

Introduction (5 minutes)

Read the introduction and answer the following questions:

1. What is the purpose of this worksheet?

2. What are the main sections of this worksheet?

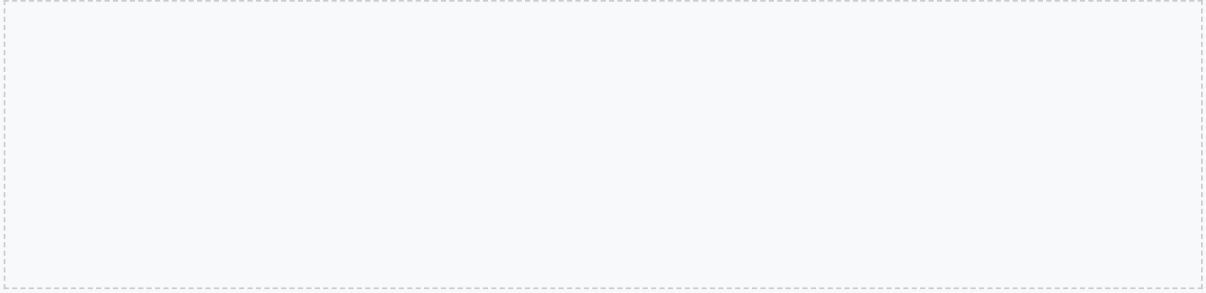
Section 1: Morning Routine (15 minutes)

Answer the following questions:

1. Describe your morning routine, including the time you wake up, have breakfast, and get ready for school.

2. What are the most important things you do in the morning to help you feel prepared for the day?

3. Draw a diagram or create a chart to show your morning routine.



Section 2: Daily Activities (20 minutes)

Answer the following questions:

1. Make a list of your daily activities, including the time you wake up, have breakfast, attend school, and engage in extracurricular activities.

2. What are your favorite activities to do during your free time?

3. Write a short paragraph describing your daily activities and how they make you feel.

Section 3: Reflection (15 minutes)

Answer the following questions:

1. Reflect on your daily habits and routines. What are some things you do well, and what are some areas you would like to improve?

2. Write a short paragraph describing one area you would like to improve and explain why.

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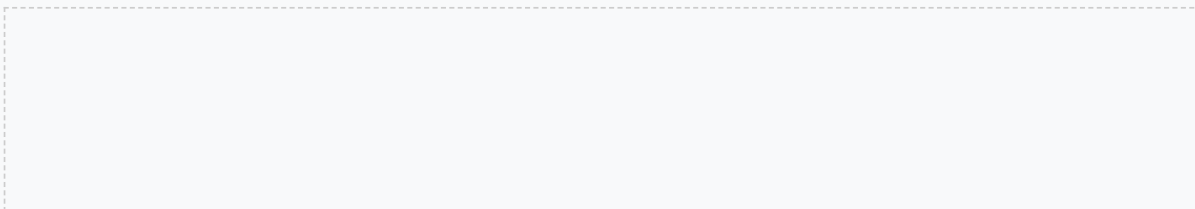
3. What steps can you take to make positive changes to your daily routine?



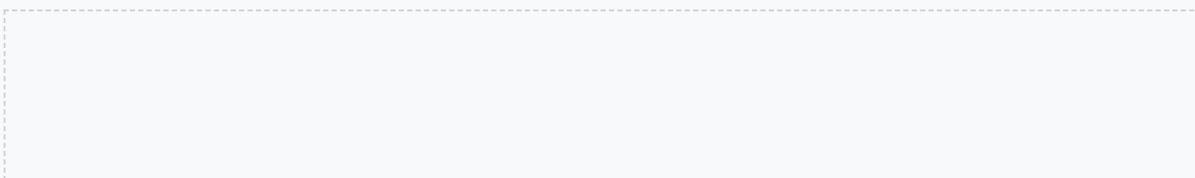
Section 4: Oral Presentation (20 minutes)

Prepare a short presentation to share with your class about your morning routine and daily activities.

1. Use visual aids such as diagrams or charts to support your presentation.



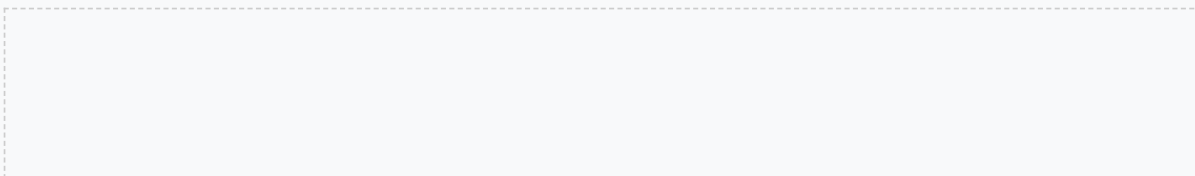
2. Practice your presentation with a partner or in front of a mirror to feel more confident.



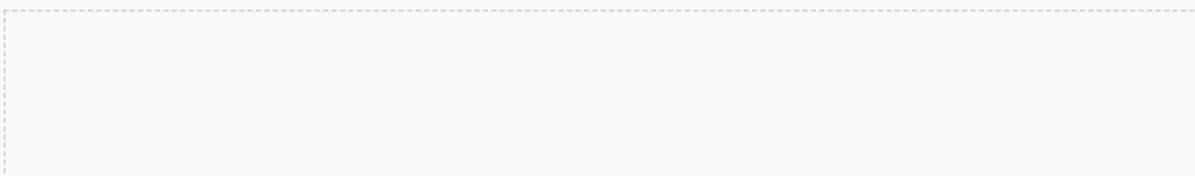
Section 5: Role-Play (20 minutes)

Engage in a role-play scenario with a partner where you ask and answer questions about each other's morning routines and daily activities.

1. Take turns asking and answering questions, and provide feedback to each other.



2. Reflect on what you learned from the role-play and how you can apply it to your own life.



Section 6: Creative Expression (25 minutes)

Choose one of the following activities:

1. Create a visual representation of your daily routine, such as a comic strip or infographic.

2. Write a short script for a video or audio recording describing your morning routine and daily activities.

3. Share your creative expression with your class and explain the inspiration behind it.

Conclusion (10 minutes)

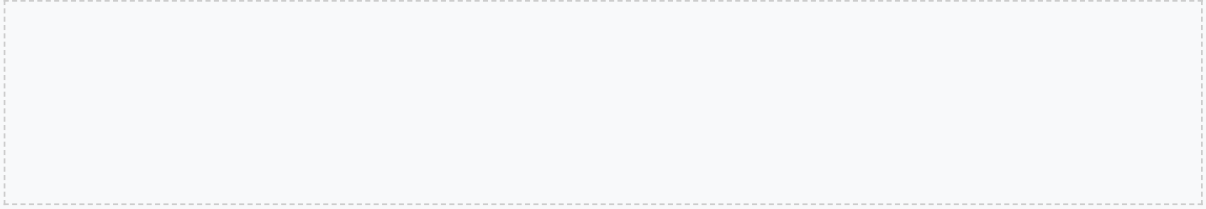
Answer the following questions:

1. Reflect on what you learned about your daily routine and habits through this worksheet.

2. What changes can you make to your daily routine to improve your overall well-being?

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3. Write a short paragraph summarizing your thoughts and feelings about your daily routine.



Assessment Rubric

The following criteria will be used to assess your worksheet:

- Content (40%): Accuracy, completeness, and relevance of information.
- Language use (30%): Grammar, vocabulary, pronunciation, and fluency.
- Organization and coherence (20%): Clarity, logical structure, and effective use of transitions.
- Creativity and originality (10%): Unique and engaging presentation of information.

Note to Teachers

The following tips are provided to support teachers in implementing this worksheet:

- Encourage students to use visual aids and props to support their presentations.
- Provide clear instructions and examples to support students' understanding of the tasks.
- Allow students to work in pairs or small groups to complete the activities.
- Provide feedback and guidance throughout the assessment process.

