



**PLANIT**  
TEACHERS

## Exploring Babies: A 5-Week Lesson Plan for Kindergarten

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Student Name: \_\_\_\_\_

Class: \_\_\_\_\_

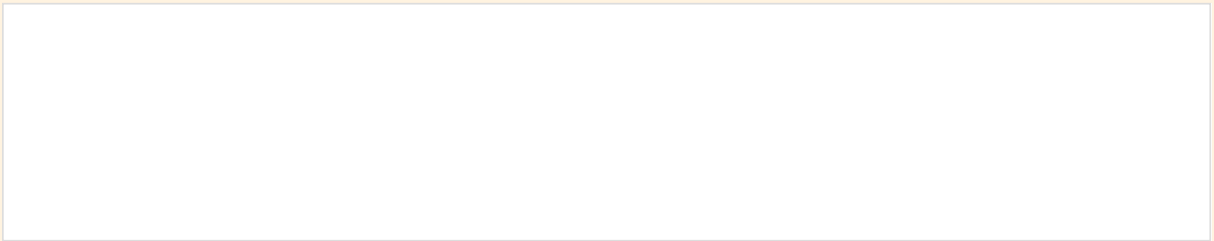
Due Date: \_\_\_\_\_

**Essential Understanding:**

- What is a baby?
- What do babies need to survive?
- Basic baby care

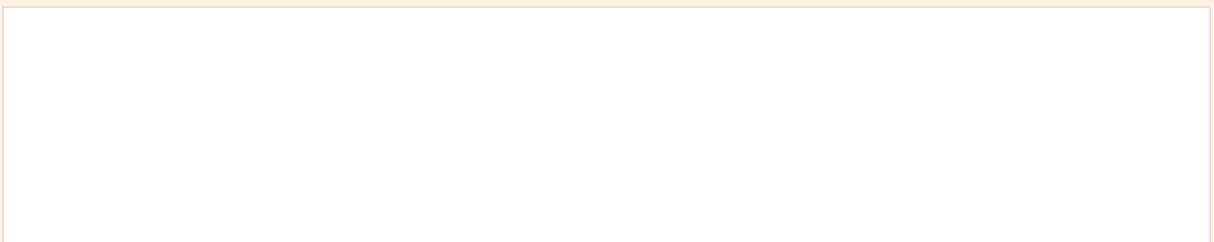
**Complete these concept checks:**

1. Draw a picture of a baby



2. What do babies need to survive? (Check all that apply)

- Food
- Water
- Shelter
- Love

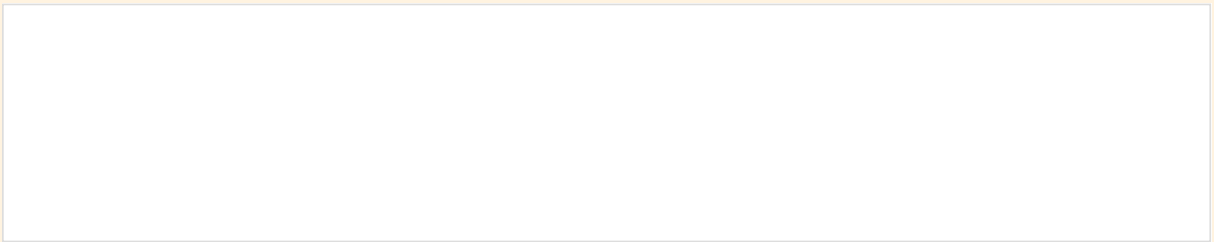


### Essential Understanding:

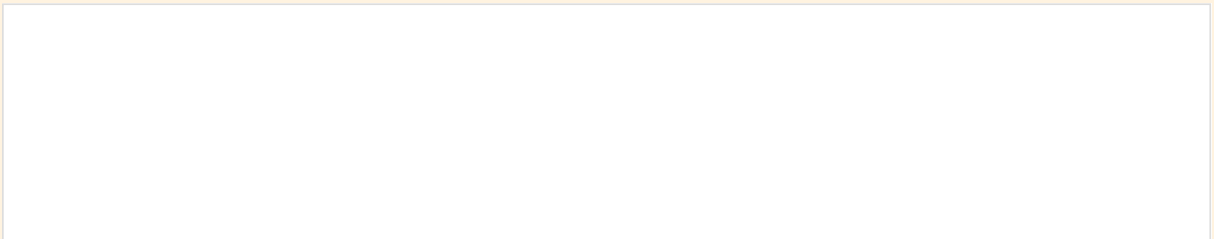
- Stages of baby development
- Physical and cognitive development
- Language and social development

### Complete these concept checks:

1. Sequence the pictures of baby development



2. What are some physical changes that occur during baby development? (Check all that apply)
  - Increased height and weight
  - Improved motor skills
  - Enhanced cognitive abilities

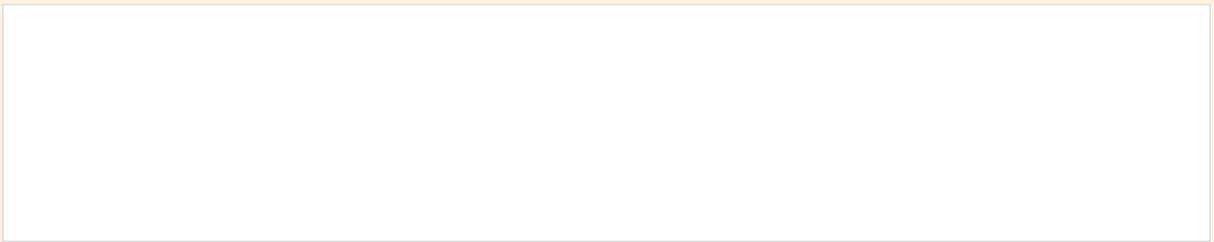


### Essential Understanding:

- Basic baby care needs
- Feeding and nutrition
- Bathing and hygiene

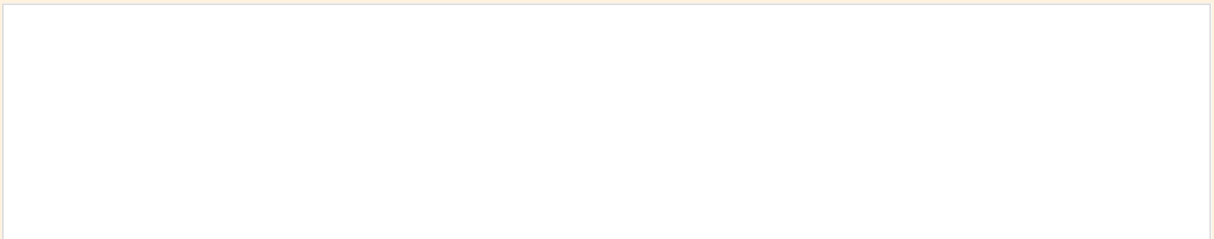
### Complete these concept checks:

1. Draw a picture of a baby care station



2. What are some important aspects of baby care? (Check all that apply)

- Feeding
- Bathing
- Diaper changing

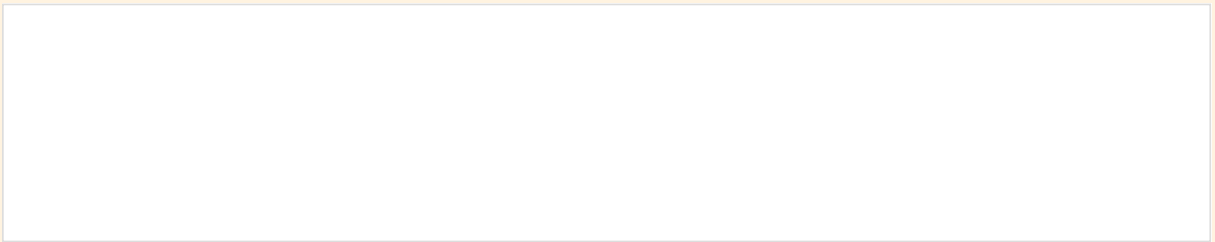


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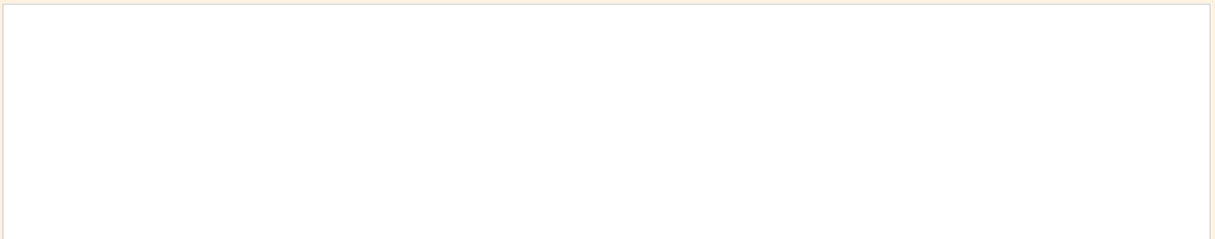
- What is a family?
- What is a community?
- Importance of family and community

### Complete these concept checks:

1. Draw a picture of your family



2. What are some ways that family and community are important? (Check all that apply)
  - Support and love
  - Protection and safety
  - Role models and guidance



### Essential Understanding:

- Review of baby development and care
- Importance of family and community
- Reflection on learning

### Complete these concept checks:

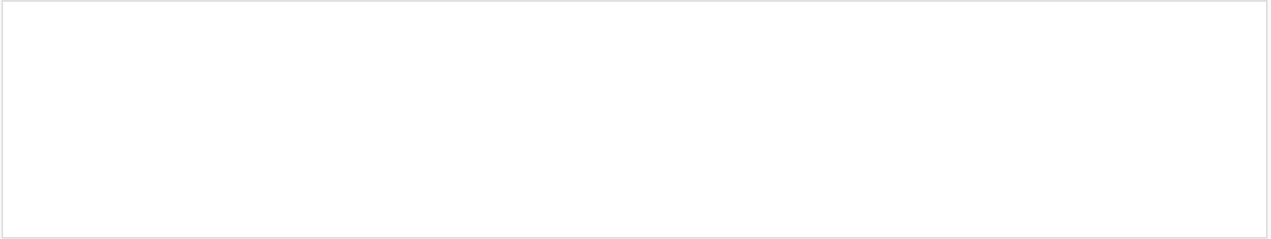
1. What did you learn about babies?

2. What did you learn about family and community?

## Baby Picture Sorting

**Sort the pictures of babies into different categories**

- Baby animals
- Baby toys
- Baby clothes

A large, empty rectangular box with a thin black border, intended for users to place or draw pictures of babies for sorting.

**Explore the baby development sensory bin**

- What textures and materials did you explore?
- What did you learn about baby development?



### Complete the family scavenger hunt

- What did you find on the scavenger hunt?
- What did you learn about family and community?

**Match the pictures of babies and families**

- Baby and family pictures
- What do you notice about the babies and families in each picture?

**Reflect on what you learned throughout the theme**

- What was your favorite activity?
- What did you learn about babies and family and community?

### Essential Understanding:

- Importance of baby safety
- Common hazards and risks
- Prevention and intervention strategies

### Complete these concept checks:

1. What are some common hazards for babies? (Check all that apply)

- Falling objects
- Electrical outlets
- Hot surfaces

2. What are some ways to prevent accidents and ensure baby safety? (Check all that apply)

- Supervision
- Secure furniture and appliances
- Use of safety gates and barriers

### Essential Understanding:

- Importance of nutrition for babies
- Types of nutrition (breast milk, formula, solid foods)
- Introduction to solid foods and meal planning

### Complete these concept checks:

1. What are the benefits of breast milk for babies?

2. What are some tips for introducing solid foods to babies? (Check all that apply)

- Start with single-ingredient foods
- Introduce new foods one at a time
- Monitor for signs of allergy or intolerance

### Essential Understanding:

- Importance of hygiene and health for babies
- Diaper changing and hygiene practices
- Common baby health issues and when to seek medical attention

### Complete these concept checks:

1. What are some tips for proper diaper changing and hygiene? (Check all that apply)

- Wash hands before and after changing diapers
- Use a clean and safe changing surface
- Dispose of soiled diapers properly

2. What are some common baby health issues that require medical attention? (Check all that apply)

- Fever
- Vomiting
- Diarrhea

### Essential Understanding:

- Physical developmental milestones (e.g. rolling, sitting, standing)
- Cognitive developmental milestones (e.g. problem-solving, memory)
- Language and communication developmental milestones

### Complete these concept checks:

1. What are some physical developmental milestones for babies? (Check all that apply)

- Rolling over
- Sitting up
- Standing with support

2. What are some cognitive developmental milestones for babies? (Check all that apply)

- Problem-solving
- Memory and recognition
- Imitation and play

### Essential Understanding:

- Emotional development and regulation
- Social development and interaction
- Attachment and bonding

### Complete these concept checks:

1. What are some ways to support emotional development and regulation in babies? (Check all that apply)

- Validation and acknowledgment of emotions
- Modeling healthy emotional expression
- Teaching emotional regulation strategies

2. What are some ways to support social development and interaction in babies? (Check all that apply)

- Responding to coos and babbles
- Engaging in play and interaction
- Providing opportunities for socialization



### Essential Understanding:

- Importance of community resources and support for baby care and safety
- Types of community resources (e.g. pediatricians, support groups)
- How to access and utilize community resources

### Complete these concept checks:

1. What are some community resources that support baby care and safety? (Check all that apply)

- Pediatricians
- Support groups
- Parenting classes

2. How can you access and utilize community resources for baby care and safety? (Check all that apply)

- Online research
- Word of mouth
- Referrals from healthcare providers



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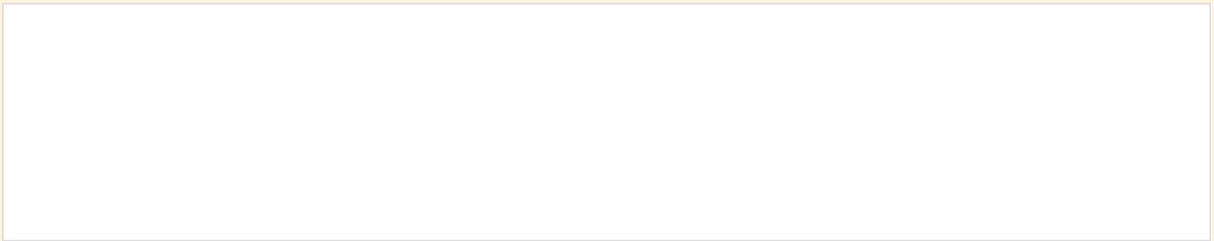
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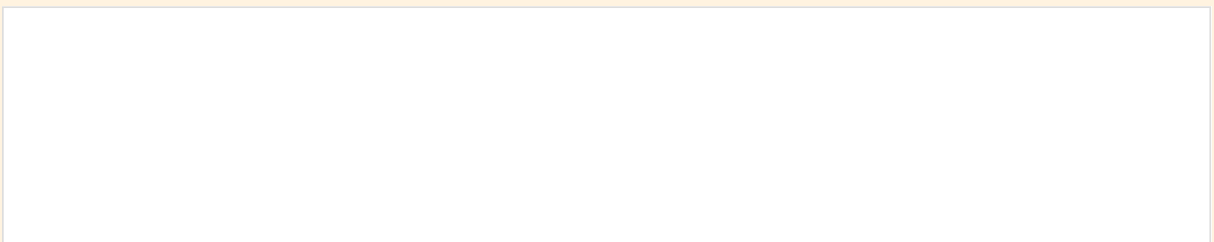
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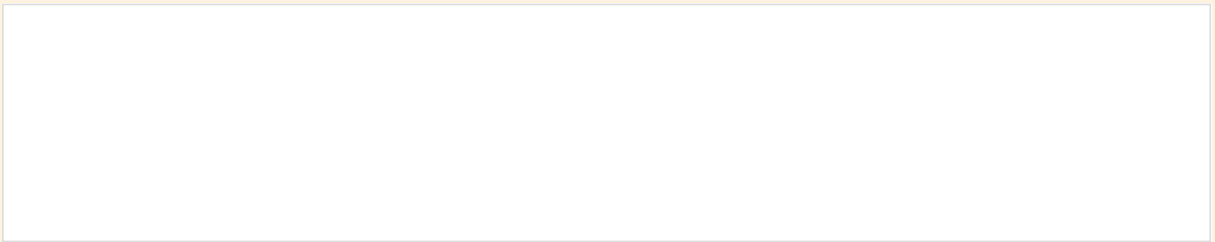


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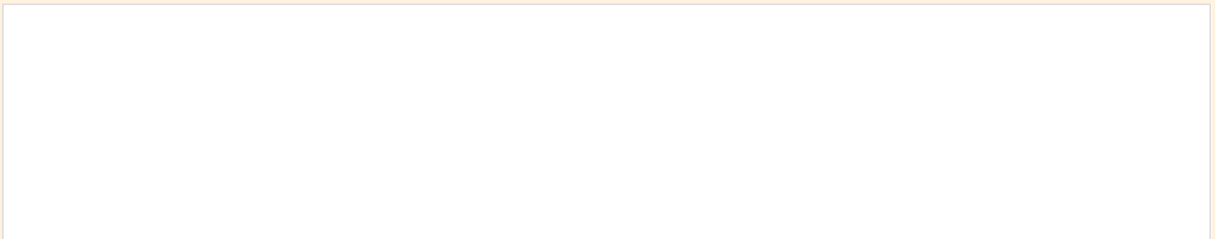
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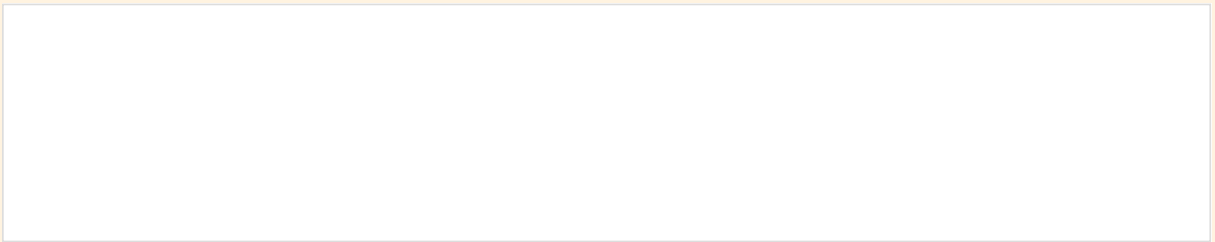


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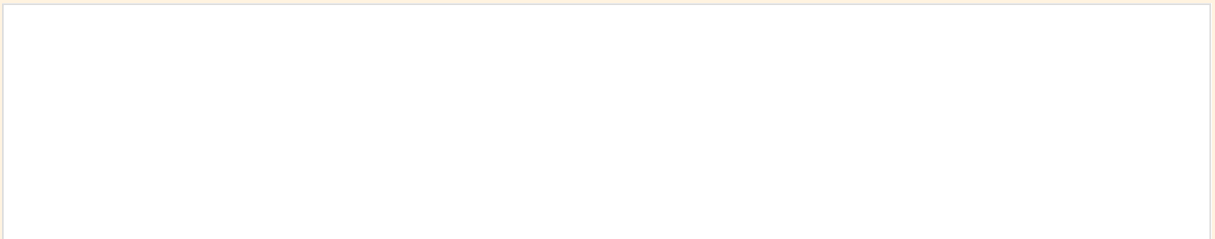
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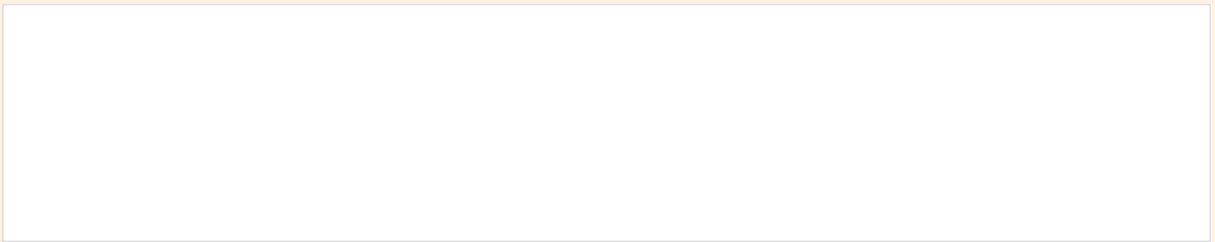


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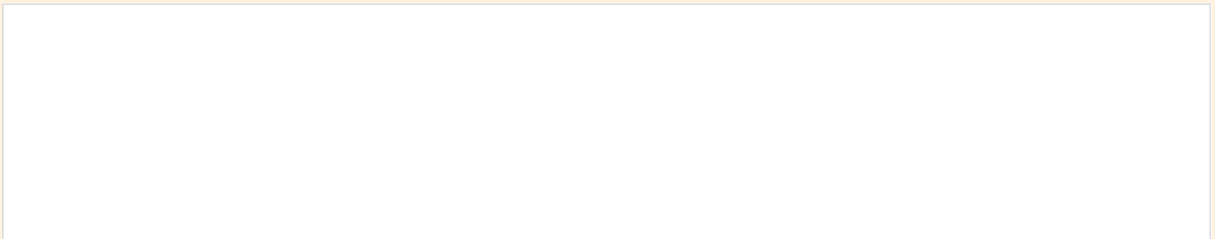
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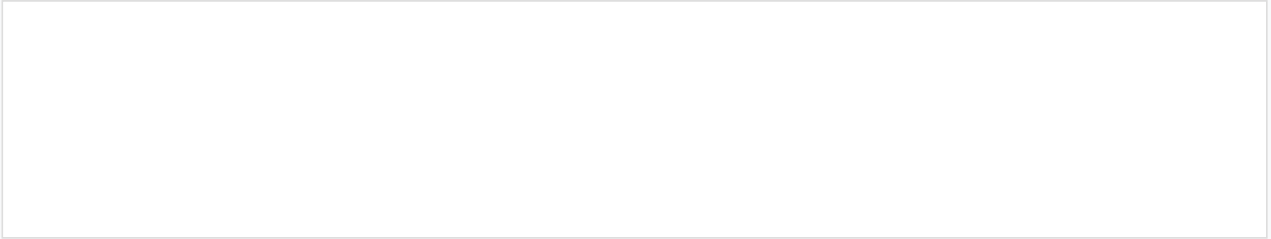
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**Congratulations on completing the Exploring Babies theme!**