

Activity 4:

PLANIT Caring for Babies and Creating a Nurturing Environment

Introduction to the Lesson Plan
This 5-week lesson plan is designed to introduce 3-year-old children to the world of babies and the importance of creating a nurturing environment. The Emergent curriculum will guide the learning process, allowing children to discover and learn at their own pace.
Week 1: Introduction to Babies
Day 1: Introduction to the baby doll, sensory play with baby toys, discussion about baby needs, and craft activity - making baby clothes.
Activity 1: Introduction to the baby doll (10 minutes)
Activity 2: Sensory play with baby toys (15 minutes) Copyright 2024 Planit Teachers. All rights reserved.
Activity 3: Discussion about baby needs (10 minutes)

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Activity 1: Feeding the baby doll (10 minutes) Activity 2: Math activity - counting baby blocks (15 minutes) Activity 3: Storytelling - reading a book about babies (10 minutes) Activity 4: Hands-on activity - bathing the baby doll (15 minutes) Copyright 2024 Planit Teachers. All rights reserved.	ay 2: Feeding the band hands-on activity	y doll, math activity - counting baby blocks, storytelling - reading a book about babie bathing the baby doll.
Activity 3: Storytelling - reading a book about babies (10 minutes) Activity 4: Hands-on activity - bathing the baby doll (15 minutes)		oll (10 minutes)
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	Activity 4:	
Copyright 2024 Planit Teachers. All rights reserved.	Hands-on activity	pathing the baby doll (15 minutes)
Copyright 2024 Planit Teachers. All rights reserved.		
		Copyright 2024 Planit Teachers. All rights reserved.
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	Veek 2: Baby Care	and Hygiene

Day 1: Bathing the baby doll, sensory play with soap and water, discussion about baby hygiene, and craft activity - making baby washcloths.

Activity 1:

Bathing the baby doll (10 minutes)	
Activity 2:	
Sensory play with soap and water (15 minutes)	7
Activity 3:	
Discussion about baby hygiene (10 minutes)	
Activity 4:	
Craft activity - making baby washcloths (15 minutes)	

Setting up	a nursery (10 minutes)	
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Activity 2:		
	lay with baby blankets and pillows (15 minutes)	
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Activity 3:		
DISCUSSION	n about baby sleep (10 minutes)	
	rity - making a baby blanket (15 minutes)	
	Copyright 2024 Planit Teachers. All rights reserved.	
Activity 4: Craft activi	Copyright 2024 Planit Teachers. All rights reserved.	

Day 1: Introduction to baby development, sensory play with baby pictures and videos, discussion about baby milestones, and craft activity - making a baby growth chart.

Activity 1:

Week 3: Creating a Nurturing Environment

Introduction to baby development (10 minutes)
Activity 2:
Sensory play with baby pictures and videos (15 minutes)
Activity 3:
Discussion about baby milestones (10 minutes)
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Activity 4:
Craft activity - making a baby growth chart (15 minutes)

ay 1: Review of b	aby needs, sensory play with baby toys, discussion about baby care and hygiene, and cra
ctivity - making a	
Activity 1:	
Review of baby	needs (10 minutes)
A salinda o	
Activity 2:	ith behy toya (15 minutes)
Selisory play w	ith baby toys (15 minutes)
İ	
Activity 4:	
Craft activity - r	naking a baby care chart (15 minutes)
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ssessment and	d Evaluation

eparedness, and	n to baby safety, sensory play with safety equipment, discussion about emergency l craft activity - making a safety checklist.
Activity 1:	
	baby safety (10 minutes)
Activity 2:	
Sensory play w	ith safety equipment (15 minutes)
r	
Activity 3:	
Activity 3:	out emergency preparedness (10 minutes)
	out emergency preparedness (10 minutes)
Discussion abo	out emergency preparedness (10 minutes)
	out emergency preparedness (10 minutes)
Discussion abo	out emergency preparedness (10 minutes) making a safety checklist (15 minutes)
Discussion abo	
Discussion abo	
Discussion abo	
Discussion abo	making a safety checklist (15 minutes)

Day 1: Review of baby safety and emergency preparedness, sensory play with safety equipment, discussion about baby care and hygiene, and craft activity - making a baby safety chart.

Week 7: Review and Reflection

Activity 1:

Review of baby safety and emergency preparedness (10 minutes)
Activity 2: Sensory play with safety equipment (15 minutes)
Activity 3: Discussion about baby care and hygiene (10 minutes)
Activity 4: Craft activity - making a baby safety chart (15 minutes)

Day 1: Introduction to older baby needs, sensory play with older baby toys, discussion about older baby care and hygiene, and craft activity - making an older baby care chart. **Activity 1:** Introduction to older baby needs (10 minutes) **Activity 2:** Sensory play with older baby toys (15 minutes) **Activity 3:** Discussion about older baby care and hygiene (10 minutes) **Activity 4:** Craft activity - making an older baby care chart (15 minutes) Copyright 2024 Planit Teachers. All rights reserved. Week 9: Review and Reflection

Day 1: Review of older baby needs, sensory play with older baby toys, discussion about baby care and

hygiene, and craft activity - making a baby care chart.

Activity 1:

Week 8: Creating a Nurturing Environment for Older Babies

Review of older baby needs (10 minutes)
Activity 2:
Sensory play with older baby toys (15 minutes)
Activity 3: Discussion about baby care and hygiene (10 minutes)
Discussion about baby care and hygiene (10 minutes)
Activity 4: Craft activity - making a baby care chart (15 minutes)

Week 10: Final Project and Presentation
Day 1: Final project - creating a baby care package, presentation of baby care packages, and discussion about baby care and hygiene.
Activity 1: Final project - creating a baby care package (30 minutes)
Activity 2: Presentation of baby care packages (20 minutes)
Activity 3: Discussion about baby care and hygiene (10 minutes)
Conclusion and Evaluation
Conclusion of the lesson plan, evaluation of student learning, and discussion about future lessons. Copyright 2024 Planit Teachers. All rights reserved. Activity 1: Conclusion of the lesson plan (10 minutes)
Activity 2:

Evaluation of student learning (15 minutes)

Activity 3:				
Discussion abou	ıt future lessons ((10 minutes)		
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Appendix A: Baby Care Resources
List of baby care resources, including books, websites, and organizations.
Resource 1: Baby care book - "The Baby Care Book" by Dr. William Sears
Resource 2: Baby care website - BabyCenter
Resource 3: Baby care organization - American Baby
Appendix B: Baby Safety Tips
List of baby safety tips, including safety equipment and emergency preparedness.
Tip 1: Copyright 2024 Planit Teachers. All rights reserved. Install safety gates at the top and bottom of stairs
Tip 2:

Use a baby monitor to keep an eye on the baby

Tip 3: Keep emergency phone numbers handy

Appendix C: Baby Care Chart
Baby care chart, including feeding schedule, sleep schedule, and diaper changing schedule.
Feed the baby every 2-3 hours
Sleep Schedule: Put the baby to bed at 7pm and wake up at 7am
Diaper Changing Schedule: Change the baby's diaper every 2 hours
According to the Control of the Cont
Appendix D: Baby Care Checklist Baby care checklist, including items to check before leaving the house with the baby.
Item 1: Copyright 2024 Planit Teachers. All rights reserved. Diapers
Item 2:

Formula or breastmilk

Item 3: Baby clothes			
Baby clothes			
	othes		
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Glossary
List of terms related to baby care, including definitions and explanations.
Term 1: Baby blues - feelings of sadness and anxiety after giving birth
Term 2: Baby monitor - a device used to keep an eye on the baby
Term 3: Baby gate - a gate used to block off stairs or rooms
References
List of sources used in the lesson plan, including books, articles, and websites.
Source 1: Copyright 2024 Planit Teachers. All rights reserved. "The Baby Care Book" by Dr. William Sears
Source 2:

BabyCenter

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Source 3:			
American Ba	<u>aby</u>		



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Hands-on activity	bathing the baby doll (15 minutes)
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Week 3: Creating a Nurturing Environment

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Activity 1:	needs (10 minutes)
Activity 2: Sensory play wit	th baby toys (15 minutes)
Activity 3: Discussion abou	ut baby care and hygiene (10 minutes)
Activity 4: Craft activity - m	naking a baby care chart (15 minutes)
-	naking a baby care chart (15 minutes) Copyright 2024 Planit Teachers. All rights reserved.

