

Subject Area: Exploring Personal Preferences and

Interests

Unit Title: Introduction to Self-Awareness

**Grade Level:** 5-Year-Olds **Lesson Number:** 1 of 10

**Duration:** 45 minutes **Date:** [Insert Date]

**Teacher:** [Insert Teacher's Name] **Room:** [Insert Room Number]

## **Curriculum Standards Alignment**

#### **Content Standards:**

- Identify and name personal preferences and interests
- Demonstrate an understanding of the concept of personal preferences
- Apply knowledge of personal preferences in a TPR activity

#### **Skills Standards:**

- Communication
- Self-Awareness
- · Social-Emotional Learning

#### **Cross-Curricular Links:**

- Language Arts
- Social Studies
- Physical Education

## **Essential Questions & Big Ideas**

#### **Essential Questions:**

- · What are my personal preferences and interests?
- How can I express my preferences and interests?
- Why is it important to understand and respect others' preferences and interests?

#### **Enduring Understandings:**

- · Personal preferences and interests are unique to each individual
- Understanding and respecting others' preferences and interests is essential for building positive relationships
- · Self-awareness and self-expression are crucial for personal growth and development

## **Student Context Analysis**

#### Class Profile:

Total Students: 25ELL Students: 5IEP/504 Plans: 2

• Gifted: 3

### **Learning Styles Distribution:**

Visual: 40%Auditory: 30%Kinesthetic: 30%



## **Pre-Lesson Preparation**

#### **Room Setup:**

- Arrange chairs in a circle for discussion
- · Prepare realia objects for exploration
- · Set up TPR activity stations

#### **Technology Needs:**

None required

#### **Materials Preparation:**

- · Flashcards with vocabulary words
- Realia objects (e.g., soccer ball, book, crayon)
- TPR activity cards

#### **Safety Considerations:**

- · Ensure ample space for students to move around
- · Inspect realia objects for potential hazards

#### **Detailed Lesson Flow**

#### Introduction and Warm-Up (5 minutes)

- Introduce topic of personal preferences and interests
- Use visual aids and gestures to support ELL/ESL students
- Review vocabulary related to likes and dislikes

#### **Vocabulary Building (5 minutes)**

- Introduce new vocabulary related to hobbies and interests
- Use realia and pictures to demonstrate each word
- · Encourage students to repeat words and perform associated actions

#### **TPR Activity (10 minutes)**

- Students participate in TPR activity to act out favorite hobbies or interests
- · Use action cards with pictures or words to prompt students
- · Encourage students to guess activity being performed

#### **Engagement Strategies:**

- Use visual aids and gestures to support ELL/ESL students
- Simplify language and use demonstrations to facilitate understanding
- Encourage participation and provide feedback that is positive and specific

#### Realia Exploration (5 minutes)

- · Bring in various objects representing different hobbies
- Ask students to identify preferences and explain why they like or dislike each object

## **Conclusion and Reflection (3 minutes)**

- Review key vocabulary and concepts covered during lesson
- Ask students to share one thing they learned about classmates' preferences and interests

## **Closing Activity (2 minutes)**

- Provide students with simple worksheet with pictures of different hobbies
- · Ask students to circle favorite activities



## **Differentiation & Support Strategies**

#### For Struggling Learners:

- Provide additional support during TPR activity
- Use visual aids and gestures to facilitate understanding
- Offer one-on-one assistance during realia exploration

#### For Advanced Learners:

- Provide additional challenges during TPR activity
- Encourage students to create their own realia objects
- Ask students to lead a small group discussion on preferences and interests

#### **ELL Support Strategies:**

- Use visual aids and gestures to support ELL/ESL students
- · Simplify language and use demonstrations to facilitate understanding
- Encourage students to repeat words and perform associated actions

#### **Social-Emotional Learning Integration:**

- · Encourage students to respect and appreciate differences in preferences and interests
- Model and teach empathy and self-awareness
- · Provide opportunities for students to reflect on their own preferences and interests

#### **Assessment & Feedback Plan**

#### **Formative Assessment Strategies:**

- Observe student participation during TPR activity
- · Review student worksheets for understanding
- Conduct one-on-one interviews to assess student understanding

#### **Success Criteria:**

- Students can identify and name at least three personal preferences or interests
- Students demonstrate an understanding of the concept of personal preferences
- · Students apply knowledge of personal preferences in a TPR activity

#### **Feedback Methods:**

- · Verbal feedback during TPR activity
- Written feedback on student worksheets
- One-on-one conferences to discuss student progress

#### **Homework & Extension Activities**

#### **Homework Assignment:**

Ask students to create a collage representing their personal preferences and interests

#### **Extension Activities:**

- Preference Charades: Students act out favorite hobbies or interests for the class to guess
- Interest Museum: Students create a small exhibit about their favorite hobby or interest
- Preference Survey: Students design and conduct a simple survey to find out about classmates' preferences and interests

#### **Parent/Guardian Connection:**

Send out a weekly newsletter with suggestions for how parents can support their child's learning at home

## **Teacher Reflection Space**

#### **Pre-Lesson Reflection:**

- What challenges do I anticipate?
- Which students might need extra support?
- What backup plans should I have ready?

#### **Post-Lesson Reflection:**

- · What went well?
- What would I change?
- Next steps for instruction?



## **Guided Practice**

#### **TPR Charades:**

- · Students act out a hobby or interest without speaking
- · Classmates try to guess what it is

## **Realia Sorting:**

- Students sort realia objects into categories (e.g., sports, arts, reading)
- · Students explain their reasoning

#### **Preference Interviews:**

- Students interview each other about personal preferences and interests
- Students share findings with the class



## **Independent Practice**

## **Picture Matching:**

• Students match pictures of different hobbies with corresponding vocabulary words

## **Preference Collage:**

• Students create a collage representing their personal preferences and interests

## **Interest Interview:**

• Students conduct an in-depth interview with a partner about preferences and interests



## **Assessment**

#### **Formative Quizzes:**

• Regular quizzes to check students' understanding of vocabulary and concepts

#### **Self-Evaluation Checklists:**

• Students assess their own participation and understanding of the lesson

#### Peer Feedback:

• Students provide feedback to their peers on participation and engagement



#### Conclusion

In conclusion, the lesson on exploring personal preferences and interests using Total Physical Response and realia is a valuable and engaging way to introduce 5-year-old students to the concept of self-awareness and social skills. By incorporating ELL/ESL strategies and using visual aids, simple language, and demonstrations, the lesson can be made accessible and enjoyable for all students.

## **Teaching Tips**

- Use visual aids and realia to support ELL/ESL students
- Simplify language and use demonstrations to facilitate understanding
- Encourage participation and provide feedback that is positive and specific

## **Reflection Questions**

- How effectively did the integration of TPR and realia enhance student engagement and understanding?
- What opportunities arose during the lesson for students to develop and practice social-emotional skills?
- What adjustments can be made to the lesson to better support ELL/ESL students?

#### **Next Steps**

Plan follow-up lessons to build upon the learning progressions and continue to support the development of social-emotional skills and language acquisition. Consider introducing lessons on "Sharing Preferences with the Community," "Exploring Career Interests," and "Cultural Exchange" to further enhance student learning and engagement.