



## Introduction (10 minutes)

*Welcome to the first day of school! This year is going to be an exciting and engaging experience. Please take a few minutes to read the introduction and get familiar with the activities planned for today.*

The first day of school is a pivotal moment in setting the tone for the academic year. For 14-year-olds, it's an opportunity to establish a positive and engaging learning environment. This worksheet is designed to help students get to know each other, understand classroom expectations, and develop a sense of belonging and excitement for the year ahead.

## Icebreaker Activity 1: Human Bingo (15 minutes)

*Create a bingo card with different traits, hobbies, or interests in each square (e.g., "has traveled to another country," "speaks more than one language," "has a pet"). Students need to find someone who fits each of the characteristics and get them to sign the corresponding square.*

Trait/Hobby/Interest	Student's Name

## Icebreaker Activity 2: Two Truths and a Lie (15 minutes)

Ask each student to write down two true statements about themselves and one false statement. Students then share their statements with the class, and their peers have to guess which one is the lie.

1. Write down two true statements about yourself:

2. Write down one false statement about yourself:

3. Share your statements with the class and guess which one is the lie:

## Classroom Expectations (20 minutes)

Have students work in small groups to draft a "classroom constitution" that outlines the rules and expectations they believe are essential for a positive and productive learning environment.

### Group Task:

Draft a classroom constitution that includes the following:

- Respect for peers and teachers
- Inclusivity and diversity
- Responsibility and accountability

[Space for group work]

## Team-Building Exercise: Group Mural (25 minutes)

*Divide the class into small groups and provide each group with a large piece of paper or whiteboard and markers. Ask each group to create a mural that represents their class or school.*

### Group Task:

Create a mural that includes the following:

- A representation of your class or school
- A symbol or logo that represents your group
- A message or quote that inspires your group

[Space for group work]

## Curriculum Overview (20 minutes)

*Create a list of key topics, projects, and assessments for the year. Divide the class into small groups and give each group a copy of the list. Ask each group to find and identify each item on the list, and provide a brief description of what they think it entails.*

Topic/Project/Assessment	Description

## Reflection and Feedback (15 minutes)

Ask students to write a short reflection (about 250-300 words) on their first day of school. What were their initial impressions? What activities did they enjoy the most? What are they looking forward to learning about in the upcoming year?

### Individual Reflection:

1. What were your initial impressions of the first day of school?

2. What activities did you enjoy the most?

3. What are you looking forward to learning about in the upcoming year?

## Worksheets and Activities (20 minutes)

Complete the following worksheets and activities to reinforce your understanding of the first day of school.

### Worksheet 1: Icebreaker Questions

1. What is your favorite hobby or activity outside of school?

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2. What is one thing you are looking forward to learning about this year?

3. If you could travel anywhere in the world, where would you go and why?



## Worksheets and Activities (20 minutes)

Complete the following worksheets and activities to reinforce your understanding of the first day of school.

### Worksheet 2: Classroom Expectations

1. What are the most important rules or expectations for our classroom?

2. How can we show respect to our peers and teachers?

3. What are the consequences for not following the classroom expectations?

## Worksheets and Activities (20 minutes)

Complete the following worksheets and activities to reinforce your understanding of the first day of school.

### Worksheet 3: Team-Building Challenge

1. Work in a group to complete a puzzle or challenge.

2. How did you contribute to the group effort?

3. What did you learn about your teammates?



## Worksheets and Activities (20 minutes)

Complete the following worksheets and activities to reinforce your understanding of the first day of school.

### Worksheet 4: Curriculum Overview

1. What are the key topics we will be covering this year?

2. What projects or assessments are you most looking forward to?

3. How can you prepare for the challenges ahead?

## Worksheets and Activities (20 minutes)

Complete the following worksheets and activities to reinforce your understanding of the first day of school.

### Worksheet 5: Reflection and Feedback

1. What did you enjoy most about the first day of school?

2. What did you find challenging?

3. What are your goals for the upcoming year?





## Conclusion (10 minutes)

*The first day of school is a critical moment in setting the tone for the academic year. By incorporating icebreaker activities, team-building exercises, and curriculum overviews, teachers can create a positive and engaging learning environment that meets the diverse needs of their students.*

Remember to be open-minded, respectful, and responsible throughout the year. Work together with your peers and teachers to create a supportive and inclusive learning community.

## Additional Resources (10 minutes)

*For additional resources and support, please visit our school website or speak with your teacher.*

- School website: [insert website URL]
- Teacher contact information: [insert contact information]

## Glossary (10 minutes)

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*Define the following terms:*

- Icebreaker activity:

- Team-building exercise:

- Curriculum overview:

## References (10 minutes)

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*List any references used in this worksheet:*

- [Insert reference 1]
- [Insert reference 2]
- [Insert reference 3]

## Appendix (10 minutes)

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*Include any additional information or materials that may be useful for the first day of school:*

- [Insert appendix item 1]
- [Insert appendix item 2]
- [Insert appendix item 3]

## Index (10 minutes)

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*Create an index of the topics covered in this worksheet:*

- Icebreaker activities
- Team-building exercises
- Curriculum overview

### Evaluation (10 minutes)

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*Evaluate the effectiveness of this worksheet in achieving its learning objectives:*

1. What did you learn from this worksheet?

2. What did you find challenging or difficult to understand?

3. What suggestions do you have for improving this worksheet?

### Conclusion (10 minutes)

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*Congratulations on completing the first day of school worksheet! Remember to review and reflect on what you have learned throughout the year.*

We hope you have a successful and enjoyable academic year!