

Subject Area: Exploring Emotions in Babies
Unit Title: Introduction to Emotions
Grade Level: Preschool
Lesson Number: 1 of 5

Duration: 5 days
Date: Week 1
Teacher: [Teacher's Name]
Room: [Room Number]

Curriculum Standards Alignment

Content Standards:

- Recognize and identify different emotions
- Understand the concept of emotions and their impact on behavior

Skills Standards:

- Demonstrate an understanding of emotions through art and role-playing
- Develop empathy and understanding of others' emotions

Cross-Curricular Links:

- Language Arts: reading and writing about emotions
- Art: creating art that represents emotions

Essential Questions & Big Ideas

Essential Questions:

- What are emotions and how do they affect our behavior?
- How can we recognize and manage our emotions?

Enduring Understandings:

- Emotions are a natural part of being human and can impact our behavior
- Recognizing and managing emotions is essential for social and emotional development

Student Context Analysis

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Class Profile:

- Total Students: 20
- ELL Students: 5
- IEP/504 Plans: 2
- Gifted: 3

Learning Styles Distribution:

- Visual: 40%
- Auditory: 30%
- Kinesthetic: 30%

Pre-Lesson Preparation

Room Setup:

- Arrange the classroom to facilitate group work and movement
- Prepare materials for art activities

Technology Needs:

- None

Materials Preparation:

- Art supplies (paper, crayons, markers)
- Puppets or stuffed animals for role-playing

Safety Considerations:

- Ensure the classroom environment is safe and free from hazards
- Supervise children closely during activities

Detailed Lesson Flow

Day 1: Introduction to Emotions

- Welcome and Introduction (10 minutes)
- Emotion Charades (15 minutes)
- Feeling Faces (15 minutes)
- Story Time (10 minutes)

Day 2: Emotion Sorting and Role-Playing

- Emotion Sorting (15 minutes)
- Role-Playing (15 minutes)
- Emotion Matching (10 minutes)
- Group Discussion (10 minutes)

Day 3: Art Expression and Drama

- Art Expression (15 minutes)
- Emotion Scavenger Hunt (15 minutes)
- Drama (10 minutes)
- Collaborative Mural (15 minutes)

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Day 4: Empathy Circle and Feelings Checklist

- Empathy Circle (10 minutes)
- Feelings Checklist (10 minutes)
- Emotion Charades with Music (15 minutes)
- Reflection Time (10 minutes)

Day 5: Review and Reflection

- Review and Reflection (15 minutes)
- Emotion Journal (10 minutes)
- Role-Playing Scenarios (15 minutes)

- Conclusion (10 minutes)

Differentiation & Support Strategies

For Struggling Learners:

- Provide additional support during activities
- Use visual aids to help with understanding

For Advanced Learners:

- Provide additional challenges during activities
- Encourage them to help their peers

ELL Support Strategies:

- Use visual aids to help with understanding
- Provide additional support during activities

Social-Emotional Learning Integration:

- Teach empathy and understanding of others' emotions
- Encourage self-awareness and self-regulation

Assessment & Feedback Plan

Formative Assessment Strategies:

- Observe participation and engagement during activities
- Review emotion journals and drawings

Success Criteria:

- Recognize and identify different emotions
- Demonstrate an understanding of emotions through art and role-playing

Feedback Methods:

- Verbal feedback during activities
- Written feedback on emotion journals and drawings

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Homework & Extension Activities

Homework Assignment:

Create a "Feelings Book" with drawings and writings about emotions

Extension Activities:

- Invite a guest speaker to talk about emotions
- Plan a field trip to a children's museum or therapy center

Parent/Guardian Connection:

Teacher Reflection Space

Pre-Lesson Reflection:

- What challenges do I anticipate?
- Which students might need extra support?
- What backup plans should I have ready?

Post-Lesson Reflection:

- What went well?
- What would I change?
- Next steps for instruction?

Day 1: Introduction to Emotions

Welcome and Introduction:

- Introduce the theme of emotions
- Ask children to share how they are feeling today

Emotion Charades:

- Act out different emotions without speaking
- Have children guess the emotion

Feeling Faces:

- Provide paper plates and art supplies
- Have children draw a face that represents how they are feeling today

Story Time:

- Read a story that introduces the concept of emotions
- Ask children to share their thoughts and feelings about the story

Day 2: Emotion Sorting and Role-Playing

Emotion Sorting:

- Prepare pictures or cards with different facial expressions
- Have children sort them into categories (e.g., happy, sad, angry)

Role-Playing:

- Set up different scenarios (e.g., sharing a toy, losing a game)
- Have children role-play how they would react in these situations

Emotion Matching:

- Create a matching game with emotion words and definitions
- Have children match the words with their definitions

Group Discussion:

- Hold a group discussion on how everyone feels when they are happy, sad, or angry
- Ask children to share what they do to feel better

Day 3: Art Expression and Drama

Art Expression:

- Provide various art materials
- Have children create something that represents a specific emotion

Emotion Scavenger Hunt:

- Hide pictures or objects around the classroom that represent different emotions
- Have children find them

Drama:

- Use puppets or stuffed animals to act out scenarios involving different emotions
- Ask children to identify the emotions

Collaborative Mural:

- Have children work together to create a mural that represents different emotions
- Encourage them to share their thoughts and feelings about the mural

Day 4: Empathy Circle and Feelings Checklist

Empathy Circle:

- Sit in a circle and start with a scenario or story that evokes an emotion
- Pass a small object around the circle and have each child share how they would feel in the given situation

Feelings Checklist:

- Create a simple checklist with different emotions
- Have children mark how they are feeling each day

Emotion Charades with Music:

- Play different types of music that evoke various emotions
- Have children act out how the music makes them feel

Reflection Time:

- Spend time reflecting on what was learned throughout the week
- Ask children to share one thing they learned about emotions

Day 5: Review and Reflection

Review and Reflection:

- Review the emotions learned throughout the week
- Have children reflect on what they learned

Emotion Journal:

- Have children draw or write about their feelings in an emotion journal
- Encourage them to share their thoughts and feelings about the journal

Role-Playing Scenarios:

- Set up different role-playing scenarios that involve emotions
- Have children practice expressing and managing their emotions

Conclusion:

- Summarize the key points learned during the week
- Ask children to share what they enjoyed most about the activities

