

Introduction to the Basics of Football and Its History

Welcome to the World of Football!
Football is an exciting and popular sport played by millions of people around the world. In this welcome pack, we will introduce you to the basics of football and its fascinating history.
What is Football?
Football is a team sport played between two teams of 11 players using a round ball with the objective of scoring more goals than the opposing team by kicking or heading the ball into the opponent's goal.
Foundation:
Can you draw a simple picture of a football pitch?
Core:
Write a short paragraph explaining the objective of football.
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Extension:

Research and write about the different types of football, such as association football, rugby, and American football.



HIStory of Football
Football has a rich and varied history that spans over 2,000 years. The modern version of football originated in Britain in the mid-19th century.
Foundation: Match the following dates with the corresponding events in football history: 1863: 1900: 1930:
Core: Write a short essay on the evolution of football from its ancient origins to the present day.
Extension: Research and create a timeline of the major events in football history, including the formation of the Football Association and the first World Cup.
Page 1 of 4 Basic Rules of Football
The rules of football are simple, yet exciting. Here are some key rules to get you started: • The game is played between two teams of 11 players. • The team with the most goals at the end of the game wins. • Players can use any part of their body except their hands and arms to control and move the ball.
Foundation: Can you match the following rules with their corresponding explanations? • Offside:

Foul: ___Goal: ___

Write a short paragraph explaining the difference between a yellow and red card in football. Extension:					
	Core: Write a sh	ort paragraph explaining t	the difference betwee	n a yellow and red cai	rd in football.
Extension: Research and write about the role of the referee in a football match.					
Research and write about the role of the referee in a rootball match.			of the referee in a feet	aall matah	
	Nesearch	and write about the role of	The referee in a root.		

lobal Impact ootball is a glol	al sport with a massive following. It has the power to unite people across cultures,
nguages, and k	
Foundation:	
Can you nam	three countries where football is a popular sport?
Core:	
	ssay on the impact of football on international relations.
Extension: Research and specific coun	create a presentation on the economic, social, and cultural impact of football on a
	create a presentation on the economic, social, and cultural impact of football on a ry or region.
Research and	create a presentation on the economic, social, and cultural impact of football on a y or region.
Research and specific coun	y or region.
Research and specific count and activities are some for the Design a formal specific count and activities.	n activities to help you learn more about football: Page 1 of 4 otball team logo and jersey.
un Activities ere are some for the Create a for the Crea	n activities to help you learn more about football:
un Activities ere are some for the Create a for the Crea	n activities to help you learn more about football: otball team logo and jersey. otball-themed poster or banner.

Core: Write a short paragraph explaining why you like football.
Extension: Research and write about the history of a specific football team or player.

Quiz Time!
Test your knowledge of football with our quiz! 1. What is the objective of football? • a) To score more goals than the opposing team • b) To kick the ball into the opponent's goal • c) To run with the ball to the opponent's goal
Foundation: Choose the correct answer.
Core: Explain why you chose your answer.
Extension: Research and write about the different strategies teams use to achieve the objective of football.

Conclusion

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Welcome to the world of football! We hope you have enjoyed this introduction to the basics of football and its history.

What's Next?

- Learn more about football tactics and strategies.Explore the impact of football on society and culture.

• Join a local football team or club.