

Introduction (5 minutes)

Read the following introduction and answer the questions that follow:

This worksheet is designed to assess students' understanding of the importance of building positive relationships with peers and adults, effective communication skills in group settings, recognition and respect of individual differences and perspectives, and application of active listening and empathy in interactions with others.

1. What is the primary focus of this worksheet?

2. What skills will students demonstrate by completing this worksheet?

Multiple Choice Questions (15 minutes)

Choose the correct answer for each question:

1. What is the primary benefit of building positive relationships with peers?
- a) Improved academic performance
 - b) Increased social status
 - c) Enhanced mental health and well-being
 - d) Better time management

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2. Which of the following is an effective strategy for building trust with others?
- a) Being assertive and dominant
 - b) Being passive and submissive
 - c) Being honest and transparent
 - d) Being manipulative and coercive

3. What is the role of empathy in building positive relationships?
- a) To manipulate others
 - b) To understand and share feelings

- c) To ignore others' feelings
- d) To dominate others

Short Answer Questions (20 minutes)

Answer the following questions in complete sentences:

1. Describe a time when you had to communicate effectively in a group setting. What strategies did you use to ensure your message was heard and understood?

2. What is the importance of nonverbal communication in building relationships? Provide an example of how nonverbal cues can impact interactions with others.

3. How can you manage conflicts and disagreements in group settings? Provide an example of a strategy you would use.

Group Discussion (20 minutes)

Group Task:

Imagine a new student joins your school and is from a different cultural background. How can your class make this student feel welcome and included? Discuss the following questions in your group:

- What are some ways to show respect and empathy towards someone from a different cultural background?
- How can you learn more about the student's culture and traditions?
- What are some potential challenges the student may face, and how can you support them?

Project-Based Question (30 minutes)

Create a visual representation (e.g. poster, infographic, comic strip) that illustrates the importance of empathy and active listening in building positive relationships. Include:

- A definition of empathy and active listening
- Examples of how empathy and active listening can be applied in real-life situations
- A visual representation of the benefits of empathy and active listening in relationships

[Space for creative work]

Conclusion (10 minutes)

Individual Reflection:

1. What was the most surprising thing you learned today?

2. How will this learning change your actions in the future?

3. What questions do you still have about building positive relationships?

Assessment Rubric

The following rubric will be used to assess your work:

- Multiple Choice Questions: 1 point for each correct answer
- Short Answer Questions: 2 points for each question that demonstrates a clear understanding of the concept
- Group Discussion: 3 points for groups that demonstrate a high level of respect and empathy for different perspectives
- Project-Based Question: 4 points for projects that demonstrate a high level of understanding of empathy and active listening

Differentiation Options

The following options are available for students who require accommodations:

- For students with visual impairments: provide large print or braille versions of the worksheet
- For students with hearing impairments: provide a sign language interpreter or written instructions
- For English language learners: provide a bilingual version of the worksheet
- For students with learning disabilities: provide extra time to complete the worksheet or use assistive technology

