

Vocabulary Building (Page 1)

Match the vocabulary words with their meanings:

1. Wake up
2. Brush teeth
3. Have breakfast
4. Go to school
5. Do homework

Meanings:

1. a) To eat the first meal of the day
2. b) To clean your teeth with a toothbrush
3. c) To attend classes at school
4. d) To stop sleeping and become awake
5. e) To complete tasks given by teachers to do at home

Sentence Building (Page 2)

Use the words from the vocabulary list to complete the sentences:

1. I _____ (wake up) at 7:00 AM every day.
2. My mom _____ (make) breakfast for me every morning.
3. I _____ (go) to school at 8:00 AM.
4. After school, I _____ (do) my homework.
5. At night, I _____ (brush) my teeth before bed.

Speaking Activity (Page 3)

Describe your daily routine to a partner or in a small group. Use the vocabulary and grammar from the lesson to talk about your morning, afternoon, and evening routines.

Role-Play (Page 4)

Role-play a conversation with a partner about your daily routines. Use the following scenarios:

1. Asking a friend about their day
2. Talking to a family member about your schedule
3. Discussing weekend plans with a friend

Writing Activity (Page 5)

Write a short paragraph about your daily routine. Use the present simple tense and vocabulary related to daily activities.

Listening Comprehension (Page 6)

Listen to a recording of a student talking about their daily routine. Answer the following questions:

1. What time does the student wake up?
2. What does the student do after school?
3. What is the student's favorite part of the day?

Grammar Practice (Page 7)

Complete the sentences with the correct form of the present simple tense:

1. I _____ (get up) at 7:00 AM every day.
2. My mom _____ (make) dinner for us every night.
3. I _____ (do) my homework after school.

Vocabulary Practice (Page 8)

Match the vocabulary words with their meanings:

1. Play sports
2. Watch TV
3. Read a book
4. Take a shower
5. Go to bed

Meanings:

1. a) To participate in physical activities or games
2. b) To look at and listen to programs on television
3. c) To look at and understand the words in a book
4. d) To wash your body under a shower
5. e) To go to sleep

Speaking Activity (Page 9)

Discuss the following questions with a partner or in a small group:

1. What do you usually do after school?
2. What is your favorite daily activity?
3. How do you usually travel to school?

Reflection (Page 10)

Individual Reflection:

Reflect on what you have learned in this worksheet. Write a short paragraph about what you found challenging or interesting.