Introduction to Ecosystem Services			
Read the following text and answer the questions that follow:			
Ecosystem services are the benefits that people obtain from functioning ecosystems. These services include provisioning services such as food, water, and timber; regulating services such as climate regulation, disease control, and water purification; and cultural services such as recreation, spiritual benefits, and aesthetic values.			
1. What are ecosystem services, and why are they important for human well-being?			
2. Can you name three types of ecosystem services (provisioning, regulating, and cultural)?			
3. How do human activities impact ecosystem services?			
Activity: Diagramming Ecosystem Services			
Draw a simple diagram showing the relationship between human activities and ecosystem services.			
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Human Impact on Ecosystems
Read the following text and answer the questions that follow:
Human activities such as deforestation, pollution, and overfishing can harm ecosystem services. Climate change also affects ecosystem services by altering the distribution and abundance of species, changing the timing of seasonal events, and increasing the frequency of extreme weather events.
What are some examples of human activities that harm ecosystem services (e.g., deforestation, pollution, overfishing)?
How does climate change affect ecosystem services?
3. What are the consequences of losing biodiversity?
Activity: Writing about Local Environmental Issues
Write a short paragraph describing a local environmental issue and its impact on ecosystem services.

Sustainable Living
Read the following text and answer the questions that follow:
ndividuals can take simple actions to support ecosystem services, such as reducing energy consumption, using public transport, and recycling. Sustainable agriculture practices can also help maintain ecosystem services by reducing the use of chemical pesticides and fertilizers, conserving water, and promoting biodiversity.
What are some simple actions individuals can take to support ecosystem services (e.g., reducing energy consumption, using public transport, recycling)?
2. How can sustainable agriculture practices help maintain ecosystem services?
3. What role do governments and policies play in protecting ecosystem services?
Activity: Listing Sustainable Practices
Create a list of 5 sustainable practices you can adopt in your daily life to support ecosystem services.

Ecosystem Services and Human Well-being
Read the following text and answer the questions that follow:
Ecosystem services contribute to human health and well-being by providing clean air and water, food, and opportunities for recreation and spiritual enrichment. Cultural ecosystem services, such as recreation and tourism, can also support economic development.
1. How do ecosystem services contribute to human health and well-being?
2. Can you give examples of cultural ecosystem services (e.g., recreation, spiritual benefits)?
3. How do ecosystem services support economic development?
Activity: Drawing Ecosystem Services and Human Well-being
Draw a picture representing the connection between ecosystem services and human well-being.

Case Study Analysis
Read the following case study and answer the questions that follow:
The Amazon rainforest is one of the most biodiverse ecosystems on the planet, providing numerous ecosystem services, including climate regulation, water purification, and habitat for a vast array of plant and animal species. However, the Amazon is facing numerous threats, including deforestation, logging, and climate change.
What are the causes and effects of human activities on ecosystem services in the Amazon rainforest?
Propose strategies for mitigating the negative impacts of human activities on ecosystem services in the Amazon rainforest.
Activity: Writing a Case Study Report
Write a short report on the case study, including your analysis and proposed solutions.

Group Discu	ıssion
Discuss the fo	ollowing questions in small groups:
1. What are	e the most significant threats to ecosystem services in your local community?
2. How car	n individuals, communities, and governments work together to protect ecosystem services?
Activity: Sha	ring Group Discussion
Share your gro	oup's discussion with the class.

Reflective Journaling		
Reflect on what you have learned about ecosystem services and human impact.		
1. What was the most surprising thing you learned today?		
2. How will this learning change your actions in the future?		
3. What questions do you still have about environmental impact?		
Activity: Keeping a Reflective Journal		
Keep a reflective journal throughout the lesson to track your learning journey.		

Environmental Policy and Conservation			
Read the following text and answer the questions that follow:			
Environmental policy plays a crucial role in protecting ecosystem services by regulating human activities, conserving natural habitats, and promoting sustainable development. Individuals can contribute to conservation efforts by supporting organizations, participating in citizen science projects, and making eco-friendly choices.			
1. What is the role of environmental policy in protecting ecosystem services?			
2. Can you give examples of successful conservation efforts (e.g., national parks, protected areas)?			
3. How can individuals contribute to conservation efforts?			
Activity: Researching Conservation Efforts			
Research and write about a local conservation project or environmental policy.			

Creative Expression	
Express your understan	ding of ecosystem services and human impact through a creative medium (e.g.,
Activity: Sharing Cre	ative Work
Share your creation with	n the class.

Conclusion and Next Steps	
Summarize what you have learned about ecosystem services and human impact.	
1. What are the key takeaways from this lesson?	
0. What arising any south leads made a projection in a constant of the constant	
2. What actions can you take to make a positive impact on ecosystem services?	
3. What are your next steps in supporting ecosystem services?	
Activity: Writing a Personal Action Plan	
Write a personal action plan to support ecosystem services and share it with a partner or the class.	

## **Ecosystem Services and Human Health**

Ecosystem services play a crucial role in maintaining human health. For example, clean air and water, provided by functioning ecosystems, are essential for human well-being. Additionally, ecosystems provide habitat for a vast array of plant and animal species, many of which have medicinal properties. However, human activities such as deforestation, pollution, and climate change can harm ecosystem services, leading to negative impacts on human health.

## **Example: The Impact of Deforestation on Human Health**

Deforestation can lead to the loss of medicinal plants, increased risk of waterborne diseases, and decreased air quality. For instance, the destruction of the Amazon rainforest has led to the loss of potential medicinal plants, which could have been used to develop new medicines.

Activity: Researching Ecosystem Services and Human Health	
Research and write about the relationship between ecosystem services and human health, including examples of how human activities impact this relationship.	

## **Ecosystem-Based Adaptation to Climate Change**

Ecosystem-based adaptation to climate change involves using ecosystem services to reduce the vulnerability of human communities to climate change impacts. This can include restoring natural habitats, promoting sustainable land-use practices, and conserving biodiversity. By maintaining healthy ecosystems, we can help to mitigate the effects of climate change, such as sea-level rise, increased frequency of extreme weather events, and changes in temperature and precipitation patterns.

### Case Study: Mangrove Restoration for Coastal Protection

Mangrove forests provide important ecosystem services, including coastal protection, shoreline stabilization, and habitat for marine species. Restoring mangrove forests can help to reduce the vulnerability of coastal communities to climate change impacts, such as sea-level rise and increased storm frequency.

Group Activity: Designing Ecosystem-Based Adaptation Strategies
Work in groups to design ecosystem-based adaptation strategies for a specific ecosystem or community, taking into account the potential impacts of climate change.
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# **Ecosystem Services and Sustainable Development**

Ecosystem services are essential for achieving sustainable development, as they provide the foundation for human well-being and economic development. However, human activities such as deforestation, pollution, and overfishing can harm ecosystem services,

with the need to maintain healthy ecosystems.
Reflection: Ecosystem Services and Sustainable Development
Reflect on the relationship between ecosystem services and sustainable development, including the challenges and opportunities for balancing human needs with the need to maintain healthy ecosystems.
Activity: Developing Sustainable Development Strategies
Develop strategies for achieving sustainable development, taking into account the importance of ecosystem services and the need to balance human needs with the need to maintain healthy ecosystems.
Ecosystem Services and Human Well-being: A Global Perspective
Ecosystem services are essential for human well-being, providing benefits such as clean air and water, food, and opportunities for recreation and spiritual enrichment. However, human activities such as deforestation, pollution, and climate change can harm ecosystem services, leading to negative impacts on human well-being. It is essential to consider the global perspective on ecosystem services and human well-being, including the impacts of global trade and consumption patterns on ecosystem services.
Example: The Impact of Global Trade on Ecosystem Services
Global trade can lead to the degradation of ecosystem services, as goods and services are often produced and transported in ways that harm the environment. For instance, the production of palm oil has led to widespread deforestation in Southeast Asia, resulting in the loss of biodiversity and ecosystem services.
Copyright 2024 Planit Teachers. All rights reserved.  Activity: Researching Global Perspectives on Ecosystem Services
Research and write about the global perspective on ecosystem services and human well-being, including the impacts of global trade and consumption patterns on ecosystem services.

Ecosystem Services and Policy: A Review of International Agreements
International agreements such as the Convention on Biological Diversity and the Paris Agreement recognize the importance of ecosystem services for human well-being and the need to protect and conserve ecosystems. However, the implementation of these agreements is often challenging, requiring cooperation and coordination among governments, international organizations, and civil society.
Case Study: The Convention on Biological Diversity
The Convention on Biological Diversity aims to conserve and sustainably use biodiversity, including ecosystem services. The convention has led to the development of national biodiversity strategies and action plans, which provide a framework for conserving and sustainably using ecosystem services.
Group Activity: Developing Policy Briefs on Ecosystem Services
Work in groups to develop policy briefs on ecosystem services, including recommendations for governments, international organizations, and civil society.
Ecosystem Services and Human Impact: A Review of the Evidence
The evidence suggests that human activities such as deforestation, pollution, and climate change are harming ecosystem services, leading to negative impacts on human well-being. However, there are also many examples of successful conservation and sustainable development initiatives, which demonstrate the potential for humans to protect and conserve ecosystem services.
Reflection: Ecosystem Services and Human Impact
Reflect on the evidence regarding ecosystem services and human impact, including the challenges and opportunities for protecting and conserving ecosystem services.
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Activity: Developing Strategies for Protecting Ecosystem Services
Develop strategies for protecting ecosystem services, taking into account the evidence regarding human impact and the need to balance human needs with the need to maintain healthy ecosystems.

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Activity: Sharing Creative Work
Share your creation with the class.

Conclusion and Next Steps
Summarize what you have learned about ecosystem services and human impact.
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