

Subject Area: Psychology
Unit Title: Theories of Cognitive Development and Social Learning in Adulthood
Grade Level: College/University
Lesson Number: 1 of 4

Duration: 60 minutes
Date: March 10, 2024
Teacher: Dr. Jane Smith
Room: Psychology Lab

Curriculum Standards Alignment

Content Standards:

- Understand the major theories of cognitive development
- Analyze the role of social learning in shaping behavior

Skills Standards:

- Critical thinking and analysis
- Effective communication and collaboration

Cross-Curricular Links:

- Psychology
- Sociology
- Education

Essential Questions & Big Ideas

Essential Questions:

- How do our thoughts, feelings, and behaviors change as we transition from adolescence to adulthood?
- What role does social learning play in shaping our behavior?

Enduring Understandings:

- Cognitive development and social learning are essential for understanding human behavior and growth
- Theories of cognitive development and social learning have practical applications in real-world scenarios

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Student Context Analysis

Class Profile:

- Total Students: 25
- ELL Students: 5
- IEP/504 Plans: 2
- Gifted: 3

Learning Styles Distribution:

- Visual: 40%
- Auditory: 30%
- Kinesthetic: 30%

Pre-Lesson Preparation

Room Setup:

- Arrange chairs in a circle for group discussion
- Set up multimedia equipment for video presentation

Technology Needs:

- Computer with internet access
- Projector and screen

Materials Preparation:

- Whiteboard and markers
- Handouts with guided discussion questions

Safety Considerations:

- Ensure students are seated safely during group discussion
- Monitor student behavior during activities

Detailed Lesson Flow

Introduction (5 minutes)

- Introduce the topic of cognitive development and social learning in adulthood
- Ask students to share their thoughts on the question: "How do our thoughts, feelings, and behaviors change as we transition from adolescence to adulthood?"

Direct Instruction (15 minutes)

- Provide a detailed explanation of the major theories of cognitive development, including Piaget's theory of cognitive development, Vygotsky's sociocultural theory, and Kohlberg's theory of moral development
- Use multimedia resources, such as videos and interactive quizzes, to illustrate the key concepts and facilitate student engagement

Engagement Strategies:

- Think-pair-share
- Group discussion

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Guided Practice (15 minutes)

- Lead a guided discussion on the key concepts of social learning, including Bandura's social learning theory
- Use a case study to illustrate the practical applications of social learning theory

Checking for Understanding:

- Formative assessment
- Summative assessment

Independent Practice (10 minutes)

- Administer a 5-minute multiple-choice quiz to assess students' understanding of the key concepts
- Provide feedback on the quiz and lead a class discussion on the results

Engaging Activities (20 minutes)

- Role-playing exercise: Divide students into pairs and ask them to role-play a scenario that demonstrates social learning in adulthood
- Group discussion: Divide students into small groups and ask them to discuss the implications of cognitive development and social learning in adulthood
- Reflective journaling: Ask students to reflect on what they have learned about the theories of cognitive development and social learning

Conclusion (5 minutes)

- Summarize the key concepts of cognitive development and social learning
- Provide an external link to a video on social learning theory, featuring a real-world example of how observation and imitation shape behavior
- Ask students to reflect on what they have learned and how they can apply the theoretical concepts to their personal and professional lives

Differentiation & Support Strategies

For Struggling Learners:

- Provide additional support and scaffolding during group discussion
- Offer one-on-one instruction and feedback

For Advanced Learners:

- Provide additional challenges and extensions during group discussion
- Encourage independent research and presentation

ELL Support Strategies:

- Provide visual aids and graphic organizers to support language development
- Offer bilingual resources and support

Social-Emotional Learning Integration:

- Integrate social-emotional learning concepts into group discussion and activities
- Encourage self-reflection and self-awareness

Assessment & Feedback Plan

Formative Assessment Strategies:

- Class discussion and participation
- Quizzes and tests

Success Criteria:

- Students will be able to analyze the major theories of cognitive development and social learning
- Students will be able to apply the theoretical concepts to real-world scenarios

Feedback Methods:

- Verbal feedback during class discussion
- Written feedback on assignments and quizzes

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Homework & Extension Activities

Homework Assignment:

Read chapter 5 in the textbook and answer the review questions

Extension Activities:

- Research and present on a topic related to cognitive development and social learning
- Create a reflective journal or portfolio on the lesson topics

Parent/Guardian Connection:

Teacher Reflection Space

Pre-Lesson Reflection:

- What challenges do I anticipate?
- Which students might need extra support?
- What backup plans should I have ready?

Post-Lesson Reflection:

- What went well?
- What would I change?
- Next steps for instruction?

Lesson Objectives

Objectives:

- Analyze the major theories of cognitive development, including Piaget's theory of cognitive development, Vygotsky's sociocultural theory, and Kohlberg's theory of moral development
- Evaluate the role of social learning in shaping behavior, using Bandura's social learning theory
- Apply the theoretical concepts of cognitive development and social learning to real-world scenarios
- Synthesize the key concepts of cognitive development and social learning to develop a comprehensive understanding of human behavior and growth in adulthood

Assessment Rubric

Assessment Criteria:

- Understanding of the major theories of cognitive development and social learning
- Ability to apply the theoretical concepts to real-world scenarios
- Quality of participation and engagement during class discussion and activities

Assessment Tools:

- Quizzes and tests
- Class discussion and participation
- Assignments and projects

Extension Activities

Extension Activities:

- Research and present on a topic related to cognitive development and social learning
- Create a reflective journal or portfolio on the lesson topics
- Design and implement a service-learning project related to cognitive development and social learning

Introduction to Cognitive Development

Cognitive Development:

Cognitive development refers to the process by which humans acquire, process, and use information to understand the world around them

Theories of Cognitive Development:

- Piaget's theory of cognitive development
- Vygotsky's sociocultural theory
- Kohlberg's theory of moral development

Social Learning Theory

Social Learning Theory:

Social learning theory proposes that people learn new behaviors, attitudes, and knowledge by observing and imitating others

Key Concepts:

- Observation
- Imitation
- Reinforcement

Applications of Cognitive Development and Social Learning

Applications:

- Education
- Psychology
- Sociology

Real-World Examples:

- Teaching methods and strategies
- Therapy and counseling
- Social policy and reform

Cognitive Development in Adulthood

Cognitive Development in Adulthood:

Cognitive development in adulthood refers to the changes and developments that occur in cognitive abilities and processes during the adult years

Theories of Cognitive Development in Adulthood:

- Piaget's theory of cognitive development
- Vygotsky's sociocultural theory
- Kohlberg's theory of moral development

Social Learning in Adulthood

Social Learning in Adulthood:

Social learning in adulthood refers to the process by which adults acquire new behaviors, attitudes, and knowledge by observing and imitating others

Key Concepts:

- Observation
- Imitation
- Reinforcement

Applications of Cognitive Development and Social Learning in Adulthood

Applications:

- Education and training
- Personal and professional development
- Social policy and reform

Real-World Examples:

- Workplace training and development
- Personal coaching and mentoring
- Community outreach and education

Conclusion

Conclusion:

In conclusion, the theories of cognitive development and social learning are essential for understanding human behavior and growth in adulthood

Key Takeaways:

- Cognitive development and social learning are complex and multifaceted processes
- Theories of cognitive development and social learning have practical applications in real-world scenarios
- Understanding cognitive development and social learning is crucial for personal and professional development

References

References:

- Piaget, J. (1954). The construction of reality in the child. New York: Basic Books
- Vygotsky, L. S. (1978). Mind in society: The development of higher psychological processes. Cambridge, MA: Harvard University Press
- Bandura, A. (1977). Social learning theory. Englewood Cliffs, NJ: Prentice-Hall

Appendix

Appendix:

- Glossary of key terms
- Additional resources for further learning

