



Introduction (Page 1)

Welcome to this worksheet on exploring personal preferences and hobbies through self-reflection. This activity is designed for 9-year-old students and is tailored to cater to mixed-ability groups.

Please read the following introduction and answer the questions that follow:

This worksheet is designed to help you explore your personal preferences and hobbies through self-reflection. The activities and questions in this worksheet are tailored to cater to mixed-ability groups, ensuring that every student has the opportunity to engage fully with the material.

My Favorite Hobbies (Page 1)

Please answer the following questions:

1. What are your favorite hobbies or activities to do in your free time?

2. Why do you enjoy these activities?

3. Draw a picture of yourself doing one of your favorite hobbies.

[Space for drawing]

Exploring Preferences (Page 2)

Please answer the following questions:

1. What type of music do you like to listen to?

2. What kind of books or stories do you enjoy reading?

3. Do you prefer playing sports or doing arts and crafts?

Reflective Journaling (Page 3)

Please choose one of your favorite hobbies and write a short story about why it's important to you.

1. Choose one of your favorite hobbies and write a short story about why it's important to you.

2. How does participating in this hobby make you feel?

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3. What do you think you can learn from this hobby that can be applied to other areas of life?

Sharing Preferences (Page 4)

Please share one of your favorite hobbies with a partner or in a small group.

1. Share one of your favorite hobbies with a partner or in a small group.

2. Ask your partner or group members about their favorite hobbies and why they enjoy them.

3. What did you learn about your partner's or group members' preferences?

Hobby Research (Page 5)

Please research a new hobby or activity that you've never tried before.

1. Research a new hobby or activity that you've never tried before.

2. What materials or equipment do you need to get started?

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3. Where can you learn more about this hobby?

Preference Mapping (Page 6)

Please create a map of your preferences by dividing a piece of paper into sections.

1. Create a map of your preferences by dividing a piece of paper into sections (e.g., indoor, outdoor, creative, sports).

[Space for mapping]

2. Write or draw examples of activities you enjoy within each section.

3. What patterns or themes do you notice in your preference map?

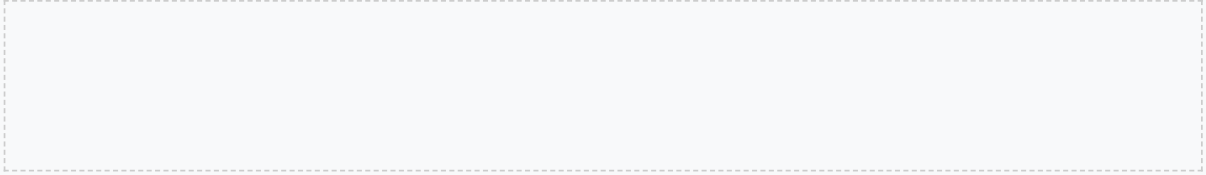
Class Discussion (Page 7)

Please discuss the following questions with your class.

1. What did you learn about your classmates' preferences and hobbies?

2. How can you appreciate and respect the diversity of interests in your class?

3. What can you do to support your classmates in pursuing their hobbies?



Reflective Essay (Page 8)

Please write a reflective essay on the importance of personal preferences and hobbies in your life.

1. Write a reflective essay on the importance of personal preferences and hobbies in your life.

2. How do your hobbies contribute to your sense of identity and well-being?

3. What have you learned about yourself through your hobbies?

Hobby Showcase (Page 9)

Please prepare a short presentation about one of your favorite hobbies.

1. Prepare a short presentation about one of your favorite hobbies.

2. Include why you enjoy this hobby and what you've learned from it.

3. Share your presentation with the class.

[Space for presentation notes]

Conclusion (Page 10)

Please reflect on what you have learned throughout this worksheet.

1. What did you learn about yourself and your preferences throughout this worksheet?

2. How can you apply what you've learned to your daily life?

3. What are your goals for exploring and developing your hobbies in the future?