

Student Name: _____**Class:** _____**Student ID:** _____**Date:** {{DATE}}**Assessment Details**

Duration: 45 minutes	Total Marks: 100
Topics Covered:	<ul style="list-style-type: none">• Personal Values• Goals• Self-Awareness• Decision-Making Skills

Instructions to Students:

1. Read all questions carefully before attempting.
2. Show all working out - marks are awarded for method.
3. Write your answers in the spaces provided.
4. If you need more space, use the additional pages at the end.
5. Time management is crucial - allocate approximately 1 minute per mark.

Section A: Multiple Choice [20 marks]

Question 1

[2 marks]

What is the primary purpose of setting personal goals?

A) To please others

B) To achieve success and direction

C) To avoid failure

D) To follow others

Question 2

[2 marks]

Which of the following is a characteristic of self-awareness?

A) Being aware of others' thoughts and feelings

B) Being able to make decisions quickly

C) Having a clear understanding of one's own strengths and weaknesses

D) Being able to multitask

Question 3

[2 marks]

What is the importance of decision-making skills in life orientation?

A) To make impulsive decisions

B) To follow rules and regulations

C) To weigh options and make informed choices

D) To avoid taking risks

Question 4

[8 marks]

Describe a situation where you had to make a difficult decision. What factors did you consider, and what was the outcome?

Question 5

[8 marks]

What are some common values that people consider important in their lives? Provide examples of how these values can influence decision-making.

Question 6

[8 marks]

Explain the concept of self-awareness and its significance in personal development.

Question 7

[40 marks]

Choose one of the following essay prompts and write a well-structured essay response.

- A) Discuss the importance of setting personal goals and how they contribute to a sense of direction and purpose in life.
- B) Describe the role of self-awareness in decision-making and provide examples of how it can lead to more informed choices.

Multiple Choice Questions

1. B) To achieve success and direction
2. C) Having a clear understanding of one's own strengths and weaknesses
3. C) To weigh options and make informed choices

Short Answer Questions

Question 4: Look for evidence of critical thinking, consideration of factors, and reflection on the outcome (4-6 marks)

Question 5: Assess understanding of common values, examples, and influence on decision-making (4-6 marks)

Question 6: Evaluate explanation of self-awareness, its significance, and relevance to personal development (6-8 marks)

Essay Question

Content (40 marks): Look for clear thesis statement, relevant examples, and effective argumentation

Structure and Organization (20 marks): Assess introduction, body paragraphs, and conclusion

Language and Style (20 marks): Evaluate clarity, coherence, and overall writing quality

Use of Examples and Evidence (20 marks): Look for relevant and effective use of examples to support arguments

Time Allocation

45 minutes

Administration Tips

Provide clear instructions and ensure students understand the assessment format and expectations.

Encourage students to manage their time effectively and read questions carefully.

Consider providing a graphic organizer or template for the essay question to support students' writing.

For students with learning difficulties:

Provide extra time or a scribe for the assessment.

Offer a simplified version of the essay question or provide a choice of topics.

Use assistive technology, such as text-to-speech software, to support students with reading difficulties.

For English language learners:

Provide a bilingual dictionary or glossary of key terms.

Offer additional support with reading comprehension and vocabulary.

Consider providing a graphic organizer or template to support writing.

For gifted and talented students:

Offer more complex and challenging essay prompts.

Encourage students to provide additional examples or supporting evidence.

Consider providing opportunities for self-directed learning or research on a related topic.