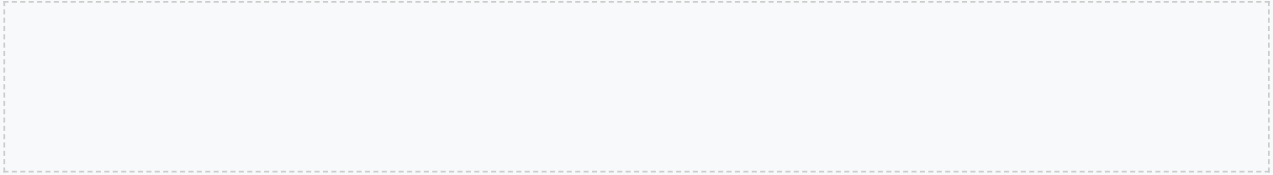


Introduction to Afternoon Routines

What do you like to do in the afternoon? Draw a picture of your favorite afternoon activity.



Understanding Daily Schedules

What is a daily schedule? A daily schedule is a plan for what to do and when to do it.

Match the following activities to the correct time of day:

Activity	Time of Day
Breakfast	_____
Lunch	_____
Dinner	_____
Playtime	_____
Bedtime	_____

Sequencing Afternoon Routines

Put the following afternoon activities in the correct order:

1. Having a snack
2. Playing outside
3. Reading a book
4. Taking a nap

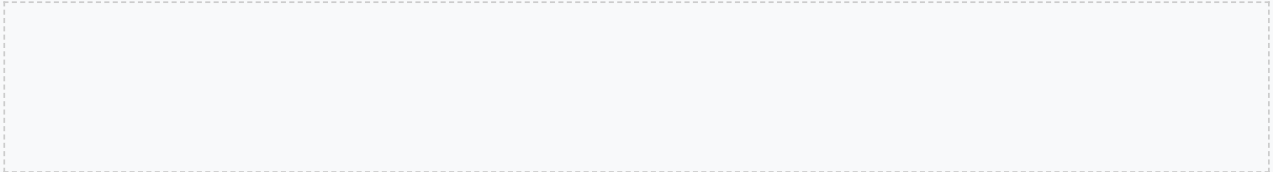
Use numbers to sequence the activities.

Creating a Daily Schedule

Create your own daily schedule using the following activities:

- Waking up
- Eating breakfast
- Playing outside
- Having a snack
- Reading a book
- Taking a nap
- Eating dinner
- Going to bed

Use pictures or words to represent each activity.

A large, empty rectangular box with a dashed border, intended for the user to draw pictures or write words representing their daily activities.

Afternoon Routine Charades

Act out the following afternoon routines without speaking:

1. Brushing teeth
2. Washing hands
3. Having a snack
4. Playing with blocks

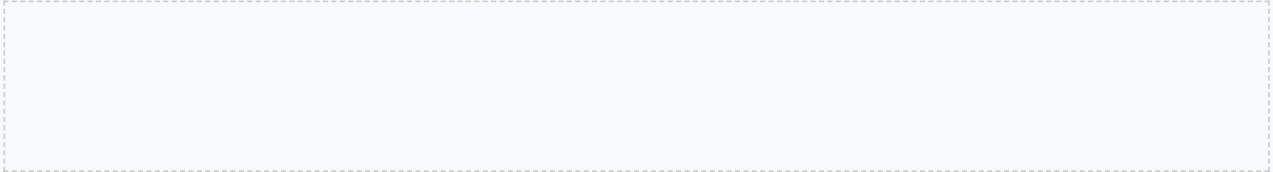
Your partner has to guess the activity.

Daily Schedule Scavenger Hunt

Find the following activities in the daily schedule:

- Breakfast
- Lunch
- Dinner
- Playtime
- Bedtime

Use a magnifying glass to find the activities.

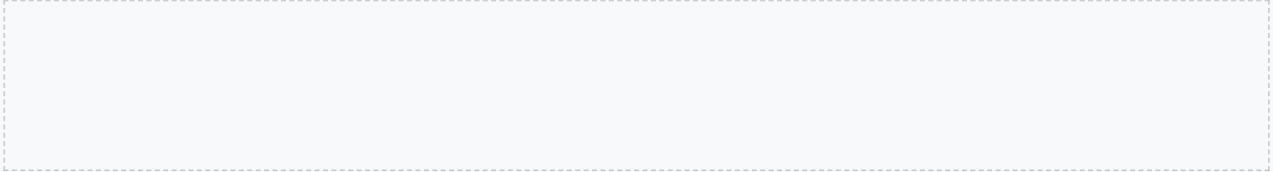


Afternoon Routine Sorting Game

Sort the following activities into categories:

- Indoor activities: _____
- Outdoor activities: _____
- Food activities: _____

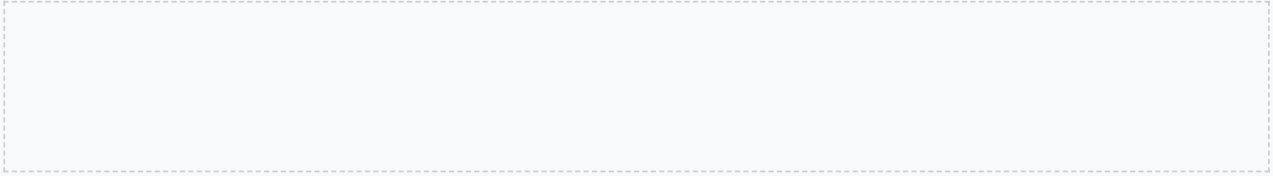
Use pictures or words to represent each activity.

A large, empty rectangular box with a dashed border, intended for students to draw pictures or write words representing their activities.

Reflection Time

What did you learn about afternoon routines and daily schedules?

Draw a picture or write a short sentence about what you learned.

A large, empty rectangular box with a dashed border, intended for a student to draw a picture or write a short sentence about what they learned.

Daily Schedule Quiz

What time of day do you usually have breakfast?

What time of day do you usually go to bed?

Conclusion

*Congratulations! You have completed the worksheet on exploring afternoon routines and daily schedules.
Remember to always follow your daily schedule and have fun!*