

Subject Area: Personal Development
Unit Title: Understanding Personal Values
Grade Level: 9
Lesson Number: 1 of 10

Duration: 60 minutes
Date: March 12, 2024
Teacher: Ms. Johnson
Room: 205

Curriculum Standards Alignment

Content Standards:

- Understand the concept of personal values and their importance in daily life
- Identify and prioritize personal values
- Apply personal values to make informed decisions

Skills Standards:

- Critical thinking
- Problem-solving
- Decision-making

Cross-Curricular Links:

- English Language Arts
- Social Studies
- Character Education

Essential Questions & Big Ideas

Essential Questions:

- What are personal values and why are they important?
- How do personal values impact our daily decisions and actions?
- How can we apply personal values to make informed decisions?

Enduring Understandings:

- Personal values are the principles or standards that guide our behavior and decision-making
- Personal values can be categorized into different types, such as moral, social, and personal values
- Applying personal values is essential for making informed decisions and developing a strong sense of self

Page 0 of 7

Student Context Analysis

Class Profile:

- Total Students: 25
- ELL Students: 5
- IEP/504 Plans: 3
- Gifted: 2

Learning Styles Distribution:

- Visual: 40%
- Auditory: 30%
- Kinesthetic: 30%

Pre-Lesson Preparation

Room Setup:

- Arrange desks in a circle for group discussion
- Prepare whiteboard and markers
- Set up audio-visual equipment

Technology Needs:

- Computer with internet access
- Projector and screen
- Audio-visual equipment

Materials Preparation:

- Handouts with guided questions
- Whiteboard markers
- Post-it notes

Safety Considerations:

- Ensure students are seated safely and comfortably
- Monitor student behavior during group discussion
- Be prepared for any emergencies

Detailed Lesson Flow

Pre-Class Setup (15 mins before)

- Set up room and technology
- Prepare materials
- Review lesson plan

Bell Work / Entry Task (5-7 mins)

- Have students write down their thoughts on personal values
- Ask students to share their thoughts with a partner
- Review the objective of the lesson

Opening/Hook (10 mins)

- Introduce the concept of personal values
- Ask students to share their thoughts on personal values
- Provide a brief overview of the lesson

Engagement Strategies:

- Think-pair-share
- Group discussion
- Real-life scenarios

Direct Instruction (20-25 mins)

- Provide direct instruction on personal values
- Use visual aids to illustrate the concept
- Provide examples and real-life scenarios

Checking for Understanding:

- Formative assessments
- Quizzes
- Class discussions

Guided Practice (25-30 mins)

- Have students work in pairs to identify and prioritize personal values
- Provide guidance and support
- Encourage students to reflect on their own experiences and beliefs

Scaffolding Strategies:

- Graphic organizers
- Think-aloud protocols
- Peer feedback

Independent Practice (20-25 mins)

- Have students work individually to apply personal values to a real-life scenario
- Provide a case study or scenario
- Encourage students to think critically about the scenario

Closure (10 mins)

- Lead a class discussion on the importance of personal values
- Summarize the key points from the lesson
- Provide feedback and encouragement

Differentiation & Support Strategies

For Struggling Learners:

- Provide extra support and guidance
- Use visual aids and graphic organizers
- Offer one-on-one instruction

For Advanced Learners:

- Provide additional challenges and extensions
- Encourage independent research and projects
- Offer opportunities for leadership and mentoring

ELL Support Strategies:

- Provide visual aids and graphic organizers
- Use simplified language and definitions
- Offer one-on-one instruction and support

Social-Emotional Learning Integration:

- Encourage self-awareness and self-reflection
- Teach empathy and understanding
- Model and promote positive relationships

Assessment & Feedback Plan

Formative Assessment Strategies:

- Quizzes and class discussions
- Observations and feedback
- Self-assessments and reflections

Success Criteria:

- Students can define and explain personal values
- Students can identify and prioritize personal values
- Students can apply personal values to make informed decisions

Feedback Methods:

- Verbal feedback
- Written feedback
- Peer feedback

Page 0 of 7

Homework & Extension Activities

Homework Assignment:

Have students write a reflective essay on the importance of personal values in their daily lives.

Extension Activities:

- Have students research and present on a historical figure who demonstrated strong personal values
- Have students create a visual project, such as a poster or infographic, on personal values
- Have students write a creative story or poem about personal values

Parent/Guardian Connection:

Encourage parents/guardians to discuss personal values with their child and provide feedback and support.

Teacher Reflection Space

Pre-Lesson Reflection:

- What challenges do I anticipate?
- Which students might need extra support?
- What backup plans should I have ready?

Post-Lesson Reflection:

- What went well?
- What would I change?
- Next steps for instruction?

What are Personal Values?

Personal values are the principles or standards that guide our behavior and decision-making. They are the core beliefs and principles that define who we are and what we stand for.

- Moral values: respect, honesty, fairness
- Social values: kindness, empathy, responsibility
- Personal values: individuality, creativity, self-expression

Why are Personal Values Important?

Personal values are important because they help us make informed decisions, build strong relationships, and develop a strong sense of self. They also help us navigate complex situations and make choices that align with our principles and beliefs.

- Help us make informed decisions
- Build strong relationships
- Develop a strong sense of self

How to Identify Personal Values

To identify personal values, we need to reflect on our experiences, beliefs, and principles. We can ask ourselves questions like: What is important to me? What do I stand for? What do I believe in?

- Reflect on experiences and beliefs
- Ask yourself questions
- Consider your principles and standards

How to Prioritize Personal Values

To prioritize personal values, we need to consider what is most important to us and what we want to achieve. We can ask ourselves questions like: What are my top values? What are my non-negotiables? What are my deal-breakers?

- Consider what is most important to you
- Ask yourself questions
- Identify your top values and non-negotiables

How to Apply Personal Values in Daily Life

To apply personal values in daily life, we need to make conscious choices that align with our principles and beliefs. We can ask ourselves questions like: What would I do in this situation? What would my values tell me to do?

- Make conscious choices
- Consider your values and principles
- Ask yourself questions

Real-Life Scenarios

Let's consider some real-life scenarios and how we can apply our personal values in each situation.

- Scenario 1: A friend is cheating on a test
- Scenario 2: A family member is struggling with addiction
- Scenario 3: A community is facing a social injustice

Conclusion

In conclusion, understanding personal values is a crucial aspect of personal growth and development. By identifying, prioritizing, and applying our personal values, we can make informed decisions, build strong relationships, and develop a strong sense of self.

- Personal values are the principles or standards that guide our behavior and decision-making
- Identifying and prioritizing personal values is essential for making informed decisions
- Applying personal values in daily life is crucial for building strong relationships and developing a strong sense of self

References

The following resources were used to develop this lesson plan:

- The 7 Habits of Highly Effective Teens by Sean Covey
- The Values Book by Dr. John Demartini
- Personal Values and Ethics by Dr. Michael Josephson

