



Introduction

The food industry is a complex and influential sector that affects not only our health but also the environment and the economy. As consumers, we have the right to know what we are eating and how it is produced. However, the food industry's lobbying efforts often prioritize corporate interests over public health. In this worksheet, we will explore the impact of food lobbying on US citizens and the importance of the right to know.

Section 1: Understanding Food Lobbying

1. What is food lobbying, and how does it influence food policies in the US?
2. How does the food industry use lobbying to shape food policies and regulations?
3. What are some examples of food lobbying efforts and their impact on public health?

Activity 1: Analyzing Food Labels

Analyze the ingredients and nutritional content of a packaged food item. Identify any potential lobbying influences on the food label. Discuss the importance of transparent labeling and its impact on consumer choice.

Section 2: The Right to Know

1. What is the right to know, and why is it important in relation to food production?
2. How does the right to know impact consumer choice and public health?
3. What are some ways that consumers can promote transparency and accountability in the food industry?

Activity 2: Creating a Public Service Announcement

Create a public service announcement (PSA) about the importance of the right to know in food production. Include key messages about the impact of food lobbying on public health and the environment. Discuss the role of consumers in promoting transparency and accountability in the food industry.

Section 3: Critical Thinking and Media Literacy

1. How can consumers critically evaluate information about food production and lobbying efforts?
2. What are some common biases and misconceptions about the food industry and its lobbying efforts?
3. How can consumers use media literacy skills to make informed decisions about their diet and lifestyle?

Activity 3: Evaluating Online Sources

Evaluate the credibility of online sources related to food production and lobbying efforts. Identify biases and misconceptions in online sources. Discuss the importance of critical thinking and media literacy in navigating online information.

Conclusion

In conclusion, the impact of food lobbying on US citizens is a complex issue that affects not only individual health but also the environment and the economy. By understanding the role of lobbying in shaping food policies and the importance of the right to know, consumers can make informed decisions about their diet and lifestyle. Remember to always critically evaluate information, consider multiple sources, and promote transparency and accountability in the food industry.

Additional Resources

- Documentary: "Food, Inc."
- Article: "The Right to Know"
- Online Resource: USDA Database

Assessment

1. Complete the activities and questions throughout the worksheet.
2. Reflect on your learning and think critically about the impact of food lobbying on US citizens.
3. Discuss your findings and insights with your peers and teacher.

