



**PLANIT**  
TEACHERS

# Mastering Interrupted Actions: Understanding Past Continuous and Past Simple for 14-Year-Old ESL Learners

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**Student Name:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Due Date:** \_\_\_\_\_

## Introduction and Warm-Up

Welcome to this homework sheet on interrupted actions in the past continuous and past simple tenses. In this sheet, you will practice using the correct grammar to describe situations where one action is interrupted by another.

Warm-up exercise: Write a short paragraph about a time when you were doing something and were interrupted by another event or action. Use the past continuous and past simple tenses correctly.

**Review of past continuous tense:** The past continuous tense is used to describe an action that was in progress at a specific time in the past. It is formed with the auxiliary verb "was/were" + the present participle of the main verb (e.g., "I was studying").

**Review of past simple tense:** The past simple tense is used to describe a completed action in the past. It is formed with the past form of the verb (e.g., "I studied").

**Exercise:** Fill in the blanks with the correct form of the verb in parentheses: "I \_\_\_\_\_ (study) for my exam when my phone \_\_\_\_\_ (ring)".

**Sentence stems:** Complete the following sentence stems with the correct form of the verb in parentheses:

- I \_\_\_\_\_ (watch) TV when my mom \_\_\_\_\_ (call) me.
- They \_\_\_\_\_ (play) soccer when it \_\_\_\_\_ (start) raining.
- She \_\_\_\_\_ (cook) dinner when the power \_\_\_\_\_ (go) out.

**Exercise:** Write your own sentence using the past continuous and past simple tenses to describe an interrupted action.

**Identify the errors:** Find the mistakes in the following sentences and correct them:

- I watch TV when my phone ring.
- They was playing soccer when it start raining.
- She cook dinner when the power go out.

**Exercise:** Write a short paragraph using the correct grammar to describe a situation where one action is interrupted by another.

**Read the following passage:** "I was studying for my exam when my friend called me. I was so focused on my books that I didn't hear the phone ringing at first. When I finally answered, my friend asked me to meet up with her at the park."

**Questions:**

- What was the writer doing when their friend called?
- What did the writer's friend ask them to do?
- What tense is used to describe the writer's action of studying?

## Writing Activity

**Write a short story (about 100-150 words) about a character who experiences an interrupted action.** Use the past continuous and past simple tenses correctly.

**Example:** "I was walking home from school when it started raining. I had to run to the nearest café to wait for the rain to stop."

**Vocabulary list:** Learn the following vocabulary words related to everyday actions:

- cook
- study
- watch
- play
- call

**Exercise:** Use the vocabulary words to create your own sentences describing interrupted actions.

## Role-Play

**Role-play scenarios:** Act out the following scenarios with a partner:

- You are studying for an exam when your friend calls you.
- You are cooking dinner when the power goes out.
- You are playing soccer when it starts raining.

**Exercise:** Write a short paragraph describing what happened during the role-play.



**Transform the following sentences into the correct form:**

- I study for my exam when my phone ring.
- They play soccer when it start raining.
- She cook dinner when the power go out.

**Exercise:** Write your own sentence and transform it into the correct form.

## Conclusion and Reflection

**Conclusion:** Congratulations on completing this homework sheet! You have practiced using the past continuous and past simple tenses to describe interrupted actions.

**Reflection:** Reflect on what you learned and what you found challenging. What would you like to practice more in the future?