

Student Name: _____**Class:** _____**Student ID:** _____**Date:** {{DATE}}

Assessment Details

Duration: 30 minutes	Total Marks: 30
Topics Covered:	<ul style="list-style-type: none">• Basic Football Rules and Regulations• Key Player Positions and Roles• Common Football Strategies and Tactics

Instructions to Students:

1. Read all questions carefully before attempting.
2. Show all working out - marks are awarded for method.
3. Write your answers in the spaces provided.
4. If you need more space, use the additional pages at the end.
5. Time management is crucial - allocate approximately 1 minute per mark.

Question 1

[1 mark]

What is the primary objective of the game of football?

A) To score goals by carrying or throwing the ball into the end zone

B) To score points by kicking the ball into the opponent's goal

C) To score tries by carrying the ball into the in-goal area

D) To score points by hitting the ball over the opponent's goalpost

Question 2

[1 mark]

Which of the following is a key rule in football?

A) Players can use their hands to catch and throw the ball

B) Players can only kick the ball to teammates

C) Players must wear protective gear, including helmets and pads

D) All of the above

Question 3

[1 mark]

What is the role of the quarterback in football?

A) To defend the opponent's quarterback

B) To score goals by kicking the ball

C) To lead the team's offense and throw passes to teammates

D) To block opponents and protect the ball carrier

Section B: Short Answer Questions [10 marks]

Question 4

[3-5 marks]

Describe the role of the defender in football.

Question 5

[5-7 marks]

What is the difference between a foul and a penalty in football? Provide an example of each.

Question 6

[5-7 marks]

Explain the concept of "offside" in football and how it is applied during a game.

Question 7

[10 marks]

Provide a diagram of a football field and label the following:

- Goalposts
- End zones
- Midfield line
- Penalty area
- Player positions (e.g., quarterback, defender, midfielder)



Conclusion

The Formative Football Fundamentals Assessment is designed to evaluate students' understanding of basic football concepts.

References

- Football Rules and Regulations Handbook
- Football Strategies and Tactics Guide