



Introduction

This worksheet is designed to help young adults understand and apply the concepts of the phallic and latency stages, as outlined in psychoanalytic theory, to real-world scenarios and personal development plans.

By exploring these stages, students will gain insight into their own psychological development and learn how to leverage this knowledge for personal growth and self-awareness.

Section 1: Understanding the Phallic Stage

1. What are the key characteristics of the phallic stage, and how does it influence an individual's psychological development?

2. How does the Oedipus complex manifest in the phallic stage, and what are its implications for relationships and identity formation?

3. Provide an example of how the phallic stage may influence an individual's behavior in a romantic relationship.

Section 2: Understanding the Latency Stage

1. What are the key characteristics of the latency stage, and how does it influence an individual's psychological development?

2. How does the latency stage impact an individual's social and emotional development, and what are its implications for relationships and career choices?

3. Provide an example of how the latency stage may influence an individual's behavior in a professional setting.

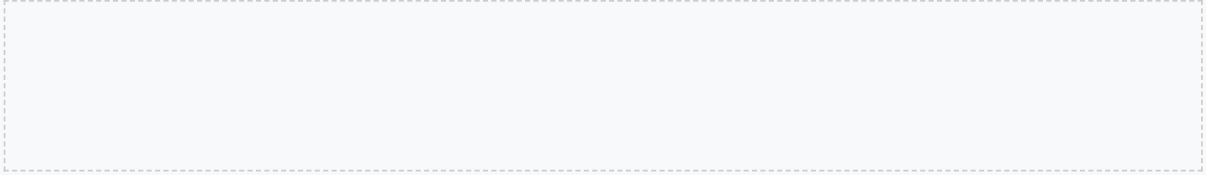
Section 3: Applying Knowledge to Real-World Scenarios

1. Analyze a case study of an individual who is struggling with relationships due to unresolved issues from the phallic stage. How can this individual apply their knowledge of the phallic stage to improve their relationships?

2. Provide an example of how the latency stage may influence an individual's career choices and goals. How can this individual apply their knowledge of the latency stage to make informed career decisions?

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3. Create a scenario where an individual is experiencing conflict with a peer due to differences in their phallic and latency stage development. How can this individual apply their knowledge of these stages to resolve the conflict?



Section 4: Developing Personal Development Plans

1. Create a personalized development plan that takes into account your understanding of the phallic and latency stages. What goals and strategies will you use to improve your relationships, career, and overall well-being?

2. How can you apply your knowledge of the phallic and latency stages to develop emotional intelligence and improve your relationships?

3. Provide an example of how you can use your knowledge of the phallic and latency stages to develop a growth mindset and overcome challenges in your personal and professional life.

Conclusion

By completing this worksheet, you have demonstrated your understanding of the phallic and latency stages and how to apply this knowledge to real-world scenarios and personal development plans.

Remember to continue to reflect on your own development and relationships, and to use your knowledge of these stages to inform your goals and strategies for personal growth and self-awareness.

Differentiated Activities for Mixed-Ability Groups

For students who need extra support:

- Provide additional examples and case studies to illustrate the key concepts.
- Offer one-on-one support to help students complete the activities.

For students who need a challenge:

- Provide more complex case studies and scenarios.
- Ask students to create their own examples and applications of the phallic and latency stages.

For students with different learning styles:

- Offer a range of activities, such as writing, drawing, and role-playing, to cater to different learning styles and abilities.

