

Subject Area: Health Education
Unit Title: Introduction to My Body and Personal Boundaries
Grade Level: Preschool (5-year-olds)
Lesson Number: 1 of 10

Duration: 45 minutes
Date: [Insert Date]
Teacher: [Insert Teacher Name]
Room: [Insert Room Number]

Curriculum Standards Alignment

Content Standards:

- Identify and name basic body parts
- Understand the concept of personal boundaries
- Demonstrate respect for others' privacy

Skills Standards:

- Communicate effectively
- Demonstrate social-emotional learning
- Respect others' differences

Cross-Curricular Links:

- Language Arts: Communication skills
- Social Studies: Community and culture
- Science: Human body systems

Essential Questions & Big Ideas

Essential Questions:

- What are the basic body parts?
- What are personal boundaries?
- Why is it important to respect others' privacy?

Enduring Understandings:

- Body parts have specific functions
- Personal boundaries are essential for respect and safety
- Respecting others' privacy is crucial for building trust and relationships

Student Context Analysis

Class Profile:

- Total Students: 20
- ELL Students: 5
- IEP/504 Plans: 2
- Gifted: 3

Learning Styles Distribution:

- Visual: 40%
- Auditory: 30%
- Kinesthetic: 30%

Pre-Lesson Preparation

Room Setup:

- Arrange chairs in a circle for discussion
- Prepare visual aids and diagrams
- Set up technology for multimedia integration

Technology Needs:

- Computer or tablet for multimedia integration
- Internet connection for online resources

Materials Preparation:

- Printed diagrams of the human body
- Whiteboard and markers
- Handouts for note-taking

Safety Considerations:

- Ensure a safe and respectful learning environment
- Supervise children during activities

Detailed Lesson Flow

Introduction (10 minutes)

- Introduce the topic of body parts and personal boundaries
- Show a diagram of the human body and point out basic body parts

Guided Discussion (15 minutes)

- Use guided discussions with visual aids to support children's understanding
- Ask children to share their thoughts and ideas about body parts and personal boundaries

Engagement Strategies:

- Use child-friendly language and visual aids
- Encourage children to participate in discussions

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Interactive Quiz (15 minutes)

- Use interactive quizzes with images to assess children's understanding
- Provide feedback to children on their answers

Checking for Understanding:

- Use quizzes to assess children's understanding
- Provide feedback to children on their answers

Role-Play Activity (15 minutes)

- Use role-play activities to assess children's understanding of personal boundaries
- Encourage children to use language and actions that demonstrate respect for others' privacy

Conclusion and Review (10 minutes)

- Review the learning objectives and provide feedback to children
- Ask children to share what they learned about body parts and personal boundaries

Differentiation & Support Strategies

For Struggling Learners:

- Provide extra support and scaffolding
- Use visual aids and diagrams to support understanding

For Advanced Learners:

- Provide additional challenges and extensions
- Encourage children to create their own diagrams or presentations

ELL Support Strategies:

- Use visual aids and diagrams to support understanding
- Provide extra support and scaffolding

Social-Emotional Learning Integration:

- Encourage children to respect others' differences
- Teach children to communicate effectively and resolve conflicts

Assessment & Feedback Plan

Formative Assessment Strategies:

- Quizzes and assessments to evaluate understanding
- Observations of children's participation and engagement

Success Criteria:

- Children can identify and name basic body parts
- Children can demonstrate respect for others' privacy

Feedback Methods:

- Verbal feedback during activities
- Written feedback on quizzes and assessments

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Homework & Extension Activities

Homework Assignment:

Ask children to draw and label a diagram of the human body

Extension Activities:

- Create a song or rap about body parts
- Write a story about respecting others' privacy

Parent/Guardian Connection:

Teacher Reflection Space

Pre-Lesson Reflection:

- What challenges do I anticipate?
- Which students might need extra support?
- What backup plans should I have ready?

Post-Lesson Reflection:

- What went well?
- What would I change?
- Next steps for instruction?

Introduction to Body Parts

Body Parts:

- Head
- Eyes
- Nose
- Mouth
- Ears
- Hands

Functions of Body Parts

Functions:

- Head: contains the brain and senses
- Eyes: see and perceive the world
- Nose: smells and breathes
- Mouth: eats, drinks, and communicates
- Ears: hears and balances
- Hands: grasps, manipulates, and creates

Introduction to Personal Boundaries

Personal Boundaries:

- Respecting others' personal space
- Not touching or invading others' personal space without permission

Importance of Personal Boundaries

Importance:

- Respecting others' differences and autonomy
- Building trust and relationships
- Preventing conflicts and misunderstandings

Role-Play Activity

Activity:

- Divide children into pairs or small groups
- Assign each group a scenario related to personal boundaries
- Ask children to role-play the scenario and demonstrate respect for others' personal boundaries

Debriefing and Discussion

Debriefing:

- Ask children to share their thoughts and feelings about the role-play activity
- Discuss the importance of respecting others' personal boundaries

Conclusion

Conclusion:

- Review the learning objectives and key concepts
- Ask children to reflect on what they learned

Review and Assessment

Review:

- Review the key concepts and learning objectives
- Assess children's understanding through quizzes and observations