



**PLANIT**  
TEACHERS

## Exploring the Electromagnetic Spectrum: Understanding Visible Light

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Student Name: \_\_\_\_\_

Class: \_\_\_\_\_

Due Date: \_\_\_\_\_

### Essential Understanding:

- The electromagnetic spectrum is a fundamental concept in physics that describes the range of all possible frequencies of electromagnetic radiation.
- Visible light is a part of the electromagnetic spectrum that is visible to the human eye.
- The electromagnetic spectrum includes radio waves, microwaves, infrared radiation, visible light, ultraviolet radiation, X-rays, and gamma rays.

### Multiple Choice Questions:

1. What is the range of wavelengths for visible light?

- a) 100-400 nm
- b) 400-700 nm
- c) 700-1000 nm
- d) 1000-1400 nm

Answer: b) 400-700 nm

2. Which of the following is an example of electromagnetic radiation?

- a) Radio waves
- b) Visible light
- c) X-rays
- d) All of the above

Answer: d) All of the above

### Essential Understanding:

- Visible light is a form of electromagnetic radiation that is visible to the human eye.
- The speed of visible light in a vacuum is approximately 299,792,458 meters per second.
- Visible light has a range of wavelengths from approximately 400-700 nanometers.

### Short Answer Questions:

1. What is the difference between reflection and refraction?

2. What is the principle of total internal reflection?

### **Design a Prism:**

Design a prism that can split white light into its component colors. What materials would you use and how would you test its effectiveness?

### **Investigate the Effects of Light Pollution:**

Research and investigate the effects of light pollution on the environment. What are the causes and consequences of light pollution, and what can be done to mitigate its impact?

### The Use of Visible Light in Medicine:

Visible light is used in medicine for a variety of applications, including diagnosis, treatment, and therapy. One example is the use of light therapy to treat seasonal affective disorder (SAD).

1. What is the purpose of light therapy in treating SAD?

2. How does light therapy work to regulate the body's internal clock?

3. What are the benefits and limitations of using light therapy to treat SAD?

### Essential Understanding:

- Visible light is an essential part of the electromagnetic spectrum that has numerous applications in everyday life.
- Understanding the properties and behaviors of visible light is crucial for appreciating its importance and potential uses.

### Extension Activities:

1. Design and explain a chemical battery

2. Create a chemical reaction simulation

3. Write a scientific paper analyzing a recent chemical discovery

## Additional Resources

### **Additional Resources:**

- National Institute of Standards and Technology (NIST) - Electromagnetic Spectrum
- American Physical Society (APS) - Visible Light
- Mayo Clinic - Light Therapy

**Review Questions:**

1. What is the range of wavelengths for visible light?

2. What is the speed of visible light in a vacuum?

3. What is the principle of total internal reflection?



**Assessment:**

Complete the following tasks to assess your understanding of the material:

1. Complete the multiple choice questions

2. Complete the short answer questions

3. Complete the design task

**Teacher Notes:**

- Provide guidance and support to students as needed
- Encourage students to ask questions and seek help when needed
- Assess student understanding and provide feedback