

Introduction

This assessment is designed to evaluate your understanding of personality development and its impact on relationships and behavior. Please read each question carefully and answer to the best of your ability.

Section 1: Multiple Choice Questions

Choose the correct answer for each question.

1. What is the primary function of personality traits in shaping our behavior?
- a. To determine our intelligence
 - b. To influence our relationships
 - c. To predict our future
 - d. To control our emotions

2. Which of the following is a key aspect of personality development?
- a. Physical appearance
 - b. Social status
 - c. Self-awareness
 - d. Academic achievement

3. How do personality traits impact our relationships with others?
- a. They have no impact
 - b. They only affect romantic relationships
 - c. They influence all types of relationships
 - d. They only affect friendships

Section 2: Short Answer Questions

Answer each question in 150-200 words.

1. Describe a situation where your personality traits helped you build a strong relationship with someone.

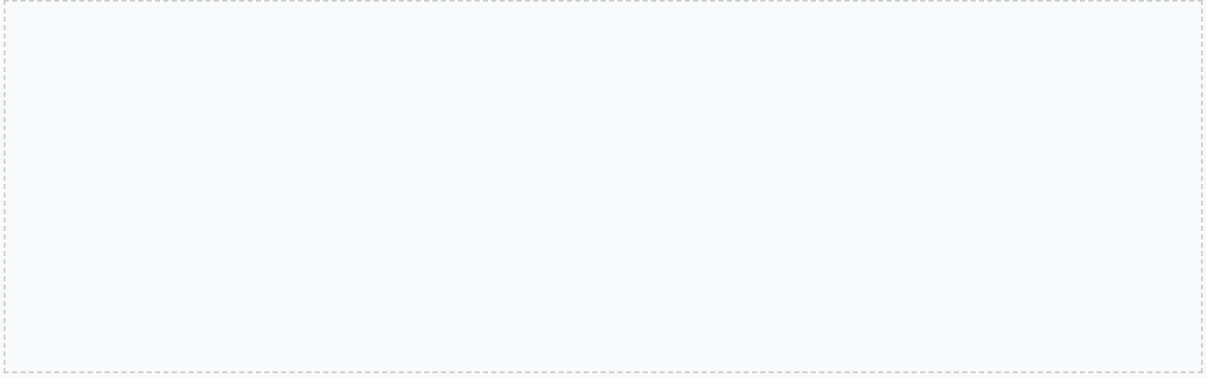
2. What are some common personality traits that can hinder effective communication? Provide examples.

Section 3: Essay Question

Choose one of the following essay prompts and write a well-structured essay response.

1. Discuss the importance of self-awareness in personality development. How can individuals develop self-awareness, and what are its benefits in personal and social relationships?

2. Analyze the impact of personality traits on behavior. Provide examples of how different personality traits can influence an individual's behavior in various situations.



Activity 1: Personality Traits Sorting

Sort the following personality traits into two categories: positive and negative.

- Outgoing
- Shy
- Confident
- Sarcastic
- Empathetic
- Competitive

Positive Traits	Negative Traits

Activity 2: Self-Awareness Reflection

Reflect on your own personality traits and how they impact your relationships with others. Write a short reflection (100-150 words) on what you have learned about yourself and how you can improve your relationships with others.

Activity 3: Case Study

Read the following case study and answer the questions that follow.

Case Study: John is a shy and introverted person who struggles to make friends. He is often hesitant to speak up in class and prefers to work alone.

1. What personality traits does John exhibit?

2. How do John's personality traits impact his relationships with others?

3. What strategies could John use to improve his relationships with others?

Conclusion

This assessment is designed to help you understand the importance of personality development and its impact on relationships and behavior. Remember that personality development is a lifelong process, and self-awareness is key to personal growth and improvement.

Marking Guide

The marking guide is provided to help you understand how your work will be assessed. Please ensure that you answer each question to the best of your ability and follow the instructions carefully.

- Multiple Choice Questions: 1 mark each
- Short Answer Questions: 5 marks each (content: 3 marks, organization and coherence: 1 mark, language and grammar: 1 mark)
- Essay Question: 20 marks (content: 10 marks, organization and coherence: 4 marks, language and grammar: 3 marks, use of examples: 3 marks)

