forests are critical ecosystems that provide important habitat for a wide range of marine species and protect coastal communities from storms and erosion. Restoration of mangrove forests can help to promote ecosystem-based adaptation and resilience in the face of climate change.

## Ecosystem Conservation and Policy

Effective ecosystem conservation requires a comprehensive policy framework that recognizes the importance of ecosystems and the need for sustainable management. This involves developing and implementing policies that promote ecosystem conservation, restoration, and sustainable use. Understanding the complex relationships between ecosystems, human activities, and policy is critical for developing effective conservation strategies.

### Case Study: International Policy Frameworks

International policy frameworks, such as the Convention on Biological Diversity, play a critical role in promoting ecosystem conservation and sustainable use. These frameworks provide a global framework for action and recognize the importance of ecosystems for human well-being and sustainable development.



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