

Football Assessment Handout

Student Name:	Class:
Student ID:	Date: {{DATE}}

Assessment Details

Duration: 30 minutes	Total Marks: 60
Topics Covered:	Basic Football RulesKey Player PositionsCommon PenaltiesScoring Systems

Instructions to Students:

- 1. Read all questions carefully before attempting.
- 2. Show all working out marks are awarded for method.
- 3. Write your answers in the spaces provided.
- 4. If you need more space, use the additional pages at the end.
- 5. Time management is crucial allocate approximately 1 minute per mark.

Section A: Multiple Choice [10 marks]

Question 1

A) To score points by carrying or throwing the	B) To score points by kicking the ball through the
ball into the end zone	opponent's goalposts
C) To score points by running around the	D) To score points by throwing the ball to
opponent's players	teammates
Question 2	[2 marks
Which of the following player positions is respons	sible for throwing the ball to their teammates?
A) Quarterback	B) Running back
C) Wide receiver	D) Linebacker
Question 3	[2 marks
What is the result of a player holding onto anothe	r player's jersey or equipment?
A) A penalty for holding	B) A penalty for offsides

[2 marks]

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Section B: Short Answer Questions [20 marks]

Question 4	[5 marks]
Describe the role of the quarterback in a football team.	
Question 5	[5 marks
What is the difference between a touchdown and a field goal? Provide examples of each.	
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Question 6	[10 marks
dentify and explain two common penalties in football, including the consequences of each.	

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Section C: Essay Question [30 marks]

	[30 marks]
Imagine you are the coach of a football team, and one of your players has just committed a per Describe the penalty, the consequences of the penalty, and how you would instruct your player similar penalties in the future.	-

Additional Space for Answers

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