



**Student Name:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Student ID:** \_\_\_\_\_

**Date:** {{DATE}}

## Assessment Details

<b>Duration:</b> 10 minutes	<b>Total Marks:</b> 40
<b>Topics Covered:</b>	<ul style="list-style-type: none"><li>• Basic Food Groups</li><li>• Recognition of Common Fruits and Vegetables</li><li>• Basic Mealtime Routines</li></ul>

## Instructions to Students:

1. Read all questions carefully before attempting.
2. Show all working out - marks are awarded for method.
3. Choose the correct answer for multiple-choice questions.
4. Write your answers in the spaces provided.
5. If you need more space, use the additional pages at the end.
6. Time management is crucial - allocate approximately 1 minute per mark.

Section A: Multiple Choice [10 marks]

**Question 1**

**[2 marks]**

What is the name of the food group that includes apples and bananas?

A) Fruits

B) Vegetables

C) Grains

D) Proteins

**Question 2**

**[2 marks]**

Which of the following is a common breakfast food?

A) Pizza

B) Sandwich

C) Cereal

D) Salad

**Question 3**

**[5 marks]**

What is your favorite fruit and why do you like it?

**Question 4**

**[5 marks]**

What do you usually eat for lunch?

Section C: Picture Matching [10 marks]

Question 5

[5 marks]

Match the following pictures with the correct food group:

A) Fruits

B) Vegetables

C) Grains

D) Proteins

 Apple  Carrot  Bread  Chicken

**Question 6**

**[5 marks]**

Identify the following pictures:

 Salad  Cereal  Fruits

## Marking Guide

The marking guide will include clear rubrics and answer keys for each question type:

- Multiple Choice Questions: 1 point for each correct answer
- Short Answer Questions: 2 points for each correct answer (1 point for partial credit)
- Picture Matching: 1 point for each correct match
- Picture Identification: 2 points for each correct identification (1 point for partial credit)

To ensure the success of this assessment, teachers should:

- Review the learning objectives and assessment purpose with the children before administering the assessment.
- Provide clear instructions and demonstrations for each question type.
- Encourage children to ask questions and seek help when needed.
- Use the assessment results to inform future instruction and intervention.

## Conclusion

This assessment is designed to evaluate the understanding of basic food groups, recognition of common fruits and vegetables, and comprehension of basic mealtime routines in children aged 3-4 years.

The results of this assessment will provide a foundation for future instruction and intervention.



