

PLANIT Food Groups Assessment for Children Aged 3-4 Years

Student Name:	Class:
Student ID:	Date: {{DATE}}

Assessment Details

Duration: 10 minutes	Total Marks: 40
Topics Covered:	Basic Food GroupsRecognition of Common Fruits and VegetablesBasic Mealtime Routines

Instructions to Students:

- 1. Read all questions carefully before attempting.
- 2. Show all working out marks are awarded for method.
- 3. Choose the correct answer for multiple-choice questions.
- 4. Write your answers in the spaces provided.
- 5. If you need more space, use the additional pages at the end.
- 6. Time management is crucial allocate approximately 1 minute per mark.

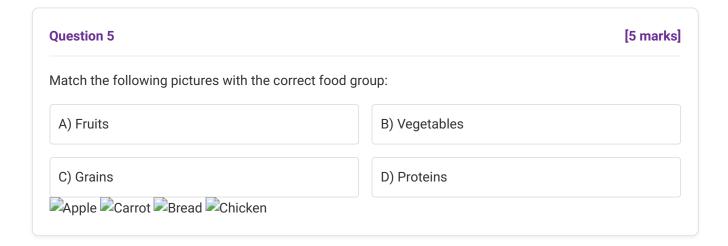
Section A: Multiple Choice [10 marks]

Question 1	[2 ma		
What is the name of the food group that includes apples and bananas?			
A) Fruits	B) Vegetables		
C) Grains	D) Proteins		
	To.		
Question 2	[2 ma		
Question 2 Which of the following is a comm A) Pizza			

Section B: Short Answer Questions [15 marks]

Question 3	[5 marks]
What is your favorite fruit and why do you like it?	
Question 4	[5 marks]
What do you usually eat for lunch?	

Section C: Picture Matching [10 marks]



Section D: Picture Identification [5 marks]

Question 6	[5 marks]
Identify the following pictures:	
Salad Cereal Fruits	

Marking Guide

The marking guide will include clear rubrics and answer keys for each question type:

- Multiple Choice Questions: 1 point for each correct answer
- Short Answer Questions: 2 points for each correct answer (1 point for partial credit)
- Picture Matching: 1 point for each correct match
- Picture Identification: 2 points for each correct identification (1 point for partial credit)

Teaching Tips

To ensure the success of this assessment, teachers should:

- Review the learning objectives and assessment purpose with the children before administering the assessment.
- Provide clear instructions and demonstrations for each question type.
- Encourage children to ask questions and seek help when needed.
- Use the assessment results to inform future instruction and intervention.

Conclusion This assessment is designed to evaluate the understanding of basic food groups, recognition of common fruits and vegetables, and comprehension of basic mealtime routines in children aged 3-4 years. The results of this assessment will provide a foundation for future instruction and intervention.

