

Introduction to Fasting during Ramadhan

Student Name:		
Class:		
Due Date:		

Introduction to Fasting during Ramadhan

Fasting during Ramadhan is one of the Five Pillars of Islam and is observed by Muslims worldwide. It is a period of spiritual reflection, self-control, and empathy towards those in need. This homework assignment aims to provide students with a deeper understanding of the significance and purpose of fasting in Ramadhan.

What is Fasting in Ramadhan?

Fasting in Ramadhan means abstaining from food and drink from dawn to sunset. It is a time for Muslims to focus on their faith, practice self-control, and develop empathy towards those who are less fortunate.

Key Concepts:

- Abstaining from food and drink
- Spiritual reflection and self-control
- Empathy towards those in need

Multiple-Choice Questions

1. What is the main purpose of fasting in Ramadhan? o a) To give up food and drink b) To pray and read the Quran c) To develop self-control and empathy towards others d) To celebrate with family and friends 2. What is one of the physical benefits of fasting? a) Increased appetite b) Improved digestion c) Stronger immune system d) Better sleep	Choose the correct answer:
 a) Increased appetite b) Improved digestion c) Stronger immune system 	 a) To give up food and drink b) To pray and read the Quran c) To develop self-control and empathy towards others
 a) Increased appetite b) Improved digestion c) Stronger immune system 	
	 a) Increased appetite b) Improved digestion c) Stronger immune system

Short-Answer Questions

Answer the following questions:
1. What does fasting in Ramadhan mean to you?
How can you show empathy and kindness towards those who fast during Ramadhan?

Draw a picture or create a poster that represents the importance of empathy and kindness towards those who fast during Ramadhan. Be creative and include symbols, colors, and images that reflect the values of Ramadhan.

Creative Activity

Write a short reflection on what you have learned about fasting in Ramadhan and how you can apply it in your daily life.				

Reflection

Extension Activities

Parent/Guardian Notes

To support your child in completing this assignment, please:

- Encourage them to read and understand the passage on the significance and purpose of fasting in Ramadhan.
- Help them answer the multiple-choice and short-answer questions.
- Assist them in creating a poster or drawing that represents the importance of empathy and kindness towards those who fast during Ramadhan.
- Encourage them to reflect on what they have learned and how they can apply it in their daily life.

Time Management Guidelines

To complete this assignment within the estimated time of 25-35 minutes, please allocate:

- 5 minutes to read the passage and instructions.
- 10 minutes to complete the multiple-choice and short-answer questions.
- 10 minutes to create a poster or drawing.
- 5 minutes to write a short reflection.

Self-Assessment Opportunities

To assess their own learning, students can:

- Review their answers to the multiple-choice and short-answer questions.
- Evaluate their poster or drawing for creativity and effort.
- Reflect on what they have learned and how they can apply it in their daily life.