



# PLANIT TEACHERS

## Sustainable Cultural Paths: Environmental Heritage Exploration

### Introduction to Cultural Environmental Heritage

*Welcome to an exciting journey of discovery! Today, we'll explore how our local community connects with its environment through cultural traditions and practices. This activity sheet will guide you through various engaging tasks designed to deepen your understanding of environmental heritage.*

### Part 1: Family Environmental Memory (25 minutes)

*Interview a family member about environmental changes in your area.*

#### Interview Questions:

1. What was the local environment like when you were my age?

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2. What traditional farming or gardening practices did people use?

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3. How has the local wildlife changed over the years?

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4. What traditional methods of conservation did people practice?

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### Part 2: Community Mapping Exercise (30 minutes)

*Create a detailed map of your local area highlighting environmental and cultural features.*

#### Map Elements to Include:

- Natural landmarks (trees, water bodies, hills)
- Cultural sites (historic buildings, community centers)
- Green spaces and gardens
- Areas of environmental concern

[Space for your community map]

### Part 3: Environmental Documentation

Record your observations about local environmental features:

Environmental Feature	Current State	Traditional Use	Preservation Ideas
Local Plants			
Water Sources			
Natural Habitats			

## Part 4: Cultural Environmental Practices

*Explore traditional environmental practices in your community.*

### Research and Document:

1. Traditional water conservation methods:

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2. Local sustainable farming practices:

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3. Traditional waste management techniques:

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4. Seasonal celebrations related to nature:

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## Part 5: Environmental Action Planning

*Design a community environmental initiative based on traditional practices.*

### Project Planning Template:

1. Environmental Issue to Address:

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2. Traditional Solution to Apply:

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3. Modern Adaptations Needed:

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4. Community Involvement Plan:

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5. Expected Outcomes:

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Part 6: Traditional Ecological Knowledge

Explore how indigenous and local knowledge systems contribute to environmental conservation.

Seasonal Indicators

Document traditional ways of predicting weather patterns:

Natural Sign	Traditional Meaning	Modern Correlation

Part 7: Medicinal Plant Heritage

Research traditional medicinal plants in your region.

Plant Name:

Traditional Uses:

Where Found:

Conservation Status:

Part 8: Cultural Festivals and Environmental Connections

Document local festivals that celebrate nature:

Festival Name	Season	Environmental Significance	Traditional Practices

Part 9: Traditional Resource Management

Document Traditional Conservation Methods

Water Management:

Forest Protection:

Soil Conservation:

**Part 10: Environmental Stories and Legends**

**Record a Traditional Environmental Story**

**Title of Story:**

**Main Characters:**

**Environmental Message:**

**Modern Relevance:**

**Part 11: Future Planning Workshop**

**Developing Sustainable Solutions**

**Environmental Challenge:**

**Traditional Solution:**

**Modern Adaptation:**

**Implementation Plan:**

## Part 12: Community Engagement Project

### Design Your Environmental Heritage Project

1. Project Title:
2. Project Goals:
3. Traditional Knowledge Integration:
4. Community Partners:
5. Timeline and Milestones:
6. Expected Impact:

### Final Reflection

Consider the following questions:

1. How has your understanding of environmental heritage changed?
2. What traditional practices do you think are most valuable for modern conservation?
3. How can you personally contribute to preserving environmental heritage?

## Final Reflection and Assessment

**Complete these reflection questions about your environmental heritage journey:**

1. What was the most surprising thing you learned about your community's environmental heritage?

2. How can traditional environmental practices help us today?

3. What actions will you take to preserve environmental heritage?

## Teacher Assessment

Criteria	Excellent	Good	Developing
Understanding of Environmental Heritage			
Quality of Research			
Community Engagement			

**Teacher Comments:**