

Subject Area: Early Childhood Education
Unit Title: Sensory Play and Exploration
Grade Level: 1-year-old
Lesson Number: 1 of 10

Duration: 45 minutes
Date: March 10, 2024
Teacher: Ms. Jane Smith
Room: Room 101

Curriculum Standards Alignment

Content Standards:

- Recognize and identify different textures
- Recognize and identify different colors

Skills Standards:

- Develop fine motor skills through sensory play
- Develop language skills through description and communication

Cross-Curricular Links:

- Art and Creativity
- Science and Exploration

Essential Questions & Big Ideas

Essential Questions:

- What are different textures and how can we describe them?
- What are different colors and how can we identify them?

Enduring Understandings:

- Children can develop their senses through sensory play
- Children can develop their language skills through description and communication

Student Context Analysis

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Class Profile:

- Total Students: 20
- ELL Students: 5
- IEP/504 Plans: 2
- Gifted: 3

Learning Styles Distribution:

- Visual: 40%
- Auditory: 30%
- Kinesthetic: 30%

Introduction to Sensory Play

Sensory play is a crucial aspect of early childhood development, providing children with the opportunity to explore and understand their environment using their senses. This lesson plan is designed to introduce 1-year-old children to the world of sensory play, focusing on the exploration of various textures and colors.

Learning Objectives

- Recognize and identify different textures
- Recognize and identify different colors
- Develop fine motor skills through sensory play
- Develop language skills through description and communication

Sensory Bin Exploration

Provide a sensory bin filled with a range of textured materials, such as beads, pompoms, and foam shapes. Ask the children to explore and engage with the materials using their hands and senses. Encourage the children to describe the textures they are feeling and to identify any similarities or differences.

Activity Instructions

- Fill the sensory bin with a variety of textured materials
- Ask the children to explore and engage with the materials
- Encourage the children to describe the textures they are feeling

Texture Sorting

Provide a variety of textured materials, such as play dough, sand, and rice, and ask the children to sort them into different categories. Use verbal cues and demonstrations to scaffold the activity and provide support as needed. Encourage the children to use their senses to explore and discover new textures.

Activity Instructions

- Provide a variety of textured materials
- Ask the children to sort the materials into different categories
- Use verbal cues and demonstrations to scaffold the activity

Color Recognition

Show the children a range of colorful objects and ask them to identify and match the different colors. Use visual aids, such as color cards and pictures, to support the activity and provide additional guidance. Encourage the children to describe the colors they are seeing and to identify any similarities or differences.

Activity Instructions

- Show the children a range of colorful objects
- Ask the children to identify and match the different colors
- Use visual aids to support the activity

Reflection and Discussion

Ask the children to reflect on what they have learned and to discuss their favorite activities. Use open-ended questions to encourage the children to share their thoughts and ideas. Provide opportunities for the children to develop their language skills and communicate their experiences.

Activity Instructions

- Ask the children to reflect on what they have learned
- Use open-ended questions to encourage discussion
- Provide opportunities for language development

Conclusion and Next Steps

In conclusion, this lesson plan provides a comprehensive and engaging introduction to sensory play and exploration of textures and colors for 1-year-old children. The activities and extension tasks are designed to develop the children's senses, particularly touch and sight, and to encourage their language skills and communication. The next lesson will be "Exploring Sounds and Music," where children will be introduced to a range of musical instruments and sounds, and encouraged to explore and engage with them through sensory play activities.

Extension Tasks for Advanced Learners

- Create a texture collage using a variety of materials
- Mix and create new colors using paints or colored materials
- Create a sensory bin filled with a range of textured materials and ask the children to explore and engage with the materials

Assessment and Evaluation

Observe the children during the sensory play activities and assess their ability to engage with and explore different textures and colors. Use a texture sorting quiz to assess the children's ability to identify and differentiate between various textures. Use a color recognition test to assess the children's ability to identify and match different colors.

Assessment Tools

- Texture sorting quiz
- Color recognition test
- Observation checklist

Teaching Tips

- Use real-life examples to introduce textures and colors
- Make the lesson interactive by incorporating hands-on activities
- Use music and movement to engage the children and make the lesson more enjoyable

Reflection Questions

- What strategies were most effective in engaging the children and encouraging their participation in the sensory play activities?
- How did the children respond to the different textures and colors, and what did their reactions reveal about their individual learning styles and preferences?

Conclusion and Final Thoughts

In conclusion, this lesson plan provides a comprehensive and engaging introduction to sensory play and exploration of textures and colors for 1-year-old children. The activities and extension tasks are designed to develop the children's senses, particularly touch and sight, and to encourage their language skills and communication. By following this lesson plan, teachers can provide their students with a fun and interactive learning experience that will help to lay the foundation for future cognitive and motor skills development.