

## **Introduction to the Basics of Physics and Motion**

What is Motion?	
Motion is the change in position of an object over time. It can large direction. There are different types of motion, including:	be described in terms of distance, speed, and
<ul> <li>Translational motion: moving from one place to anothe</li> <li>Rotational motion: rotating around a fixed axis</li> <li>Vibrational motion: oscillating about a fixed point</li> </ul>	er

Forces and Motion
Forces are pushes or pulls that cause an object to change its motion. There are different types of forces, including:
<ul> <li>Frictional forces: opposing motion between two surfaces</li> <li>Gravitational forces: attracting objects towards each other</li> <li>Normal forces: perpendicular to the surface of contact between two objects</li> </ul>
Energy and Motion
Energy is the ability to do work. It comes in different forms, including:
<ul> <li>Kinetic energy: the energy of motion</li> <li>Potential energy: the energy of position</li> <li>Thermal energy: the energy of heat</li> </ul>

Activities and Questions	
Answer the following questions:	
What is the difference between speed and velocity?	
2. A car is traveling at a constant velocity of 25 m/s. What is its acceleration?	
3. A ball is rolling down a hill with an initial velocity of 5 m/s. If it accelerates at a rat is its final velocity after 3 seconds?	e of 2 m/s^2, what
Design a Simple Machine	
Design a simple machine that can lift a heavy object using the principles of physics and m	otion.

Fun Facts and Examples
Read the following fun facts and examples:
<ul> <li>The fastest car in the world can reach speeds of over 400 km/h!</li> <li>The highest mountain in the world is Mount Everest, which is over 8,800 meters tall!</li> <li>The largest planet in our solar system is Jupiter, which is over 1,300 times the size of Earth!</li> </ul>
Glossary
Define the following terms:
<ul> <li>Velocity: the rate of change of an object's position with respect to time</li> <li>Acceleration: the rate of change of an object's velocity with respect to time</li> <li>Force: a push or pull that causes an object to change its motion</li> <li>Energy: the ability to do work</li> </ul>

Quiz Time!
Answer the following questions:
1. What is the unit of measurement for force?  o a) Newtons (N)  b) Joules (J)  c) Kilograms (kg)  d) Meters (m)
<ul> <li>2. What is the difference between kinetic energy and potential energy?</li> <li>a) Kinetic energy is the energy of motion, while potential energy is the energy of position.</li> <li>b) Kinetic energy is the energy of position, while potential energy is the energy of motion.</li> <li>c) Kinetic energy is the energy of heat, while potential energy is the energy of motion.</li> <li>d) Kinetic energy is the energy of motion, while potential energy is the energy of heat.</li> </ul>
Conclusion
In conclusion, physics and motion are all around us. By understanding the basics of physics and motion, we can appreciate the world in a new and exciting way.

Learn about	·			 	
<ul> <li>Mome</li> </ul>	y and work entum and collis e machines and				
Reflection	and Feedback				
Reflect on w	hat you have lea	rned and provide	e feedback:	 	