

Understanding the Five Learning Outcomes

Introduction to the Five Learning Outcomes	
Read the following statements and match them to the correct learning outcome:	
 I eat healthy food to stay strong and healthy. (Being Healthy) I hold someone's hand when crossing the road. (Staying Safe) I like to play with my friends and have fun. (Enjoying and Achieving) I help my family by doing chores. (Making a Positive Contribution) I save my money to buy something I want. (Achieving Economic Well-being) 	
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Being Healthy	
What are some ways we can stay	healthy?
Eating healthy foodExercising regularlyGetting enough sleepWashing our hands regular	rly
Draw a picture of something that	helps you stay healthy.

Staying Safe	
What are some ways we can stay safe?	
 Holding someone's hand when crossing the road Wearing a helmet when riding a bike Staying close to a grown-up in a crowded place Not talking to strangers 	
Draw a picture of something that helps you stay safe.	
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Enjoying and Achieving	
What are some things you enjoy doing?	
 Playing with friends Reading books Drawing pictures Playing sports 	
Write about something you enjoy doing and why you like it.	

Making a Positive Co	ntribution			
What are some ways we	can make a positive cor	ntribution?		
Helping our familyVolunteering at a lDonating to a charBeing kind to othe	ocal animal shelter ity			
Draw a picture of sometl	ning you can do to make	a positive contribution	on.	
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Achieving Economic Well-being	
What are some ways we can achieve economic well-being?	
 Saving our money Spending our money wisely Earning money by doing chores Learning about money and budgeting 	
Write about something you can do to achieve economic well-being.	

latch the follow	ing statements to the	correct learning outco	me:	
2. I save my 3. I help my f 4. I eat healt	noney to buy someth amily by doing chore ny food to stay strong	I have fun. (Enjoying a ing I want. (Achieving s. (Making a Positive (and healthy. (Being H ossing the road. (Stayi	Economic Well-being) Contribution) lealthy)	

ind the following wo	ds related to	the five learni	ng outcomes.	•		
HealthySafeFunContribute						
MoneySaveSpendBudget						

Reflection
Individual Reflection:
1. What did you learn about the five learning outcomes?
2. How can you apply what you learned in your daily life?
3. What questions do you still have about the five learning outcomes?

Certificate of Completion

Congratulations on completing the welcome pack! You now have a better understanding of the five learning outcomes and how they support children's development. Remember to always strive to achieve these outcomes in your daily life.