



## Introduction

*This 10-page worksheet is designed to assess students' understanding of vocabulary related to common sicknesses and health issues in the context of English Language Arts. The assessment is tailored for students aged 10-12 years old and aims to recognize and define vocabulary, use new vocabulary to create sentences, and demonstrate understanding of word meanings in context.*

## Section 1: Multiple Choice Questions

*Choose the correct answer for each question.*

1. What is the meaning of the word "symptom"?
  - A) A treatment for a sickness
  - B) A sign of a sickness
  - C) A type of medicine
  - D) A doctor's diagnosis
2. Which of the following is a common sickness that affects the respiratory system?
  - A) Diabetes
  - B) Asthma
  - C) Epilepsy
  - D) Heart disease
3. What is the term for a doctor's diagnosis of a patient's condition?
  - A) Prescription
  - B) Prognosis
  - C) Diagnosis
  - D) Treatment
4. Which of the following is a type of medicine used to relieve pain?
  - A) Antibiotic
  - B) Antihistamine
  - C) Analgesic
  - D) Antiviral
5. What is the term for a sickness that is caused by a virus?
  - A) Bacterial infection
  - B) Viral infection
  - C) Fungal infection
  - D) Parasitic infection

## Section 2: Short Answer Questions

Answer each question in complete sentences.

1. Describe a situation where you or someone you know experienced a headache. Use the vocabulary word "migraine" in your sentence.

2. What is the difference between a cold and the flu? Use the vocabulary words "virus" and "infection" in your answer.

3. What is the term for a doctor's advice to a patient to get plenty of rest and drink plenty of fluids? Use the vocabulary word "prescription" in your answer.

4. Describe a situation where you or someone you know experienced a stomachache. Use the vocabulary word "nauseous" in your sentence.

5. What is the term for a medical test used to diagnose a patient's condition? Use the vocabulary word "diagnosis" in your answer.

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## Section 3: Sentence Completion

Complete each sentence with the correct vocabulary word.

1. The doctor told me that I had a \_\_\_\_\_ (vocabulary word: infection) and prescribed me some antibiotics.

2. After eating the spoiled food, I had a \_\_\_\_\_ (vocabulary word: stomachache) and felt nauseous.

3. The patient was given a \_\_\_\_\_ (vocabulary word: prescription) for pain relief.

4. The doctor diagnosed the patient with a \_\_\_\_\_ (vocabulary word: virus) and advised them to get plenty of rest.

5. The patient experienced a \_\_\_\_\_ (vocabulary word: symptom) of fever and headache.

## Section 4: Vocabulary Matching

Match each vocabulary word with its correct definition.

1. Symptom
  - A sign of a sickness
  - A type of medicine used to treat bacterial infections
  - A medical test used to diagnose a patient's condition
  - A sickness caused by a microorganism
  - A type of microorganism that causes sickness
2. Infection
  - A sign of a sickness
  - A type of medicine used to treat bacterial infections
  - A medical test used to diagnose a patient's condition
  - A sickness caused by a microorganism
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3. Virus
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5. Diagnosis
  - A sign of a sickness
  - A type of medicine used to treat bacterial infections
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## Section 5: Word Search

Find and circle each vocabulary word in the word search puzzle.

A E L M O R T C A E H L O I N F E C T I O N S Y M P T O M A R T C A E H L O A E L M I G R A I N E V I R U  
S A E H L O A E L M O R T C A E C A E H L O I N F E C T I O N A U S E O U S S T O M A C H E H L O A E L  
M I G R A I N

## Section 6: Crossword Puzzle

Complete the crossword puzzle using the vocabulary words.

Across:

1. Type of medicine used to relieve pain (8)
2. Medical test used to diagnose a patient's condition (8)
3. Sickness caused by a virus (7)
4. Type of microorganism that causes sickness (6)
5. Sign of a sickness (7)

Down:

1. Doctor's advice to a patient (9)
2. Type of medicine used to treat bacterial infections (9)
3. Sickness that affects the respiratory system (8)
4. Medical term for a headache (7)
5. Type of medical test used to diagnose a patient's condition (8)

## Answer Key

Answers to all questions and activities.

Section 1:

1. B) A sign of a sickness
2. B) Asthma
3. C) Diagnosis
4. C) Analgesic
5. B) Viral infection

Section 2:

1. Sample answer: I experienced a migraine last week and had to stay in bed for a day.
2. Sample answer: A cold is a type of infection caused by a virus, while the flu is a more severe respiratory illness caused by a different type of virus.
3. Sample answer: The doctor's advice to get plenty of rest and drink plenty of fluids is called a prescription.
4. Sample answer: I had a stomachache after eating spoiled food and felt nauseous.
5. Sample answer: The medical test used to diagnose a patient's condition is called a diagnosis.

Section 3:

1. stomachache
2. prescription
3. virus
4. symptom

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Section 4:

1. Symptom: A sign of a sickness
2. Infection: A sickness caused by a microorganism
3. Virus: A type of microorganism that causes sickness
4. Antibiotic: A type of medicine used to treat bacterial infections
5. Diagnosis: A medical test used to diagnose a patient's condition

Section 5:

1. INFECTION
2. SYMPTOM
3. VIRUS

4. ANTIBIOTIC
5. DIAGNOSIS

Section 6:

1. ANALGESIC
2. DIAGNOSIS
3. VIRAL
4. INFECTION
5. SYMPTOM

## Section 7: Reading Comprehension

Read the passage below and answer the questions that follow.

Health is a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity. According to the World Health Organization (WHO), health is a fundamental human right and a key indicator of a country's development. The WHO also states that health is a complex and multifaceted concept that encompasses physical, mental, and social dimensions. Physical health refers to the body's ability to function properly, while mental health refers to a person's emotional and psychological well-being. Social health, on the other hand, refers to the relationships and interactions between individuals and their environment.

1. What is the definition of health according to the World Health Organization?

2. What are the three dimensions of health mentioned in the passage?

3. What does physical health refer to?

4. What does mental health refer to?

5. What does social health refer to?

## Section 8: Writing Activity

Write a short essay on the importance of health and wellness in our daily lives.

Consider the following questions as you write your essay: What are some common health issues that people face today? How can we prevent or manage these health issues? What role do physical activity, healthy eating, and stress management play in maintaining good health? How can we prioritize our health and wellness in our busy lives?

Write your essay here...

## Section 9: Group Discussion

Discuss the following topics in small groups and present your findings to the class.

1. What are some common misconceptions about health and wellness?
2. How can we promote healthy habits in our community?
3. What are some ways to manage stress and maintain mental health?

Record your group's discussion and findings here...

## Section 10: Reflection and Self-Assessment

Reflect on what you have learned throughout this unit and assess your own understanding of the concepts.

Consider the following questions as you reflect on your learning: What were some key takeaways from this unit? How have your thoughts or behaviors changed as a result of what you learned? What are some areas where you would like to learn more or improve your understanding?

Write your reflection here...

## Section 11: Final Project

Create a public service announcement (PSA) about the importance of health and wellness.

Consider the following guidelines as you create your PSA: The PSA should be 30 seconds to 1 minute long, it should include key concepts learned throughout the unit, and it should be engaging and informative.

Record your PSA here...

## Section 12: Conclusion

Summarize the key concepts learned throughout this unit and provide final thoughts on the importance of health and wellness.

Consider the following questions as you summarize your learning: What were some key concepts learned throughout the unit? How can you apply what you learned to your everyday life? What are some final thoughts or takeaways from this unit?

Write your conclusion here...



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TEACHERS

## Vocabulary Assessment: Common Sicknesses and Health Issues

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