




Welcome to Football!

Introduction to the world of football, brief overview of the sport's history and global popularity.

 Football Stadium

Activity 1: Football Quiz

What is the main objective of the game of football?

1. a) To score more goals than the opposing team
2. b) To run with the ball to the opponent's goal
3. c) To throw the ball into the opponent's goal
4. d) To hit the ball with your hands

Basic Rules of Football

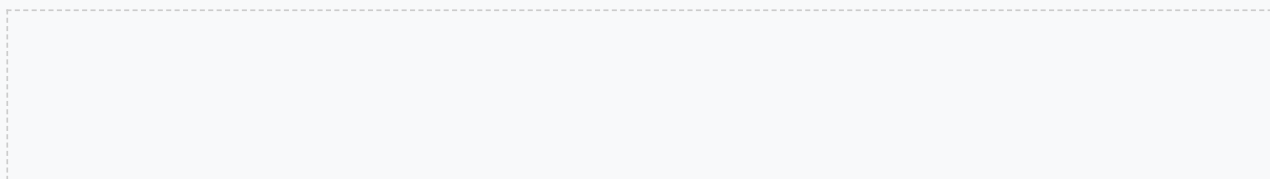
Explanation of the basic rules: objective of the game, player positions, and common fouls.

 Football Field Diagram

Activity 2: Football Field Diagram


Label the different parts of the football field:

1. Goal
2. Penalty area
3. Midfield
4. Defense



History of Football

Brief history of football: origins, key milestones, and evolution over time.

 Football Timeline


Activity 3: Football History Timeline

Place the following events in chronological order:

1. First World Cup
2. Introduction of the offside rule
3. Football becomes an Olympic sport

Cultural Significance of Football

Discussion on the cultural and social impact of football around the world.


 Football Fan

Activity 4: Football and Culture

How does football reflect and influence society?

Football Strategies and Tactics

Introduction to basic football strategies and tactics.

 Football Formation

Activity 5: Football Strategy

Design your own football team:

1. Choose a team name
2. Decide on a formation (e.g., 4-4-2)
3. Select players for each position

Football Vocabulary

List of key football terms and definitions.

Term	Definition
Pitch	The area where the game is played.
Foul	A rule violation that results in a free kick or penalty kick.
Offside	When a player is closer to the opponent's goal line than both the ball and the second-to-last opponent.
Tackle	To gain possession of the ball by kicking or heading it away from an opponent.

Activity 6: Football Vocabulary

Match the term with its definition:

Term	Definition
Pitch	
Foul	
Offside	
Tackle	

Football Quiz

10 multiple-choice questions testing knowledge of football rules, history, and culture.

1. What is the main objective of the game of football?
 1. a) To score more goals than the opposing team
 2. b) To run with the ball to the opponent's goal
 3. c) To throw the ball into the opponent's goal
 4. d) To hit the ball with your hands
2. Which of the following is a common foul in football?
 1. a) Holding the ball
 2. b) Pushing an opponent
 3. c) Kicking the ball out of bounds
 4. d) Scoring a goal
3. What is the name of the formation where four defenders, four midfielders, and two forwards are used?
 1. a) 4-4-2
 2. b) 4-3-3
 3. c) 3-5-2
 4. d) 2-3-5
4. Which of the following is a type of shot in football?
 1. a) Pass
 2. b) Dribble
 3. c) Tackle
 4. d) Volley
5. What is the name of the tournament where national teams compete against each other?
 1. a) World Cup
 2. b) European Championship
 3. c) Champions League
 4. d) Premier League
6. Which of the following is a common tactic used in football?
 1. a) Offside trap
 2. b) Counter-attack
 3. c) Long ball
 4. d) All of the above
7. What is the name of the player who guards the goal?
 1. a) Goalkeeper
 2. b) Defender
 3. c) Midfielder
 4. d) Forward
8. Which of the following is a type of free kick in football?
 1. a) Direct free kick
 2. b) Indirect free kick
 3. c) Penalty kick
 4. d) All of the above
9. What is the name of the organization that governs football worldwide?
 1. a) FIFA
 2. b) UEFA
 3. c) AFC
 4. d) CONMEBOL
10. Which of the following is a common injury in football?
 1. a) Concussion
 2. b) Knee injury
 3. c) Ankle sprain
 4. d) All of the above

Design a Football Team

Design your own football team, including logo, jerseys, and player selection.

[Space for team design]

Football History Research

Research project: Choose a significant event or figure in football history and write a short report.

[Space for research report]

Conclusion and Reflection

Summary of key points learned and reflection questions.

1. What did you learn about football?
2. How has your perception of football changed?
3. What would you like to learn more about?

Assessment Rubric

Participation and engagement: 20%, Quiz and activities: 40%, Research project: 20%, Reflection and self-assessment: 20%.

