



Subject Area: Health and Safety
Unit Title: Basic Safety Rules and Trusted Adults for Help
Grade Level: Preschool (5-year-olds)
Lesson Number: 1 of 10

Duration: 45 minutes
Date: [Insert Date]
Teacher: [Insert Teacher Name]
Room: [Insert Room Number]

Curriculum Standards Alignment

Content Standards:

- Identify basic safety rules
- Recognize trusted adults

Skills Standards:

- Demonstrate an understanding of safety rules
- Apply safety rules in real-life scenarios

Cross-Curricular Links:

- Language Arts: creating stories and poems about safety rules
- Math: counting and sorting safety rules

Essential Questions & Big Ideas

Essential Questions:

- What are basic safety rules?
- Who are trusted adults?

Enduring Understandings:

- Basic safety rules help keep us safe
- Trusted adults can provide help in emergency situations

Student Context Analysis

Class Profile:

- Total Students: 25
- ELL Students: 5
- IEP/504 Plans: 3
- Gifted: 2

Learning Styles Distribution:

- Visual: 40%
- Auditory: 30%
- Kinesthetic: 30%



Pre-Lesson Preparation

Room Setup:

- Arrange chairs in a circle
- Prepare whiteboard and markers

Technology Needs:

- Computer with internet access
- Projector and screen

Materials Preparation:

- Safety rules poster
- Trusted adults picture cards

Safety Considerations:

- Ensure students are seated safely
- Monitor students during activities

Detailed Lesson Flow

Introduction and Hook (5 minutes)

- Introduce the topic of basic safety rules
- Ask students if they have ever felt scared or lost

Direct Instruction (10 minutes)

- Explain the concept of basic safety rules
- Use visual aids to illustrate safety rules

Engagement Strategies:

- Ask students to share their thoughts and ideas
- Use real-life examples to illustrate safety rules

Guided Practice (5 minutes)

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- Provide students with scenarios that require them to apply safety rules
- Ask students to work in pairs to discuss what they would do in each scenario

Scaffolding Strategies:

- Provide feedback and support as needed
- Encourage students to think critically and make decisions

Independent Practice (5 minutes)

- Provide students with a worksheet that requires them to match safety rules with corresponding pictures

- Ask students to work independently to complete the worksheet

Closure and Assessment (3 minutes)

- Review the key learning objectives with the students
- Ask students to share one thing they learned from the lesson



Differentiation & Support Strategies

For Struggling Learners:

- Provide additional support and feedback
- Use visual aids and real-life examples to illustrate safety rules

For Advanced Learners:

- Provide additional challenges and activities
- Encourage students to create their own safety rules and scenarios

ELL Support Strategies:

- Use visual aids and real-life examples to illustrate safety rules
- Provide additional support and feedback

Social-Emotional Learning Integration:

- Encourage students to express their feelings and thoughts
- Teach students to recognize and manage their emotions

Assessment & Feedback Plan

Formative Assessment Strategies:

- Observe students during activities and assessments
- Review student worksheets and assignments

Success Criteria:

- Students can identify and explain basic safety rules
- Students can recognize and identify trusted adults

Feedback Methods:

- Provide feedback and support as needed
- Encourage students to reflect on their learning

Homework & Extension Activities

Homework Assignment:

Ask students to create a safety rules poster or drawing at home

Extension Activities:

- Ask students to research and create a list of trusted adults in their community
- Encourage students to create their own safety rules and scenarios

Parent/Guardian Connection:

Teacher Reflection Space

Pre-Lesson Reflection:

- What challenges do I anticipate?
- Which students might need extra support?
- What backup plans should I have ready?

Post-Lesson Reflection:

- What went well?
- What would I change?
- Next steps for instruction?

What Are Safety Rules?

Safety rules are guidelines or instructions that help keep us safe. They can be found in many different places, such as at home, in school, or in the community.

Why Are Safety Rules Important?

Safety rules are important because they help prevent accidents and injuries. They also help us feel safe and secure.

Examples of Safety Rules

- Holding someone's hand when walking
- Not talking to strangers
- Staying close to a trusted adult in public

What Are Trusted Adults?

Trusted adults are individuals who can provide help and support in emergency situations. They can be found in many different places, such as at home, in school, or in the community.

Examples of Trusted Adults

- Parents
- Teachers
- Police officers

How to Identify Trusted Adults

Trusted adults can be identified by their uniforms, badges, or other forms of identification. They can also be identified by their behavior and actions.

Real-Life Scenarios

Applying safety rules in real-life scenarios is crucial for staying safe. Students should be taught to think critically and make decisions based on the safety rules they have learned.

Examples of Real-Life Scenarios

- Getting lost in a mall
- Finding a stranger in the park
- Encountering a fire or other emergency

How to Apply Safety Rules in Real-Life Scenarios

Students should be taught to stay calm and think critically in emergency situations. They should also be taught to seek help from trusted adults and follow safety rules.

Summary of Key Points

In conclusion, basic safety rules and trusted adults are essential for staying safe. Students should be taught to identify and apply safety rules in real-life scenarios and seek help from trusted adults in emergency situations.

Final Thoughts

It is essential for students to understand the importance of safety rules and trusted adults. By teaching students these concepts, we can help them stay safe and secure.

Next Steps

Next steps for instruction include reviewing and reinforcing safety rules and trusted adults concepts. Students should also be encouraged to apply safety rules in real-life scenarios and seek help from trusted adults in emergency situations.

Formative Assessment Strategies

Formative assessment strategies include observing students during activities and assessments, reviewing student worksheets and assignments, and providing feedback and support as needed.

Summative Assessment Strategies

Summative assessment strategies include administering quizzes and tests, reviewing student projects and presentations, and evaluating student participation and engagement.

Evaluation of Student Learning

Student learning will be evaluated based on their ability to identify and apply safety rules, recognize trusted adults, and demonstrate an understanding of safety rules and trusted adults concepts.

Extension Activity 1: Safety Rules Poster

Ask students to create a safety rules poster or drawing at home. The poster should include at least 5 safety rules and a picture or illustration of each rule.

Extension Activity 2: Trusted Adults Research

Ask students to research and create a list of trusted adults in their community. The list should include at least 5 trusted adults and a brief description of each.

Extension Activity 3: Safety Rules Skit

Ask students to create a skit or play that demonstrates safety rules in action. The skit should include at least 3 safety rules and a scenario where students have to apply the rules.

Conclusion

In conclusion, teaching basic safety rules and trusted adults to 5-year-old students is essential for their safety and well-being. By using the lesson plan and activities outlined in this document, teachers can help students develop a strong foundation in safety rules and trusted adults concepts.

Final Thoughts

It is essential for teachers to remember that every student is unique and may have different learning needs and abilities. By providing a supportive and inclusive learning environment, teachers can help all students succeed and develop a strong understanding of safety rules and trusted adults concepts.