

**Student Name:** \_\_\_\_\_**Class:** \_\_\_\_\_**Student ID:** \_\_\_\_\_**Date:** {{DATE}}

## Assessment Details

<b>Duration:</b> 60 minutes	<b>Total Marks:</b> 100
<b>Topics Covered:</b>	<ul style="list-style-type: none"><li>• Definition of Bullying</li><li>• Types of Bullying</li><li>• Effects of Bullying</li><li>• Empathy and Prevention</li></ul>

## Instructions to Students:

1. Read all questions carefully before attempting.
2. Show all working out - marks are awarded for method.
3. Write your answers in the spaces provided.
4. If you need more space, use the additional pages at the end.
5. Time management is crucial - allocate approximately 1 minute per mark.

## Section A: Multiple Choice Questions [20 marks]

### Question 1

[2 marks]

What is the definition of bullying?

A) Physical or verbal aggression towards someone

B) Unwanted or aggressive behavior towards someone

C) Ignoring or excluding someone

D) All of the above

### Question 2

[2 marks]

Which of the following is a type of bullying?

A) Verbal bullying

B) Physical bullying

C) Social bullying

D) All of the above

### Question 3

[2 marks]

What is a common effect of bullying on victims?

A) Increased self-esteem

B) Improved social relationships

C) Anxiety and depression

D) Better academic performance

**Question 4**

**[8 marks]**

Describe a situation where you witnessed or experienced bullying. How did it make you feel?

**Question 5**

**[8 marks]**

What are some ways to prevent bullying in schools?

**Question 6**

**[8 marks]**

How can we show empathy towards victims of bullying?

**Question 7**

**[40 marks]**

Imagine you are a bystander who witnesses bullying in your school. Describe what you would do to help the victim and prevent further bullying. Be sure to include ways to promote empathy and understanding towards the victim. (Please limit your answer to 150-200 words)

## Reflection and Self-Assessment

Take a few minutes to reflect on what you have learned about bullying and empathy. Ask yourself:

- What did I learn about bullying and its effects?
- How can I apply what I learned to real-life situations?
- What can I do to promote empathy and kindness towards others?

## Additional Resources

If you or someone you know is experiencing bullying, there are resources available to help. Please reach out to a trusted adult, such as a teacher, counselor, or parent, for support.

## Conclusion

Thank you for completing this assessment. Remember that bullying is never okay and that we all have the power to make a positive difference in our schools and communities. By working together, we can create a safer and more supportive environment for everyone.