

PLANIT Introduction to the Basics of Football and Its History

Welcome to the	World of Football!
With a rich history	as it is known in some countries, is the most widely played and watched sport globally. spanning over a century, football has become a cultural phenomenon that brings people ding geographical and linguistic barriers.
Football History	
of modern football	of football? When was the first official football match played? Who is considered the father origin of football?
2. When was th	ne first official football match played?
3. Who is cons	idered the father of modern football?
L	Рапе

the basic rules of football, including the offside rule st?
e offside rule and fouls?
3

[Space for quiz]	
ootball Positions and Roles	
hat are the different positions in football, including goalkeeper, defenders, midfielders, and forwar re the roles and responsibilities of each position?	rds? Wha
What are the different positions in football, including goalkeeper, defenders, midfielders, an forwards?	nd
2. What are the roles and responsibilities of each position?	

atch	the different football positions with their corresponding descriptions.
[Spac	e for matching game]
ootba	all Tactics and Strategies
	re some common football tactics and strategies, including formations and player positions? How do use tactics and strategies to outmaneuver their opponents?
ams (
1. W	use tactics and strategies to outmaneuver their opponents?

scuss life uille	rent tactics and strategies used in football, and how they can be applied in a game scenar
Space for disc	ussion]
ootball and S	l impacted society, including its role in shaping identities, communities, and international
1. How has f	ootball impacted society, including its role in shaping identities, communities, and relations?
2. What are s	some of the social and economic benefits of football?

	essay on the impact of football on society, including its role in shaping identities, communitienal relations.
Space for es	ssay]
hat are some	eabulary e common football terms and phrases, including pitch, foul, offside, and tackle? How are the game scenario?
hat are some rms used in a	e common football terms and phrases, including pitch, foul, offside, and tackle? How are the
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	ferent football terms and phrases with their corresponding definitions.
[Space for r	matching game]
Football His	story Research
eam or playe	l write a short report on a specific aspect of football history, including the history of a particula r.
1. Resear	

e and the role of the referee? Ho
the game and the role of the

omplete a q	uiz to test your knowledge of the rules and regulations of football.
[Space for o	quiz]
oothall Sa	fety and Well-heing
/hat are son	fety and Well-being ne of the safety considerations and precautions that should be taken when playing football? Ho
/hat are son an players s	ne of the safety considerations and precautions that should be taken when playing football? Ho tay safe and healthy while playing football? re some of the safety considerations and precautions that should be taken when playing
/hat are son an players s 1. What a footbal	ne of the safety considerations and precautions that should be taken when playing football? Ho tay safe and healthy while playing football? re some of the safety considerations and precautions that should be taken when playing l?
/hat are son an players s 1. What a footbal	ne of the safety considerations and precautions that should be taken when playing football? Ho tay safe and healthy while playing football? re some of the safety considerations and precautions that should be taken when playing

	ss the importance of safety and well-being in football, and how players can stay safe and healthy while ng the game.
[Spa	ace for discussion]
hat	clusion and Next Steps have you learned about the basics of football and its history? What are some next steps you can take nue learning and improving your knowledge and skills in football?
1.	What have you learned about the basics of football and its history?

