



PLANIT
TEACHERS

Exploring Pakistani Lifestyle: A Cultural Immersion for 14-Year-Olds with Special Needs

Student Name: _____

Class: _____

Due Date: _____

Introduction to Pakistani Culture

Pakistani culture is a rich and diverse blend of different ethnic and linguistic groups, with a strong emphasis on hospitality, respect, and community.

The country has a long history of cultural exchange and influence, with many different civilizations and empires contributing to its unique cultural heritage.

Foundation Level: Match the following words with their meanings:

- Hospitality: _____
- Respect: _____
- Community: _____

Core Level: Write a short paragraph describing the importance of hospitality in Pakistani culture.

Extension Level: Research and write a short essay on the history and significance of Pakistani cultural heritage.

Pakistani daily life is shaped by the country's cultural and Islamic traditions, with many people following a strict routine of prayer, work, and family time.

The concept of "izzat" or honor is highly valued in Pakistani culture, with many people placing a strong emphasis on respect, dignity, and reputation.

Foundation Level: Sequence the following daily routines in order:

1. Prayer
2. Work
3. Family time

Core Level: Write a short paragraph describing the importance of "izzat" in Pakistani culture.

Extension Level: Research and write a short essay on the role of family in Pakistani society.

Pakistani cuisine is a delicious and diverse blend of different regional and cultural influences, with popular dishes such as biryani, kebabs, and haleem.

Pakistani food is often spicy and flavorful, with a strong emphasis on meat, vegetables, and grains.

Foundation Level: Match the following foods with their descriptions:

- Biryani: _____
- Kebabs: _____
- Haleem: _____

Core Level: Write a short paragraph describing the importance of food in Pakistani culture.

Extension Level: Research and write a short essay on the history and significance of Pakistani cuisine.

Pakistani music and dance are an important part of the country's cultural heritage, with many different styles and genres reflecting the country's regional and cultural diversity.

Qawwali music, for example, is a popular form of Sufi music that originated in Pakistan.

Foundation Level: Identify the following musical instruments:

1. Sitar
2. Tabla
3. Harmonium

Core Level: Write a short paragraph describing the importance of music in Pakistani culture.

Extension Level: Research and write a short essay on the history and significance of Qawwali music.

Pakistani festivals and celebrations are an important part of the country's cultural heritage, with many different festivals and events reflecting the country's Islamic and cultural traditions.

Eid-al-Fitr, for example, is a significant festival that marks the end of Ramadan.

Foundation Level: Match the following festivals with their descriptions:

- Eid-al-Fitr: _____
- Eid-al-Azha: _____
- Basant: _____

Core Level: Write a short paragraph describing the importance of Eid-al-Fitr in Pakistani culture.

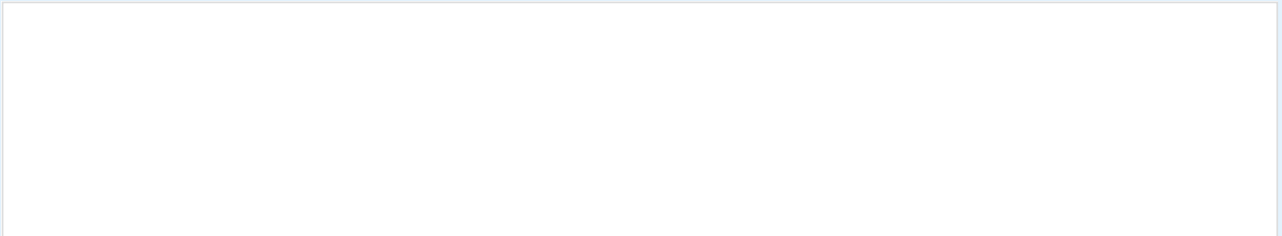
Extension Level: Research and write a short essay on the history and significance of Pakistani festivals.

Conclusion

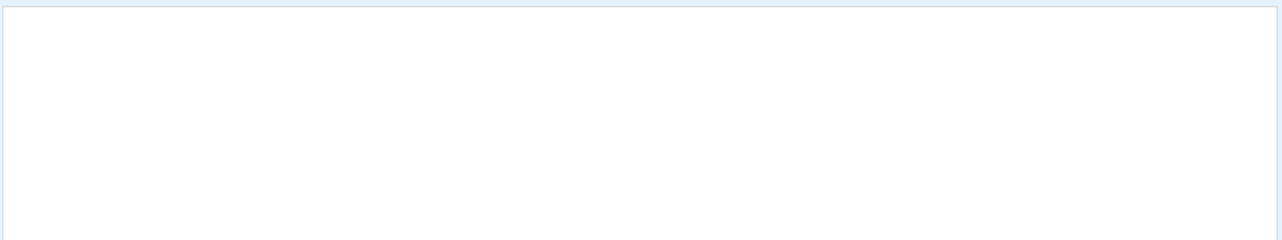
In conclusion, Pakistani lifestyle is a rich and diverse blend of different cultural and Islamic traditions, with a strong emphasis on hospitality, respect, and community.

By exploring Pakistani culture, students can gain a deeper understanding of the country's history, traditions, and daily life.

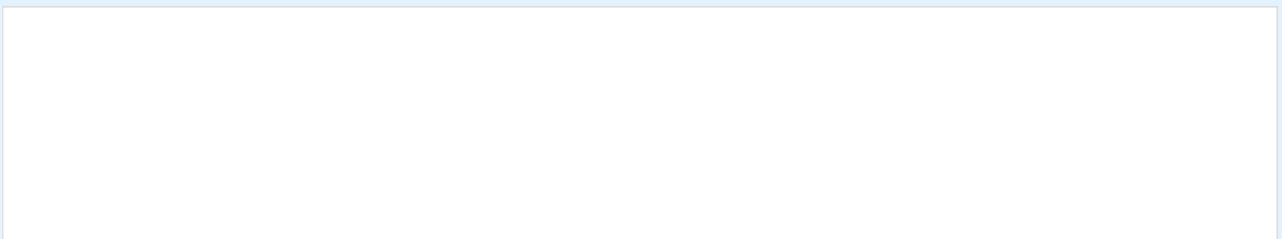
Foundation Level: Draw a picture of a Pakistani festival or celebration.



Core Level: Write a short paragraph summarizing the key points of the lesson.



Extension Level: Research and write a short essay on the significance of Pakistani culture in the modern world.



1. What is the national language of Pakistan?

2. What is the significance of Eid-al-Fitr in Pakistani culture?

3. What is the importance of hospitality in Pakistani culture?

Answer Key

1. Urdu
2. Eid-al-Fitr is a festival that marks the end of Ramadan.
3. Hospitality is an important part of Pakistani culture, with many people placing a strong emphasis on respect, dignity, and reputation.

1. Research and write a short essay on the history and significance of Pakistani cultural heritage.

2. Create a traditional Pakistani dish, such as biryani or kebabs.

3. Research and write a short essay on the role of family in Pakistani society.

Assessment Rubric

Foundation Level: 40%

Core Level: 30%

Extension Level: 30%