

**Student Name:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Due Date:** \_\_\_\_\_

## Introduction and Instructions

Welcome to the Introduction to Football Basics homework sheet! This activity is designed to support your learning of the fundamental rules and regulations of football, as part of the UK Primary School Curriculum. Your task is to complete the activities outlined in this sheet to demonstrate your understanding of the sport.

### Instructions:

1. Read and understand the rules of football.
2. Complete the activities outlined in this sheet.
3. Use the additional resources provided to support your learning.
4. Manage your time effectively to complete the activities within 30-40 minutes.

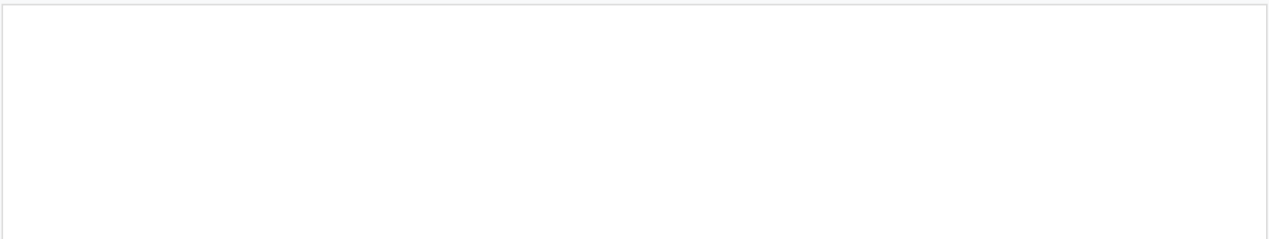
### Activity 1: Match the Rules

Rule	Description
Offside	A player is closer to the opponent's goal than both the ball and the second-to-last opponent.
Foul	A player commits a physical offense against an opponent.
Goal	A score is achieved when the ball passes the goal line between the goal posts.

### Activity 2: Football Pitch Diagram

Draw a simple diagram of a football pitch and label the key areas:

- Penalty box
- Goal area
- Midfield
- Touchline
- Goal line



**Activity 3: Scenario Cards**

1. A player is fouled in the penalty box. What should the referee do?
2. A goal is scored from an offside position. What should the referee do?
3. A player commits a handball in the penalty area. What should the referee do?

**Activity 4: Explaining Football Rules**

Write a short paragraph explaining one of the fundamental rules of football and how it is applied in a match.

**Activity 5: Football Strategy**

Design a simple football strategy for a team, considering how the rules of football can be used to gain an advantage. Explain your strategy in a short essay.

**Activity 6: Referee Decision**

Imagine you are a referee in a critical match. Describe how you would handle a controversial situation (e.g., a possible handball in the penalty area) using the rules of football.

**Activity 7: Research Project**

Choose a specific rule of football and research its history, evolution, and impact on the game. Present your findings in a short presentation or poster.

**Activity 8: Design a Football Drill**

Create a football drill that practices a specific skill or tactic related to one of the fundamental rules (e.g., a drill to practice offside trap). Explain the purpose and instructions for your drill.

**Foundation Level:**

- Complete Activity 1 and Activity 2 on Page 2.
- Complete Activity 3 on Page 3.

**Core Level:**

- Complete Activity 4 on Page 3.
- Complete Activity 5 and Activity 6 on Page 4.

**Extension Level:**

- Complete Activity 7 and Activity 8 on Page 5.

## Success Criteria

To successfully complete this assignment, ensure you:

- Have completed all activities appropriate to your ability level.
- Can explain at least three fundamental rules of football and how they are applied.
- Demonstrate an understanding of how rules affect gameplay through your activities.
- For extension tasks, ensure your research is thorough and your drill design is safe, effective, and clearly explained.

## Additional Resources

For further learning and support:

- **Football Association Rules and Regulations:** Refer to the official rules of football for detailed explanations and examples.
- **Online Tutorials and Videos:** Utilize online resources that demonstrate football strategies and rules in action.
- **Local Football Clubs:** Consider visiting or contacting local football clubs for insights into how professional and amateur teams apply the rules of football in practice.



## Parent/Guardian Notes

To support your child's learning:

- Encourage them to read through the football rules and regulations before starting the activities.
- Assist them in understanding the scenarios and rules if needed, but encourage independent thought.
- Discuss their strategy or research project with them, asking questions to prompt deeper thinking.
- Ensure they manage their time effectively to complete the assignment within the estimated 30-40 minutes.
- Encourage them to reflect on what they have learned and how it applies to real football matches or their own experiences playing football.

## Conclusion

Congratulations on completing the Introduction to Football Basics homework sheet! We hope you have enjoyed learning about the fundamental rules and regulations of football. Remember to reflect on what you have learned and how it applies to real football matches or your own experiences playing football.