



**PLANIT**  
TEACHERS

# Introduction to Simple Present Tense for Everyday Activities

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## Introduction

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*Welcome to our lesson on the simple present tense! In this activity, we will learn how to use the simple present tense to describe our daily routines and habits. The simple present tense is a fundamental concept in English grammar that helps us communicate effectively.*

## What is the Simple Present Tense?

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*The simple present tense is used to describe habits, routines, and general truths. It is formed using the base form of the verb, with the addition of -s or -es for third-person singular nouns. For example:*

- I wake up at 7:00 AM.
- She eats breakfast at 8:00 AM.
- They play soccer every Saturday.

## Forming the Simple Present Tense

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*Complete the sentences with the correct form of the verb in parentheses:*

1. I \_\_\_\_\_ (wake) up at 7:00 AM.
2. My mother \_\_\_\_\_ (cook) dinner at 6:00 PM.
3. My friends \_\_\_\_\_ (play) soccer every Saturday.

## Using the Simple Present Tense in Context

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*Read the following passage and identify the sentences in the simple present tense:*

"I wake up at 7:00 AM and eat breakfast at 7:30 AM. My mother cooks dinner at 6:00 PM. My friends play soccer every Saturday."

## Error Correction

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*Correct the errors in the following sentences:*

1. I goes to school by bus.
2. My mother cook dinner at 6:00 PM.
3. My friends play soccer every Sunday.

## Writing Activity

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*Write a short paragraph (about 100-150 words) describing your daily routine using the simple present tense. For example:*

"I wake up at 7:00 AM and eat breakfast at 7:30 AM. Then, I get ready for school. I attend classes from 8:00 AM to 3:00 PM. After school, I play soccer with my friends."

## Conversation Practice

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*Work in pairs and ask each other questions about your daily routines using the simple present tense. For example:*

- What do you do at 7:00 AM?
- I wake up and eat breakfast.
- What do you do after breakfast?
- I get ready for school.

## Quiz Time!

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*Complete the following quiz to test your understanding of the simple present tense:*

1. What is the simple present tense used for?
  - a) To describe habits and routines
  - b) To describe future plans
  - c) To describe past events
2. Which of the following sentences is in the simple present tense?
  - a) I am eating breakfast.
  - b) I eat breakfast at 7:30 AM.
  - c) I will eat breakfast tomorrow.



## Reflection

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### Individual Reflection:

1. What was the most surprising thing you learned today?

2. How will this learning change your actions in the future?

3. What questions do you still have about the simple present tense?

## Conclusion

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*Congratulations on completing our lesson on the simple present tense! Remember to practice using the simple present tense in your daily conversations to improve your English language skills. Good luck!*