



## Introduction

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*Welcome to this worksheet on identifying main ideas! This activity is designed to help you develop your reading comprehension skills by identifying the main idea of a text. By the end of this worksheet, you will be able to identify the main idea of a text, distinguish it from supporting details, and explain its significance.*

## What is a Main Idea?

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*A main idea is the central idea or message that the author wants to convey in a text. It is the underlying theme or concept that ties the entire text together. Identifying the main idea is essential for reading comprehension, as it helps you understand the author's purpose, make connections between ideas, and retain information more effectively.*

## Activity 1: Identifying Main Ideas

*Read the following passage and identify the main idea:*

"The sun is a star that is essential for life on Earth. It provides light, heat, and energy for our planet."

## Activity 2: Supporting Details

*Read the following passage and identify the supporting details:*

"The water cycle is the process by which water moves from the Earth to the atmosphere and back again. It involves evaporation, condensation, and precipitation. Evaporation occurs when the sun heats up the water in the oceans, lakes, and rivers, causing it to turn into water vapor. Condensation occurs when the water vapor in the air cools down and turns back into liquid water. Precipitation occurs when the water droplets in the air become too heavy to remain suspended and fall to the ground as rain, snow, or hail."

### Activity 3: Main Idea and Supporting Details

*Read the following passage and identify the main idea and supporting details:*

"The human body is made up of many different systems, including the circulatory, respiratory, and nervous systems. The circulatory system is responsible for transporting blood throughout the body, while the respiratory system is responsible for bringing oxygen into the body and removing carbon dioxide. The nervous system is responsible for controlling the body's functions, such as movement and sensation."

### Activity 4: Real-Life Application

*Think of a time when you had to identify the main idea of a text in your everyday life. It could be a news article, a social media post, or a school assignment. Write a short paragraph explaining how you identified the main idea and what you learned from it.*

## Conclusion

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*Congratulations on completing this worksheet on identifying main ideas! You have learned how to identify the main idea of a text, distinguish it from supporting details, and explain its significance. Remember to practice identifying main ideas in different types of texts, including fiction and nonfiction, to improve your reading comprehension skills.*

## Answer Key

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*Activity 1: The main idea of the passage is that the sun is essential for life on Earth.*

*Activity 2: The supporting details of the passage are evaporation, condensation, and precipitation.*

*Activity 3: The main idea of the passage is that the human body is made up of many different systems. The supporting details are the circulatory, respiratory, and nervous systems.*

