

Environmental Footprint Worksheet

Student Name:		
Class:		
Due Date:		

Introduction

As we learned in class, our daily choices can have a significant impact on the environment. The concept of environmental footprint refers to the effect of human activities on the environment, including the use of resources, production of waste, and emission of greenhouse gases. In this worksheet, we will explore ways to calculate and reduce our personal environmental footprint.

Page 1: Environmental Footprint Calculation

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1. What is the definition of environmental footprint?				
2. What are some factors that contribute to our environmental footprint? (Check all that apply)				
 Energy consumption 				
Water usage				
 Transportation 				
 Food choices 				
Waste production				
3. Use an online calculator or tool to estimate your personal environmental footprint. Record your results				
below:				
Carbon footprint:				
Water footprint:				
Ecological footprint:				

Page 2: Reducing Our Environmental Footprint

- 1. What are some ways to reduce our energy consumption? (Check all that apply)
 - o Turning off lights and electronics
 - o Using energy-efficient appliances
 - o Insulating our homes
 - o Using renewable energy sources
- 2. How can we reduce our water usage? (Check all that apply)
 - Taking shorter showers
 - o Fixing leaks
 - o Using water-efficient appliances
 - o Collecting rainwater
- 3. What are some ways to reduce our waste production? (Check all that apply)
 - Reducing packaging
 - o Reusing bags and containers
 - Recycling
 - Composting

Page 3: Action Plan

- 1. What are your goals for reducing your environmental footprint? (Check all that apply)
 - Reduce energy consumption by 10%
 - Reduce water usage by 20%
 - Reduce waste production by 30%
- 2. What specific actions will you take to achieve your goals? (Check all that apply)
 - Using public transport or carpooling
 - · Using energy-efficient appliances
 - Reducing meat consumption
 - · Recycling and composting
- 3. Create a timeline for implementing your action plan:
 - Short-term (next week): ______
 - Medium-term (next month): ______
 - Long-term (next year): ______

Page 4: Environmental Footprint Reduction Strategies

search and write about a company or organization that has successfully reduced its environmental otprint. What strategies did they use?				

- 2. What are some benefits of reducing our environmental footprint? (Check all that apply)
 - o Conserving natural resources
 - o Reducing greenhouse gas emissions
 - o Protecting biodiversity
 - o Improving public health
- 3. How can we involve our community in reducing environmental footprint? (Check all that apply)
 - o Organizing community events
 - o Creating a community garden
 - o Implementing recycling programs
 - o Educating others about environmental footprint

1. What did you learn about environmental footprint from this worksheet? 2. How do you think reducing our environmental footprint can benefit the environment and our community? 3. What challenges do you think you may face in implementing your action plan, and how will you overcome them?

Page 5: Reflection and Evaluation

Page 6: Case Study

Read the following case study and answer the questions:

"A local company has implemented a recycling program that has reduced its waste production by 50%. The company has also installed solar panels to reduce its energy consumption."

1.	What strategies did the company use to reduce its environmental footprint?			
2.	What benefits did the company experience as a result of reducing its environmental footprint?			
3.	How can we apply the strategies used by the company to our own lives?			

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Create a poster or intograpi	nic that illustrates the concept of environmental footprint and ways to reduce i

Page 8: Quiz

- 1. What is the main cause of climate change?
 - o a) Deforestation
 - o b) Pollution
 - o c) Greenhouse gas emissions
 - o d) Overpopulation
- 2. Which of the following is an example of reducing our environmental footprint?
 - o a) Using public transport
 - o b) Using energy-efficient appliances
 - o c) Reducing meat consumption
 - o d) All of the above
- 3. What is the benefit of reducing our environmental footprint?
 - o a) Conserving natural resources
 - o b) Reducing greenhouse gas emissions
 - o c) Protecting biodiversity
 - o d) All of the above

Page 9: Word Search

Find and circle the following words related to environmental footprint:
• Energy
Water
Transportation
Waste
Recycling
Conservation

Page 10: Conclusion

In conclusion, reducing our environmental footprint is crucial for protecting the environment and conserving natural resources. By understanding the concept of environmental footprint and taking action to reduce our impact, we can make a positive difference. Remember to review and revise your action plan regularly to ensure you are on track to achieving your goals.